1. EASY TO GET
2. EASY TO TEST
3. EASY TO TREAT

Chlamydia

Annual Report
2011–2012
About SHine SA

SHine SA is the lead sexual health agency in South Australia, working in partnership with government, health, education, and community agencies and communities to improve the sexual health and wellbeing of South Australians. SHine SA is funded primarily by the South Australian Government through the Department of Health and by the Commonwealth Government through the Australian Health Care Agreement. Government financial support represents 92% of SHine SA’s total income with 8% being raised by the organisation through its service provision. The annual operating budget is $6.2 million (2011–12). We provide:

• prevention, promotion and education programs that build the capacity of communities in greatest need
• education programs that build the capacity of workers across all sectors
• clinical services that target communities with health inequalities and poor sexual health
• therapeutic counselling services that target individuals who are unable to afford private providers
• information about sexual health and wellbeing
• resources and library services that are accessible to workers and the community
• opportunities for partnerships with workers, governments and agencies
• individuals and workers with links to relevant services and supports
• leadership and advocacy for sexual health
• opportunities for participation by our communities of interest

In my first year as President I am honoured to provide the Annual Report on behalf of Council for 2011–12. Council has faced some change over the last 12 months with both a new President and new representatives on Council. We have embraced this as an opportunity to re-examine how we work together for the benefit of the organisation and ensure that our decision making and strategic planning is efficient and effective. In line with this Council has developed a purpose statement and set of values which guide how we work together. We will be developing a detailed strategic work plan to support in a productive and meaningful way the work of SHine SA and to inform its strategic focus.

In 2011–12, like others before it, has presented fresh challenges including increased demand for services, associated changes to our funding agreement with SA Health. Council continues to be encouraged by the positive, innovative and enthusiastic manner in which staff approach any issue to ensure continued services and improved sexual health outcomes for those communities of interest. The commitment and passion for the work we do have not diminished and continues to be a key driving force for the organisation.

Council has and will continue to work together with staff to make decisions that support the aims of the organisation and maintain SHine SA’s high regard in the field of sexual health services, education and advocacy.

This report has been prepared by the Annual Report Committee, comprising Kaisu Vartto our CEO for her commitment and dedication to this organisation during her time as COO, and we wish her all the best for her forthcoming retirement. Our sincere thanks also go to Kaisu’s partner, Cara Taheny for her continued support in the management and administration of SHine SA.

We trust you will enjoy reading this year’s Annual Report which provides some insight into the excellent work our staff and volunteers have delivered to our community over the past year.

Chris Horsell
Council President on behalf of SHine SA Council

President and Council

This publication, together with the 2011–2012 audited financial report, constitutes the 2011–2012 Annual Report for SHine SA.

Annual Report Committee

This report has been prepared by the Annual Report Committee, comprising Kaisu, Amy, Bec, Jodi, Aaron, Danny and Debra. The Committee would like to thank SHine SA staff for their contributions.

Council members 2011–12

President .......................................................... Chris Horsell
Deputy-president .............................................. Peta Smith
Ministerial nominee ......................................... Dr Kylie O’Connell
Staff nominee ......................................................... Cara Taheny
Philip Jackson, Angela Lawless, Barbara Power, Julian Roffe

President

SHine SA (Sexual Health, information, networking and education SA) has a long and proud tradition of working with and for the South Australian community to improve sexual health and wellbeing. The breadth of work undertaken across the organisation over 2011/12 is well-captured in this Annual Report and I invite readers to take the time to read the many articles that provide a snapshot of the organisation’s work.

Of note, is the successful campaign for Sexual Health Awareness Week which is in its twelfth year. The campaign, held in February 2012, focused on encouraging young people to have a better understanding of Chlamydia with the slogan “It’s easy! Easy to get. Easy to test. Easy to treat.” The organisation worked closely with young people involved in the Youth Action Team to develop the key message for the campaign and in the development of resources that were distributed widely across South Australia. This campaign was picked up by a number of youth-based services and universities who assisted in getting the key message out to young people across South Australia.

The Focus Schools Program continues to grow with 82% of the Department for Education and Child Development schools with secondary students now engaged in the program. This means that more young people across South Australia have the opportunity to access quality relationship and sexual health education.

The organisation’s clinical services have been reviewing ways to improve access for young people. One of the key changes to the work of clinical staff has been the move from a fully appointment-based system to the promotion of a drop-in service which allows young people to attend one of our South Australian service sites to be seen by a member of our clinical team. In the organisation’s Northern Primary Health Care Team, where this model was first trialled, approximately 500 young people aged in their teens accessed the clinical services in the current reporting period. Being able to come to a clinic at a time that suits them instead of having to make an appointment in advance, is welcomed by young people. This redesign of clinical services in the Northern Primary Health Care Team has supported the organisation to shift its focus to increase the number of young people accessing clinical services.

The organisation’s raining On Team, which commenced in January 2010, aims to build the capacity of workers and communities to address relationships and sexual health issues with young people in and out of the school system. A significant part of the program has been the community consultation process to ensure that the program and lesson content, activities and resources, are culturally and age appropriate. The program has developed strong partnerships with a number of Aboriginal communities across SA and works closely with key partner agencies to ensure the effectiveness and reach of the work.

In the past 12 months, the Workforce Development and Resources team at SHine SA has provided a broad range of sexual health education courses for doctors, nurses and midwives, teachers, and Aboriginal health, disability and youth workers. Sessions are also provided for medical, nursing and pharmacy students; as well as specific training opportunities for workers in other organisations. The team has produced a number of high quality resources for use in training, clinical services, the workforce and for the general public. There is also further developing the online learning areas for course participants and members of various network groups convened by the staff in the team. The Sexual Health Counselling team produced a resource that has already been picked up nationally. The DVD is titled “Out of Sync: Dealing with mismatched desire”.

The organisation’s Youth Action Team (YAT) was very active and involved in a range of activities including the SHAW campaign. The team were central to the development of the resource material that supported the campaign. Two members of the team also attended the Youth Health Worker Conference in Sydney, supported by a worker from SHine SA. The team members attended a number of workshops and also had the opportunity to present a session on the work that SHine SA does through the Youth Action Team. The Youth Action Team was also responsible for ensuring SHine SA had a very visible presence at South Australia’s Pride March in November 2011.

In closing, I would like to acknowledge and thank members of the SHine SA Council for their guidance and support in their governance role of the organisation. I would also like to acknowledge our key partner agencies – too many to mention here, who have worked with the organisation this past year, our key funders – SA Health, and in particular, the staff of SHine SA who have worked hard in this very busy and varied role to ensure the work of the organisation is carried out effectively.

Desmond Ford
Acting Chief Executive Officer - SHine SA

Chief Executive Officer

www.shinesa.org.au

www.shinesa.org.au
Youth Action Team (Y@)

2011–12 saw an awesome and educational time participating in many community events to spread word of the fantastic work and services of SHine and the Y@. This period also saw many changes to the Y@ program in SHine SA.

For the majority of the year the Y@s continued in their three teams in each SHine SA regional office but in March we all came together under the guidance of SHine SA’s new Health Promotion Coordinator, Brandi, in a newly centralised group. Previous Y@ Coordinators Jo, Naomi and Craig have all moved on to new and exciting things. We wish them all the best in their new endeavours and send out a massive thank you for the work they have done with us.

In October 2011, Y@ members Doug and Lisa collaborated with the City of Port Adelaide Enfield Council, the Anglicare Aerosol Angels and Simon Burt (AKA Store) for the Le Fevre skate park opening. This included an aerosol art display to promote SHine SA and youth sexual health. The aerosol art that was produced was great and the display drew quite a crowd. The event was originally organised for World Sexual Health Day; but it was thought that linking in with the skate park opening would result in better promotion. Other Y@s turned out on the day to share in the fun.

The colourful side to Y@s came to life in the 2011 Adelaide Pride March which began from Victoria Square and made its way to Light Square. Our balloon rainbow brought many people together who wanted to assist in stringing the balloons together and moving the rainbow through the march.

An exciting opportunity was offered to Y@s in November to attend the Youth Health Conference 2011 in Sydney. SHine SA was represented by community health worker Jo and Y@ members Lisa and Cheryanne, who attended two jam-packed days of presentations and amazing displays of young talent. At the conference they had the opportunity to listen to keynote presentations from experts in fields of psychology, human rights and Indigenous health, and to attend short sessions presented by key workers in different health fields. They also had the opportunity to present a session on the work we do at SHine through our Youth Action Team. The presentation was well received and those involved enjoyed the opportunity to get to know other youth volunteers, learn about a wide range of youth health issues and gain an insight into the ever-growing youth health industry.

Sexual Health Awareness Week in early September saw Chalmarya in its sights. Y@s put their heads together to help out with the poster designs and in the creation of a bright and catchy logo to be used on a specially organised stall for STI testing at the University of South Australia’s Mayell Campus open day.

The day was a cold and rainy one which led to an early end to the day but not before many condoms, leaflets and wallet cards found their way into the hands of the students.

The year was topped off with a local council win. The Y@ team received the Group Youth Award from the City of Charles Sturt Council, which is a huge recognition of some of the fantastic work the Y@s do. A huge thank you to Brandi and Kiri for nominating us for the award. We look forward to the professional workshops which come as a prize for winning the group award.

Currently Y@s are researching and organising the next steps for the Y@ program with the wonderful input from SHine SA staff. There are exciting times ahead with a few changes on the way.

Alex & all the Y@s

Advocacy

The choice of Emergency Contraception (EC) is a safe, appropriate option where contraception has failed (a missed or delayed pill) or if contraception was not used at all (i.e. in cases of rape). It is important to know that EC can be effective if used within 72 hours of unprotected sex. EC, like other contraceptive options, does not reduce the need to practise safer sex to reduce STI transmission.

Female condoms - all about pleasure!

The new generation female condom, the ‘FCl’, produced by the Female Health Company, has become available in Australia, distributed by Glyde Health.

This new version is made of nitrile, which is thinner (and ‘quieter’) than the first generation female condom. Nitrile is a good option for those who may have latex sensitivity. Using a female condom gives women — and men — another option for STI prevention.

Female condoms are being used widely in developing countries and increasingly in the United States, in areas of high HIV and STI prevalence. SHine SA has been working with a group of South Australian health and multicultural agencies that are looking at strategies as part of developing the CALD HIV Action Plan for SA Health. Promoting awareness of the female condom and making it more widely available is one strategy that is being pursued. This includes educating about the female condom whenever we discuss the use of the male condom for safer sex.

For more up-to-date information and to find out why the female condom is ‘all about pleasure’, go to www.youtube.com/watch?v=5o8OUDPqLC0

Emergency Contraception: access and equity

Shine SA has worked to promote free access to EC via emergency departments. We have worked with pharmacists and pharmacy assistants to help make the access of EC in a pharmacy a more welcoming experience for women. We have worked with Women’s Health services, Youth Health services, the Aboriginal Health Council of SA and SA Health’s Health Promotion Branch in an effort to put in place guidelines supporting nurses and midwives to supply EC in health settings. Shine SA is developing an online module to accredit nurses and midwives to supply EC in public and community health settings. We have also welcomed the SA Health Priority direction identified this year in the Primary Prevention Plan 2011–2016, ‘to promote wide access to affordable emergency contraception’.

Anne & Helen

Contraception. Is it working for you?

Shine SA in the southern suburbs of Adelaide has been involved in a partnership project with Flinders University, Southern Women’s Primary Health and the Southern Adelaide Local Health Network (Noarlunga Health Services and Flinders Medical Centre) to develop short video clips and accompanying resources, called Contraception. Is it working for you?

Based on the PhD research of Dr Wendy Abigail, a lecturer at the School of Nursing and Midwifery at Flinders University, and funded by a Commonwealth Wealth Exchange Grant through Flinders University, the goal of the project was to translate Dr Abigail’s research findings into practice. Her research found complex and multifactorial issues impacting on women’s choices about managing their fertility, their choices in contraception and their choice of termination. According to Dr Abigail’s research, “…abortion rates for women between the ages of 18 and 30 increased significantly between 1996 and 2005 in the southern area of Adelaide, despite very little change in overall termination numbers across the state during this time.”

Focus groups of community women and health professionals were involved in the development of the scripts for the video clips and they were filmed professionally and student film crews from Flinders University. The series of video clips shows different scenarios that can lead to an unwanted pregnancy.

These new resources will be made available for screening in GP offices, clinics and women’s health centres, will go live on Youtube, will be linked to the web pages of a number of health sites in SA and interstate and will be used for educational and training purposes.

The project is also laying the foundation for ongoing sustainability through the formation of the South Australian Network (Noarlunga Health Services and Flinders Medical Centre). Is it working for you?

Female Health services, Youth Health services, the Aboriginal Health Council of SA and SA Health’s Health Promotion Branch in an effort to put in place guidelines supporting nurses and midwives to supply EC in health settings. Shine SA is developing an online module to accredit nurses and midwives to supply EC in public and community health settings. We have also welcomed the SA Health Priority direction identified this year in the Primary Prevention Plan 2011–2016, ‘to promote wide access to affordable emergency contraception’.

Anne

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Anne

One of the highlights for me would be our appearance at the Pride March, showing our support for the CALD community and enjoying a great night out. Between the banners we created, our balloon display and the sheer number of SHine members who chose to come out and show their support, I think we made quite an impact!
Sexual Health Awareness Week 2012

Sexual Health Awareness Week (SHAW) has been running since 2002 and is launched in South Australia in the week of February 14–21 every year. The campaign’s goal is to encourage young adults to consider the social, cultural and behavioural factors that can influence their own sexual health and relationships. The theme for SHAW 2012 was Chlamydia with the slogan Chlamydia...It’s easy! Easy to get. Easy to test. Easy to treat., while also maintaining the SHAW slogan of Safety + Pleasure + Respect.

SHAW aims to broaden people’s understanding of sexual health and relationships and to raise awareness of sexual health issues in South Australia. The main aim for this year’s campaign was to encourage more young people to get tested and treated for Chlamydia and to understand how to prevent the spread of the infection. However, the focus of SHAW is not only about the prevention of infection. Its focus is also on open communication and acceptance of individual differences, leading to realistic expectations and an understanding of sexuality and relationships.

A range of resources were developed for this year’s campaign including posters, postcards, a new STI fold-out card and condom packs. The resources were all very well received and distributed widely throughout the community. The resources also included a QR code, which can be scanned by smartphone users to link directly to STI information on the SHine SA website.

This year’s committee was successful in securing sponsorship from AVANT Card, whereby over 11,000 postcards were produced and distributed around Adelaide. Comments from AVANT Card included ‘A fast moving card! Really popular at many varied venues. Received many positive comments on the appeal of this card from venues and the public’.

As in previous years, SHine SA had a significant presence in universities and TAFEs across South Australia with posters extensively displayed on many of the campuses including one rural campus. Articles were published in student magazines — UniLife at Uni SA and On Dit at the University of Adelaide. There was also a SHAW display at the Health and Counselling Services, and O-Week booths of both the University of Adelaide and Flinders University. In addition, the pharmacy at Flinders University created an excellent window display and also gave out our resources during O-Week.

As well as a successful campaign on Fresh FM, a full page advert was also placed in Rip It Up magazine and 500 posters were distributed around the centre of Adelaide via MAD Promotions.

The Community Grants again proved very popular and there was a total of 36 activities held around SA. One of the highlights was a short film clip produced by young people from the City of Playford at the Northern Sound System. The clip has subsequently been uploaded on to our FaceBook page / YouTube channel.

All in all, a fantastic effort from everyone involved in this year’s campaign.

Rebecca, SHAW Project Officer 2012

Website statistics

There were 107,063 visitors who viewed 226,387 pages on our website from 1 July 2011 to 30 June 2012.

Summary of pages viewed:

- Services ................................................. 11%
- Resources ............................................. 38%
- Workforce/community development .... 11%
- Other/information .................................. 37%
- Other ..................................................... 3%
Community education and development

This multi-faceted project is now completed and SHINE SA would like to publicly express its gratitude to Orana, which agreed to partner with SHINE SA for the project. Orana provided staff to work with the project after they had completed the FRESH course and collaborated with the SHINE SA project team. Orana also facilitated the engagement with parents, staff and a body of young employees and residents of Orana services. Special thanks must go to Orana’s Senior Management for supporting some of their staff to be centrally involved.

Over 30 additional staff from various Orana sites undertook an introduction to Sexuality and Disability module with the participation to varying degrees of 24 people with an intellectual disability aged 20–40, supported by their parents. Parent involvement in the project was variable, with some who worked through session worksheets and revision folders with their next-of-kin or had follow-through discussions with staff about specific issues.

This body of work provided both SHINE SA and Orana with valuable insights into the level of work required to provide sexual health education to clients as well as the staff and training needs for those who will lead the process. Importantly, it operated as a testing ground for this approach to be used by SHINE SA as a way of engaging with the sector into the future. An independent evaluation by the SA Community Health Research Unit (SACHRU) from Flinders University also demonstrated that a significant proportion of the young people experienced an increase in their level of comfort and communication. Additionally, issues that might have previously been uncomfortable to discuss became more open in the open.

Comments included:

- Clients benefited by being made more aware of themselves, others and situations.
- My son was given a much better understanding of sexual and other health issues to take away with him.
- My daughter has better privacy practices . . . she is more aware of good hygiene practices.
- There is a calmness and maturity about items raised – a little more willing to talk.
- Supervisors and support workers have more confidence about how to raise sexual health and relationship issues.
- It’s brought the issue out in Orana and we can all be on the same page and talk about it.
- We have participants openly talking in the workplace about private and public behaviours, and what they feel is appropriate or not appropriate.
- I learnt about all new things . . . I was happy to go every time and I can talk to my key worker about the things I learnt.

A large proportion of the young people reported moderately improved confidence and communication with other people about a range of matters. The areas of skill, knowledge, attitude and behaviour which were most consistently improved in the young people were: private body awareness; private and public behaviours; public and private places; and their own and other people’s personal boundaries. Areas which had much less improvement included sexual awareness, managing a relationship, differences between adults and children, and saying YES to things they do want.

SHINE SA will make some decisions about its future work with the disability sector based on the final evaluation report prepared by SACHRU. The final evaluation report will be accessed via the SHINE SA website.

A comprehensive Life Out Loud manual will be produced and published electronically. It will include sections on: Sexual health and relationships policy; Assessing baseline sexual knowledge and awareness; Staff training; Program topics for young people; and Engaging with next-of-kin. This will be a comprehensive resource kit for agencies seeking to integrate sexual health and relationships issues more into their support and education programs.

Ralph

**Keeping the community informed**

Throughout 2011–12 SHINE SA has continued to produce quality sexual health information for the South Australian community. The information is regularly reviewed and updated by SHINE SA staff and consultants. Pamphlets and other resources are available on the website, or can be ordered from SHINE SA.

The resources most commonly ordered this year were:

- Easy Guide to STI fold-out card .................................................. 15 191
- SHINE SA Services youth card ............................................. 14 463
- Choices in Contraception fold-out card .................................. 6674
- Tell it like it is ................................................................. 4384
- Choices in contraception ..................................................... 3550
- Sexual health services at SHINE SA ...................................... 3334
- Sexually transmitted infections ........................................... 3081
- Emergency contraception .................................................. 2699

There was a total of 71 317 leaflets distributed. The total number of resources distributed was 160 428.

**Sexual Health Information**

sexualhealthhotline@health.sa.gov.au

1300 883 793
country callers 1800 188 171

9 am to 1 pm Monday – Friday

A confidential free email and phone-in service providing information and referral on all areas of sexually transmitted infections, contraception, relationships, sexuality and sexual health.

**Community education @ a glance**

- The project was supported by regional councils, a range of health agencies and local young people, using existing community resources to improve access for young people to health information and services. Council and health staff across the region act as mentors to the young people. All participants are given training on youth health issues and opportunities to be involved in community education activities.

- SHINE SA workers delivered relationship and sexual health workshops in 2011 and 2012 as part of the participants’ initial 3-day gathering/camp, and explored gender, power, respectful relationships, consent to sexual activity, contraception and sexually transmitted infections. A key strategy was to provide opportunities for young people to work through scenarios and explore ways to respond and support peers in situations related to the above topics.

- The section on homophobia and same-sex attraction was reported by young people to be the most interesting and useful section. This was potentially effective of the higher than average rates of homophobia in regional areas and the need for young people to develop confidence, knowledge and skills in responding to homophobia and supporting gender and sexual diversity.

- SHINE SA is aiming to build the capacity of the local health workers, who are involved as PDP mentors, to run this relationships and sexual health component in future years.

- There is significant sexual health knowledge and skills among workers in the South-East and, with men in particular to engage with their local leaders and community members as this innovative project continues through to 2014.

- There were 16-412 participants in community development programs for 2011–12.

- These programs included:
  - Sexual Health Awareness Week
  - Northern Sexual Health Outreach Services
  - International students

- There were 48 registered participants in community groups who attended 27 sessions for 2011–12. These groups included Youth Action Teams and Safe & Free To Be Me.
The Southern Primary Health Care Team has branched out yet again, with our clinical and counselling services in the outer south now offered from the new, large, red and vibrant GP Plus Super Clinic at Noarlunga.

Our team is getting used to adjustments, with significant changes to our working sites and our team membership over the past year—and the several years preceding. We have farewelled Sarah (Schools Coordinator), who left us to work in Sydney at the Inspire Foundation. After many years with Shine SA, Gay Community Health Worker (and Anne (Cultural Clinics Receptionist)) have left, and we have been joined by Kathy (Medical Officer), Amy (Schools Coordinator) and Shary (Cultural Clinics Receptionist). We have all the pleasure of being joined for short-term placements by two clinicians this year. Carina spent eight months in a sexual health nurse/midwife specialty mentored position, and Emily, a GP, spent four months with us in a Special Skills Post before she goes to continue her work in regional SA.

2012 saw ongoing integration with services at the GP Plus Health Care Centre Marion, where our Sexual Health Counsellor and our nurses and doctors provide services part of the week. We have made progress developing governance arrangements and solidifying referral pathways at this multi-service site. Our close work with Marion South Health Service has resulted in benefits for both organisations and the young people who we respond to.

In the 2011–12 period we have had Blackwood, Menangle, Grant and Nairacoohe High Schools all join the Focus School Program, strengthening our support across the city and south-east region for relationships and sexual health education for young people. Our Southern YP team remained dynamic through the year, participating in a range of resource development and health promotion events including the Southern Feast Fete and SHAW. This involved enormous collaboration and cooperation, and from March 2012 Shine SA was one of the earliest services to move into the new building after its opening. Saying goodbye to the clinical space in the Noarlunga Health Village that had been in use by Shine SA for more than 26 years (!) was bittersweet. As at Marion, close working relationships and referral pathways are being built with the services and around the Super Clinic. In particular, the newly launched Headquarters youth mental health service offers great opportunities for cross-referral.

All of our team participated in the organisational processes required for Quality Improvement Council accreditation in 2011. For SHAW 2012, we focused on sporting clubs in the southern region. Thirteen local sporting clubs got involved, and displayed our SHAW Chlamydia posters.

An upcoming trial of Chlamydia testing with a southern football club is planned. We are building closer links with the Onkaparinga Community Education Program for medical students from Flinders University who are based in the community at Noarlunga. These undergraduate medical students are working on an ongoing well-being project with Christie’s Beach High School and we are ensuring that relationships and sexual health is considered in this mix.

Regional activities have included:

- participation in organising and running the Southern Feast Fete – including the opportunity to complete an online Survey Monkey in a Survey Cafe
- offering a Lesbian Health and Wellbeing Day for Pop Awareness Week

The Southern Primary Health Care Team

The Noarlunga Super Clinic

An important health promotion campaign on the Shine SA calendar, SHAW 2012 was titled Chlamydia ... It’s Easy! It’s easy to get. Easy to test. Easy to treat. The East/West Team relished the opportunity to get involved in developing resources and promotional activities aimed at reducing Chlamydia infections among young adults. Its health promotion actions included:

- Pimp My Toilet: The intent: opportunistic Chlamydia testing. The audience: students attending Orientation Week at UniSA Magill campus. The team: creativity unlocked to produce a spectacular eye-catching portable toilet that was perfectly positioned at the expo. Sadly this outdoor event was affected by heavy rain, but our adaptable staff relocated indoors to encourage students to ‘pee in a cup’.

Chlamydia Workshop: The intent: Chlamydia information for workers. The audience: workers from the health, education and community sectors attended this workshop at the Education Development Centre, Hindmarsh. The East/West Team assisted the Workforce Development Team in role-play scenarios, presentations and question time.

Grand recipient events: The intent: sexual health expertise and event support. The audience: community groups, health care agencies and their clients. The recipients of SHAW grants accessed a wide range of interactive and informative activities with: East/West workers in p.p. Party Workshop with The Second Story at Magill Training Centre; HealthFirst Network’s Quick Bites Sexual Health evening for GP Practice Nurses; Ladder St Vincent Street sexual health information and testing for homeless youth; Picnic in the Park Chlamydia information sessions for young Afghani, Iraq and Congolese women.

World Sexual Health Day 4 Sept 2011

Shine SA celebrated World Sexual Health Day and its 2011 theme of Youth Sexual Health, shared rights and responsibilities. The intent: to highlight the participation of young people in shaping their own sexual health and encourage open and respectful discussion of their rights and responsibilities. The audience: young people attending the grand opening of the Le Fevre Skate Park. East/West Community Health Workers and Youth Action Team organised to produce an arson mural with community collaboration in conjunction with Anglicare’s Angels team. The event was well attended and resulted in a stunning 7-metre mural depicting ‘Safety, Pleasure and Respect’.

Pride March 12 November 2011

East/West Youth Action Team members, staff, their families and friends joined thousands of people to celebrate Adelaide’s Gay, Lesbian, Bisexual, Transgender, Intersex, Queer Love, Strength and Diversity. Pride March was louder and prouder than ever. With brightly coloured balloons, banners and vocal participants, Shine SA’s presence was truly impressive!

Information Sessions

Engagement with the community and workforce regularly took the form of information sessions. These were tailored to meet specific community or workforce needs, or promoted Shine SA clinical and training services and resources. Examples of the groups East/West provided information sessions for included:

- Campuses: Enfield Campus
  - African Communities Council SA
  - African Women’s Federation
  - City of Charles Sturt: Youth Central
  - Independent Women’s Voices Group
  - Ladder St Vincent Street Project
  - Life Without Barriers
  - Magill Training Centre
  - Migrant Resource Centre SA: settlement services
  - Multicultural Youth SA
  - Muscular Dystrophy Association of SA
  - State Government Secondary Schools throughout SA
  - TAFE SA: English Language Services Adelaide
  - TAFE SA: Registry campus
  - Taisen Aboriginal College
  - Thebarton Senior College
  - University of South Australia: Adelaide and Magill campuses
  - White Lion
  - WorkSafe
  - Yawen Place Rape and Sexual Assault Service
  - YWCA of Adelaide

Informal client contacts

8028 informal clients were provided services during 2011–12. The top five reasons for the informal client contact were:

- Sexual Health ................................ 92%
- Contraception ................................ 4%
- Substance abuse ................................ 1%
- Pregnancy ...................................... 1%
- Sexually transmitted infection .......... 0.5%
Over the last 12 months, Shine SA’s East/West Primary Health Care Team has focused on creating conditions for young people to lead flourishing lives. The team continued to implement a holistic strategy for sexual health, prioritising ill health prevention, early clinical intervention, health education and promotion. Actions included increasing access to our Woodville clinic by providing a free youth drop-in service (no appointment necessary) every weekday afternoon. To date, youth drop-in consultations accounted for 30% of clinical services provided. With the expansion to an all-day drop-in service at Woodville and Gilles Plains in 2012–13, we anticipate further increases in the number of young people accessing these Shine SA clinics.

Shine SA’s Woodville site was fully utilised over the year, with facilities used by other health service providers in addition to our sexual health clinics. This is through Shine SA’s commitment to the SA Health GP Plus strategy. Agencies included g-gamut, Healthfirst Network, Pregnancy Advisory Centre, Drug & Alcohol Services SA, Do It For Life program and The Second Story. The East/West clinical team’s use of facilities at Gilles Plains Primary Health Care Centre improved dramatically when we relocated to the newly built GP Plus Super Clinics adjacent to the previous site. There is high client demand for our sexual health clinic every Thursday. This has increased further with the expanded drop-in service. A number of staff changes occurred within the team last year. Jacqueline accepted a voluntary separation package through the Community Health Worker position restructuring. We thank and acknowledge Jacqueline for her 16 years of service, targeting the sexual health and wellbeing of culturally and linguistically diverse communities. Ina and Fiona resigned to work elsewhere. Jessica joined as a Medical Officer and returned recently in a Medical Officer (and proud mum) role. Carolyn and Victoria joined the team as casual Clinic Receptionists, and Jemma joined as a Medical Officer.

Much of the team’s efforts to improve sexual health outcomes were achieved in collaboration with other health care, education and community organisations. These strategic partnerships helped make sexual health everyone’s business and extended the team’s reach within communities and workplace sectors.

Successful collaborative partnerships involved:
- African Communities Council SA
- Amell Healthcare Ltd
- Bayer Australia Ltd

City of Charles Sturt: Western Area Multicultural Youth Service
Magill Training Centre
Migrant Resource Centre SA: settlement services
Multicultural Youth SA
Port Adelaide Primary Health Care Centre
Relationships Australia SA
TAFE SA: English Language Services Adelaide
TAFE SA: Regency campus
Tailem Bend Aboriginal College
The Second Story Youth Health Service
Thebarton Senior College
Uniting Care Wesley: Streetlink Homeless Youth Service
University of South Australia: Adelaide and Magill campuses

Significant programs and projects the team participated in over the year included:
- Focus Schools Program: 110 state-government secondary schools have committed to the program.
- Sexual Health Awareness Week: Chlamydia awareness and testing campaign throughout SA.
- Out of Sync: dealing with mismatched desire: DVO resource for counsellors and therapists.
- Youth Action Team health promotion activities: Sexual Health Awareness Week, Pride Month, International Day Against Homophobia.
- Quality Improvement Council standards: accreditation reporting and audit.
- Restructure and reorientation of Community Health Worker roles to prioritise sector development.
- Organisational adjustments to comply with a new SA Department for Health and Ageing funding agreement.

The year ahead brings financial and operational challenges to Shine SA. The East/West Primary Health Care Team remains committed to recognising inequities within population groups and providing high-quality services that improve the sexual health and wellbeing of South Australians.

Rob Kalina
Manager
East/West Primary Health Care Team

This has been another productive year for the Northern Primary Health Care Team and at the outset of my report I would like to acknowledge the commitment and hard work of the staff. Their focus and shared vision of providing the best possible service to clients has meant that people living in the northern suburbs of Adelaide and in regional communities have continued to receive a high quality and comprehensive range of sexual health services.

Staff changes provide an opportunity to thank and farewell people and to welcome new people who bring new energy and drive. In this reporting period we farewelled Naomi and Vince. In their role as Community Health Workers they worked with a number of young people in the region through the provision of education sessions. They also worked with a number of youth-based agencies in the region. We welcomed Sarah in the role of Sexual Health Counsellor.

The Northern Sexual Health Outreach Service, a 12-month project funded by SA Health, was a focal point for the Northern Team’s work over the past 12 months, particularly in working with young people in the region. The premise for the service was that there are a number of barriers to young people accessing sexual health services, particularly those young people who are marginalised and most at risk of poor sexual health outcomes. One of the key barriers is the location of, and therefore access to, sexual health services. The outreach model proposed taking the services to the young people in locations where they already have a connection. We were fortunate to work closely with Para West Adult Campus and The Northern Sound System as key partners in the project. Nurses from the Northern Team provided outreach clinics at both sites on a regular basis over the duration of the project. The nurses were also involved in the planning and delivery of education sessions and health promotion events at these two sites.

The other important aspect of the project was to move from an appointment-based system, where young people needed to phone and make an appointment to see one of the clinical staff, to a drop-in model. There was an immediate response to the promotion of the drop-in service by young people living in the area who appreciated this change. This nurse-led initiative has meant that young people can just walk into the site and see someone about a range of sexual health issues without having to phone and make an appointment. The success of this way of working reflects the flexibility and responsiveness of staff in the team and their approach to continually reviewing how we can improve the service to meet the needs of clients. This model is now part of our core work so we strive to ensure that young people in the region can easily access the service.
Work with schools

The Focus Schools Program continues to grow with 82% of Department for Education and Child Development (DECD) schools with a secondary component now engaged.

The program model of support contains the key elements of professional development, resources, curriculum and personnel support to assist school communities to develop a comprehensive, whole-school approach in the area of Relationships and Sexual Health (ReSH) education.

The Focus Schools Team has remained fairly consistent this year with one change of personnel. The team is enthusiastic and dedicated to providing a consistently high standard of support to their designated schools.

New schools

We have welcomed 18 new schools to the program, bringing the total to 110. All of these schools have received Principal and Governing Council endorsement to be involved in the program. Throughout this year we have continued our efforts within the Limestone Coast Region, with Grant High, Narrogin High and Meningie Area schools becoming focus schools. Meningie Area School has a high enrolment of Aboriginal students, so it has been supported by the mainstream program and the Close the Gap team. This has been supported by the mainstream program and the Close the Gap team.

The Special Education campus has become the third Special Ed school to be engaged along with Gordon Education Centre and the Mid North Education Centre.

Adelaide Secondary School of English is the only government school that offers an intensive English language program for students newly arrived in Australia between the ages of 12 and 18. We will work in partnership with staff to adapt and develop resources that will support these students. These resources will then be available for other schools to use. The school’s Bilingual School Service Officers will be invited to attend the training to further provide support for students at the school and assist with information being accurately provided to families and caregivers.

Breamlea Education Centre provides intensive, short-term learning programs and support to assist students who have been excluded from their school, to achieve behavioural and attitudinal change and re-engage with appropriate educational settings. Programs have been accepted this site as a focus school and have supported the staff with dedicated secondary and primary professional development.

Professional development

Opportunities for professional development to focus schools staff are provided free and include the initial 15-hour training as well as yearly updates for staff who have previously attended the full training. These trainings work towards building the confidence and capacity of teachers to deliver comprehensive ReSH curriculum to students in their care. This year we have facilitated 26, 15-hour courses at 37 schools attending. Many of the training courses are offered on site at focus schools. Others are offered to staff from any school, including non-focus schools, Independent and Catholic schools and other community workers who may have a supporting role within the school. These courses have been requested by a number of schools who have submitted Student Feedback forms. In 2011, The Close the Gap team has run 28 courses which total an increase from 7 in 2006 to 35. The number of schools completing the 2011 Student Feedback (n=193) represents the largest intake involved in the program to date from 2010. Each school that participates receives an individual summary report as well as the full report that reflects the cumulative data. This allows for comparisons and the results to be used to promote their program through school newsletters and in responding to queries from the school community.

Students have overwhelmingly endorsed the program with 90% of students providing an overall rating of good to excellent! They also report that the course is meeting their needs now and in the future and that for the majority of students they would not make any changes to the course. This year an electronic version via Survey Monkey is being trialled in three schools. If successful this will be offered to all schools in 2013.

Support for schools with Aboriginal students

The Close the Gap Aboriginal Focus Schools and Focus Schools teams are working closely to offer support for schools that have a high enrolment of Aboriginal students. We are able to offer activities that may be more culturally appropriate in addition to the existing Year 8–10 curriculum for teachers to use to meet the needs of these students. This melded approach has been offered to Meningie Area, Port Lincoln High, Ceduna, Mintabie, Leigh Creek and Murtland Area schools. Additionally, Aboriginal Community Education Officers, Aboriginal Education Teachers, Anangu Education Workers, staff involved with the SA Aboriginal Sports Training Academy and Health workers who support students in numerous schools have attended regional training facilitated by the Close the Gap team.

Students from culturally and linguistically diverse backgrounds

In addition to our work with Adelaide Secondary School of English, meetings with staff from Thebarton Senior College have been scheduled. The College offers a new Aim program for young adults to improve their language and literacy skills. There is a Health component within this program and it will be explored. The SA Close the Gap team is meeting their needs now and in the future and that for the majority of students they would not make any changes to the course.

Focus newsletter

The fourth edition of the Focus newsletter was produced and distributed to all DECD, Independent and Catholic schools with a secondary component. This edition featured the achievements of the work that was involved in the Focus Schools Program; promoted awareness around STIs, particularly Chlamydia and the ease of testing; feedback from teachers and students; suggestions on how to respond to discourses from students; how schools have celebrated (IUHA), professional development opportunities, and details of new resources, information and ideas to assist schools. The newsletter is also available on our website along with further information about relationships and sexual health education, the Focus Schools Program and other resources for young people, parents and teachers.

Helen

Relationships and sexual health education
There has been a heavy focus during the past year on resource development and to the Anangu Education Services Office and the Pitjantjatjara Yankunytjatjara Education lesson content, activities and resources are culturally and age appropriate. Members of both programs in community consultation process to ensure that the program and communities to address relationships and sexual health issues with young people.

The Aboriginal Focus Schools team has worked closely with members of the Anangu Education Services Office and Pitjantjatjara Yankunytjatjara Education Committee at Pukatja to develop culturally appropriate material for the APY Lands, while simultaneously training Anangu Education Workers (AEWs) and teachers to use the material. This has resulted in AEWs being more confident and likely to present the material or support the messages taught through the curriculum by teachers. The training model has allowed for AEWs and teachers to give vital feedback in the realities of preventing relationships and sexual health education, which has informed the curriculum content.

The Investing in Aboriginal Youth team has also made inroads with communities, with a heavy focus on workers and community Elders and a new workshop format. Communities are being engaged and invited to take up action and feel the messages on sexual health are important for their young people to know. They are couching it in the terms of ‘the survival of their young people’.

The Yarning On program commenced in January 2010 and is funded for a four year period through the National Indigenous Partnerships (Indigenous Early Childhood Development and Close the Gap on Indigenous Sexual and Reproductive Health). The program aims to improve the sexual and reproductive health, wellbeing and safety of young Aboriginal South Australians. There are two programs within Yarning On, the Aboriginal Focus Schools Program and Investing in Aboriginal Youth Program. Both programs aim to achieve the vision of ‘Aboriginal people having sexual health outcomes equal to the best in South Australia’. The State Reference Committee continues to have strong memberships with Lewis O’Brien and representatives from SA Health, Aboriginal Health Council SA and the Department for Education and Child Development providing valuable advice and support.

Both programs build the capacity of workers and community Elders and a new workshop format. The Aboriginal Focus Schools team has worked closely with members of the Anangu Pitjantjatjara Yankunytjatjara (APY) Lands to build the capacity of workers and communities to address relationships and sexual health issues with young people. Anangu Pitjantjatjara Yankunytjatjara (APY) Lands to build the capacity of workers and communities to address relationships and sexual health issues with young people. The training model has allowed for AEWs and teachers to give vital feedback in the realities of preventing relationships and sexual health education, which has informed the curriculum content.

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Kungka Career Conference

In March 2012 Frances and Bianca were invited by the Nganyatjarra Pitjantjatjara Yankunytjatjara (NPY) Women’s Council to present workshops at the 2012 Kungka Career Conference held in Yulara, Northern Territory. The three-day conference was attended by approximately 80 young Anangu women aged 12–20 from Central Australian communities across the tri-state area of Western Australia, South Australia and the Northern Territory. The conference presents education and employment opportunities to the kungka in a culturally appropriate and supportive environment. Frances and Bianca, together with Nganyatjarra Health Service, presented one-hour sessions with different communities and covered consent negotiation, condom demonstrations, contraception, anatomy, menstruation and hygiene. Feedback indicated that the sexual health workshops were useful and enjoyable for the participants.

Aboriginal Focus Schools Program

The past year has seen the Aboriginal Focus Schools Coordinators travel extensively into rural and remote South Australia. The team has continued to strengthen relationships with the 17 rural and remote Anangu and Aboriginal schools.

In the past 12 months Anangu, Aboriginal and non-Aboriginal school-staff from the following schools have attended training and workshops:

- Yalata Anangu School
- Oak Valley Anangu School
- Kauma Plains Aboriginal School
- Leigh Creek Area School
- Amata Anangu School
- Emuabella Anangu School
- Piyalajtjarra Anangu School
- Indulkana Anangu School
- W崇尚 Arangu School
- Wambura Anangu School
- Murputja Anangu School

The support offered by the Aboriginal Focus Schools Coordinators has been widely accepted and used with effective collaboration taking place. Team teaching is helping to build the confidence and capacity of school staff, consultation is highlighting the realities of what sexual health education could look like in specific schools, and feedback is being collected to assist with the revised edition of the schools curriculum resource.

In June 2012 team teaching took place with two classes at Yalata Anangu School. Topics such as ‘Creating a Safe Environment’ and ‘Relationships and Feelings’ were delivered. The students enjoyed the lessons, they worked hard and were engaged in the learning. The curriculum has continued to be taught in the school.

Continued partnership with South Australian Aboriginal Sports Training Academy (SAASTA)

With the huge success of the 2011 partnership with SAASTA, the Aboriginal Focus Schools Coordinators will again be supporting SAASTA in July 2012 with three teaching of ‘Respectful Relationships and Sexual Health’ focusing on sexually transmitted infections and keeping safe.

Wiltja Residential Facility

The Wiltja Residential Facility is a co-ed boarding facility with separate accommodation for male and female residents from remote Anangu communities. The accommodation is further split into junior and senior sections, not by age but by maturity.

During school terms, students from the Anangu communities in the tri-state area across Western Australia, Northern Territory and South Australia live in the residence in order to access schooling at either Woodville or Windsor Gardens High Schools. The Wiltja residence is administered by a manager and assistant manager, and staffed by youth workers who have extensive experience in supervising and caring for Aboriginal young people who are away from their communities.

In 2011, SHINE SA Yarning On workers delivered culturally and maturity appropriate weekly sessions to the young people, talking about respectful relationships and sexual health.

In 2012, the SHINE SA Yarning On workers have been training the Wiltja workers and supporting them to deliver this information to the young people. This allows the young people to ask questions when appropriate and needed by them.

Camps, site visits and talks have helped to deliver the information in a culturally appropriate manner, tailored to the maturity level of the students.

Other initiatives undertaken this year were:

- Restructuring the Investing in Aboriginal Youth Training to better suit individual communities.
- Reviving the relationship wellbeing and sexual health starter stories, a learning resource for both the schools and community programs. There are eight stories for young women and eight for young men on the same topics. These stories are age and culturally appropriate and are a gentle introduction for community workers, parents and teachers to use when approaching what might be perceived as sensitive issues.
- To improve these resources, a group of Aboriginal women from around the state, and separately a group of Aboriginal men, met to review and rewrite the stories.

The Investing in Aboriginal Youth Program builds the capacity of workers and communities to engage young people to address relationships and sexual health issues in their own communities. It has been a very productive year, with all communities having agreed to, participated in or completed their Investing in Aboriginal Youth two-day training.

Training has occurred in Port Pirie, Yalata, Raukkan/Murray Bridge, Port Augusta, Kuurna Plains (northern metro), Wiltja, Piyalajtjarra, Indulkana and the Flinders area (Marree, Hepburnana, Copley).

Parent sessions have been offered through the program in each community, to support the communities’ understanding of the Yarning On program (Investing in Aboriginal Youth & Aboriginal Focus Schools). The parent sessions also increase the parents’ knowledge of relationships and sexual health issues for young people and the supports available in their community. Some parents then become involved in the delivery of information to young people through either program.

Peer education programs have been conducted in a number of communities, through our grants process. On completion of the training, communities are eligible to apply for small grants to conduct a community-based project. The aim of these programs is the sharing of relationship wellbeing and sexual health information with young people living in community, to support their safety and wellbeing.

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Reference
The 2011–12 year has seen a continuation of the commitment to offering tailored training opportunities for a range of disability service and training agencies. With a minimum of 2 hours and a maximum of 13 hours contact time, at least 250 people have participated in training related to sexuality and disability outside of the FRESH Course.

Disability sector tailored training

Clinical services statistics

Clinical services are an important part of the core work of Shine SA and contribute to early intervention and prevention and the improvement of the sexual health of the community. Clinics are located in areas to improve access by Shine SA’s communities of interest, including young people, young adults, Aboriginal and Torres Strait Islanders and people from culturally and linguistically diverse backgrounds.

During 2011–12, 13,973 clinical services were provided from 17 701 clinic visits to 6511 unique clinic clients. Of these:
- 99% of clients were women, 6% were men
- 14% were under 19 years of age
- 31% were 20 to 29 years of age
- 3% identified as Aboriginal
- 6% identified themselves as having a disability
- 17% identified as culturally diverse
- 3% identified as being gay, bisexual, transgender or intersex
- 2% required the use of an interpreter
- Clients came from 110 different countries of birth, identifying with 98 different ethnicities and speaking 40 different languages.

The top three services provided were:
- screening and assessment, including cervical smears, breast checks, STI screening, HIV screening, pregnancy tests
- care and treatment, including provision of contraception (oral contraception, EC, diaphragm, condoms, IUD, implant and injectable contraception)
- education and information including provision of contraceptive choices, prevention of STDs, safer sex information

As Coordinator of Teacher Education my role is to support schools to implement comprehensive relationships and sexual health education is varied.

I work closely with the Focus Schools team in developing new activities, modifying and updating the curriculum and supporting them in the professional development of teachers.

In 2012 we introduced several new activities to the schools program. One of these is If I Were Ben. Carolynn Corkindale, a researcher at Finders University, approached us in 2011 with a short film If I Were Ben, which she had developed several years ago to use in her research of young men’s attitudes to unplanned pregnancy. Carolynn and I worked on modifying the film and developing an associated activity about unplanned pregnancy for use in our schools program at Fall River.

Another activity that has been introduced into the schools program is Abuse of power in intimate relationships using a short film called Love Control. I worked with a women’s health agency in Melbourne, WHIN (Women’s Health In the North). The activity and film explore abusive relationships, help young people to identify and recognise early warning signs, and inform young people where they may go for help.

Shine SA is expanding the work it does in schools to include school-aged young people who are engaged in alternative programs. Last year we ran a one-day training for staff at the Bowden Brompton Community. The three sites of this school provide alternative programs for disadvantaged students. The teachers at all sites are keenly aware of the importance of relationships and sexual health education for these students.

ICANS (Innovative Community Action Networks) Case Managers work with school-aged students engaged with school. The workers are required to provide alternative, relevant programs that enable students to achieve educational accreditation. In collaboration with SAFE I wrote two modules, Understanding Respectful Relationships and Managing Sexual Health, for the Certificate 1: Education & Skills Development. To support ICANS workers who wish to deliver these modules I have written a program outline that will over the performance criteria contained in the modules. To build the worker’s capacity to implement the relationships and sexual health education module I developed a course similar to the Focus Schools teacher training. Earlier this year I ran a two-day training for ICAN Case Managers. The ICAN regional offices have been very supportive of the training, supporting me in advertising the courses and registering participants. The offices also have enthusiastically accessed money to purchase a range of resources to support staff to deliver the modules. Feedback from the ICAN staff has been very positive in relation to raising their awareness of sexual health issues, building their confidence to talk to young people about sexual health and increasing their capacity to offer the Certificate 1 modules.

The Australian Curriculum, Assessment and Reporting Authority (ACARA) has been looking at the possibility of writing the new Australian Curriculum. The development of the Health and Physical Education Learning Area is well underway. Although relationships and sexual health education can be addressed in many learning areas and will be covered in cross-curriculum ways the Health and Physical Education Learning Area will have the clearest specific references and specific health content. There have been several opportunities already to provide feedback to ACARA as they work through an early and collaborative process to complete the Health and Physical Education Learning Area document. I was invited to attend a consultation on the Initial Advice Paper in Sydney in December 2011 as the National Sexual Health and Family Planning representative. I have since provided feedback on the next stage of the writing process, the Shape of the Australian Curriculum: Health and Physical Education, on behalf of the Shine SA Focus Schools team through a public online survey last May. I am optimistic that the final stage—comprehensive relationships and sexual health education will be well covered in the Health and Physical Education Learning Area.

Over the last year I have been invited to present at two conferences about the work Shine SA is doing in schools. The 2011 Australasian Sexual Health Conference was held in Canberra in September. A specific session was run on the final morning that focused on new and effective relationships and sexual health programs with school-aged students around the country. I was asked to talk about our Focus Schools Program. I was able to meet with and hear about other projects in this area from around the country. I also presented at the WA Health Education Services and Growing and Developing Healthy Relationships Sexuality Education Conference in September. I was asked to talk about our Focus Schools Program, effective partnerships between health and education and building the capacity of teachers. Family Planning Western Australia is keen to use our Focus Schools model.

The Teacher Network has approximately 300 members and continues to be a useful electronic means of providing teachers with news about new resources, events and training opportunities. I also hold quarterly meetings for members. The topics offered in the last 12 months have included: Update on Sexually Transmitted Infections; politics and cultural issues; Chlamydia; and Teaching about Infections; findings from Monique Mulholland’s PhD into young people’s views of the sexualised images in their world; Chlamydia; and Teaching about Respectful Relationships.

In the last 12 months I have been asked to write, provide feedback or update a range of articles about relationships and sexual health. I wrote an article for the Association of Women Educators Journal Redex, which contains articles on gender equity issues for students and women who work in education. I was asked to write an article on curriculum and gender/sexuality/Inclusion issues. Our Focus Schools Program is consistent with the current curriculum framework within South Australia and is strongly represented as a support service. The Sexual Health section is comprehensive, and it is terrific that not only do they ask us to provide advice about this section but also that Shine SA is strongly represented as a support service.

I continue to provide sessions and support for pre-service teaching students from Finders University and the University of South Australia about teaching relationships and sexual health and how Shine SA can support them once they are working in schools.

Looking forward I am keen to continue the partnerships developed this year with ACARA. I will also follow the development of the Australian Curriculum Health and Physical Education Learning Area with interest and participate in further opportunities to provide feedback.

Jane

If I Were Ben

I’ll have more discussion with staff and management about policy development and implementation.

I will ask more questions and do more intense listening.

I will explain sexual matters in a simpler fashion.

If I Were Ben

I am more confident in speaking with peers about sexuality and disability.

I work closely with the principal and staff to integrate understandings and approaches to sexual health in their work.

I work closely with staff to develop ways of improving the curriculum and making it more meaningful to young people.

I will talk about my experience and insights in a more meaningful way.

I will build on my experiences and knowledge and use them to support others.

I will use the experiences of my students to help other teachers develop their own programs.

I will develop new strategies and approaches to teaching about sexuality and relationships.

I will build on my understanding of sexuality and relationships in order to provide effective teaching.

If I Were Ben

I think it is important to have a strong focus on sexuality and relationships education.

I think it is important to have a strong focus on family planning education.

I think it is important to have a strong focus on relationships education.

I think it is important to have a strong focus on sexual health education.

Mindmatters is a national mental health initiative for secondary schools. I provided feedback on Community Matters, a resource that was being rewritten. Chapter 6 of this resource provides information to schools about addressing homophobia and transphobia. I have done a lot of work in this area with schools and appreciated the opportunity to share my thoughts and experience.

I have also been asked to update the sexual health section of the Street SmartHandbook produced by Blue Light (SA) in conjunction with South Australia Police. This publication is a comprehensive resource for young people with a lot of very useful factual information, guidance about a range of health topics and listing of support services. The sexual health section is comprehensive, and it is terrific that not only do they ask us to provide advice about this section but also that Shine SA is strongly represented as a support service.

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FRESH (FREedom to Explore Sexual Health)

Youth Focus
As always, youth worker sexual health education continues to be relevant to our community of workers. The FRESH (Youth Focus) course has brought participants together from fields diverse as peer educators, youth workers, community health workers, nurses, disability workers and mental health workers.

The main objective of the FRESH (Youth Focus) course is to help participants ask themselves: ‘What part do I play in the current culture of sexual health and relationships?’ What can I do to change the things that I don’t agree with in this current culture, and how does this affect the clients that I work with? We’ve seen more and more workers becoming active in such areas as the mental health of young people, sexual bullying, and violence against women and children. More recently the issue of high-speed internet access to pornography and its effects on young people has become very topical.

A special mention must go to the participants of the Mount Gambier FRESH course who have championed the field of sexual health in their region. They have made great progress in creating the Limestone Coast Sexual Health Network.

In addition the SE&X blog which supports FRESH participants with updated information and resources has passed its 25,000th hit this year.

Aboriginal Focus
Wendy and Dominic continued to tailor training for the Aboriginal Torres Strait Islander workforce. This training meets the needs of the workforce and focuses on improving sexual health outcomes for the Aboriginal community. It also explores the concept of ‘shame-job’ and how this impacts on Aboriginal people accessing sexual health services.

Highlights:
• Training was delivered to Aboriginal Health Workers from Port Lincoln Aboriginal Health Service and Aboriginal Workers from Port Lincoln High School.
• Wendy continued to provide sexual health training for the Aboriginal Maternal and Infant Workers, who are undertaking their studies with the Aboriginal Health Council of South Australia (AHCSA).
• Both Dominic and Wendy provided training for Aboriginal Health Workers at AHCSA in the area of STIs, contraception and safer sex practices.
• Working with Shire SA’s Yarning On teams and organising a breakfast to mark Close The Gap Day at Shire SA’s Woodville site. The two teams also joined forces on a very popular stall at Close The Gap celebrations at Port Adelaide Football Club.

Wendy and Dominic look forward to continuing sexual health training for the Aboriginal workforce and improving sexual health outcomes for Aboriginal people.

Disability Focus
All 16 students from the 2011 intake of FRESH Disability Focus attained competency to ‘Provide sexual and reproductive health information to clients’. Five out of the 16 also pursued the advanced extension to FRESH. They all successfully attained competency in Planning, delivery and review of sexual and reproductive health education programs, after running multiple education sessions for groups of clients in agencies and with community groups. These included: Life is for Living, Minda Incorporated, Community Re-entry Program (for people living with Acquired Brain Injury), a young South Australian women’s group and the Singapore Sexual Training Institute.

Evaluation comments about the best parts of FRESH Disability Focus included:
• The guest speakers and the presentation of different resources available through Shire.
• Putting whole learning into a practical exercise. A group of diverse and open people.
• Going through the needs assessment and finding the best way to provide information.
• Quite challenging, but rewarding.
• Adapting to my workplace. Gave me knowledge to carry on with my role in a high capacity.

Shire SA recognises that there is always room for improvement. Feedback from participants will be used to improve the processes to complete the final assessment tasks.

Rules About Sex training module
The Rules about sex: getting them right module and resource underwent some changes in the 2011–12 period, with minor changes to exercises in the training and a second disk produced with a new range of images.

Over 60 disability workers completed the module and received the disk-based resource. This resource interprets laws which relate to sexual matters and puts them into plain language. The key messages can then be used as a guide when discussing rights and responsibilities about touch and sexual desire with disabled or vulnerable people.

The expanded range of images further increases the capacity to create tailored visual resources to help communicate about these matters with people with learning difficulties or cognitive impairment. The second disk illustrates a wider range of behaviours, includes more people in wheelchairs and also has a range of facial expressions which can be used to change emotional content in final images. Workers who have completed the module in the past are able to access this second disk upon request.

Evaluation comments include:
• Best part: Discussing certain dilemmas, exploration of the law, the resource itself.
• The way to apply it and use it as well as exploration of some dilemmas.
• Resources — great images.
• Examples of people who use in a practical manner rather than just the material.
• Good example of how to extend resource by using different background etc.
• It was good to get the resources to use and to be able to adopt individually.
• Hearing different scenarios from other workers that are similar to the issues I face.
• No particularly best part. An informative and enjoyable workshop.
• I thought it is one of the most useful sessions I have attended. Thanks.

Ralph

New SHine SA Resources

Out of Sync: Dealing with mismatched desire DVD
This DVD has been developed to provide preliminary information and support for people experiencing differing desires (dibidos) in their relationship. It follows the stories of three couples with mismatched libido as they share the steps they took together to address their concerns. It can be used in conjunction with professional counselling.

The Easy Guide to STIs
This fold-out card contains brief information about sexually transmitted infections, testing and prevention.

Shine SA Youth Services card
This card outlines the services offered by Shine SA for young people.

The Library provides a broad selection of items on sexual health and relationships. The collection consists of books, journals, reports and a DVD collection.

There have been 205 new library borrowers registered this year. We have added 154 new items to the library collection and processed 1223 loans. There were 177 free internet sessions in the library this year.

Shine SA also has two smaller libraries located at Christies Beach and Daworen Park. All the libraries have free membership, and the public are welcome to browse and borrow.

The Resource Centre has a large selection of DVDs and teaching resources available for loan to organisations and individuals in South Australia who have paid an annual membership fee. There have been 3124 loans processed and we have added 51 new resources this year. There are 141 organisations currently subscribed to the Resource Centre and 84 teachers participating in the Focus Schools Program who receive free memberships.

The Woodville Library and Resource Centre is open 9:30am to 4:30pm Mondays to Fridays. For more information phone (08) 8300 5112 or email ShinesALibrary@health.sa.gov.au

SHine SA also has two smaller libraries located at Christies Beach and Daworen Park. All the libraries have free membership, and the public are welcome to browse and borrow.

The Resource Centre has a large selection of DVDs and teaching resources available for loan to organisations and individuals in South Australia who have paid an annual membership fee. There have been 3124 loans processed and we have added 51 new resources this year. There are 141 organisations currently subscribed to the Resource Centre and 84 teachers participating in the Focus Schools Program who receive free memberships.

The Woodville Library and Resource Centre is open 9:30am to 4:30pm Mondays to Fridays. For more information phone (08) 8300 5112 or email ShinesALibrary@health.sa.gov.au

Wendy and Dominic look forward to continuing sexual health training for the Aboriginal Maternal and Infant Workers, who are undertaking their studies with the Aboriginal Health Council of South Australia (AHCSA).

Both Dominic and Wendy provided training for Aboriginal Health Workers at AHCSA in the area of STIs, contraception and safer sex practices.

Working with Shire SA’s Yarning On teams and organisation of a breakfast to mark Close The Gap Day at Shire SA’s Woodville site. The two teams also joined forces on a very popular stall at Close The Gap celebrations at Port Adelaide Football Club.

Wendy and Dominic look forward to continuing sexual health training for the Aboriginal workforce and improving sexual health outcomes for Aboriginal people.

Library and Resource Centre

Out of Sync: Dealing with mismatched desire DVD
This DVD has been developed to provide preliminary information and support for people experiencing differing desires (dibidos) in their relationship. It follows the stories of three couples with mismatched libido as they share the steps they took together to address their concerns. It can be used in conjunction with professional counselling.

The Easy Guide to STIs
This fold-out card contains brief information about sexually transmitted infections, testing and prevention.

SHine SA Youth Services card
This card outlines the services offered by Shine SA for young people.

Yarning On: Starter Stories
These resources have been developed with Aboriginal communities as part of the Yarning On project. They include male and female stories and cover the themes of Relationships, Respect, Partnership, Rules, Consent, Contraception, STIs and Intimate Relationships.
Shine SA continues to offer clinical services across metropolitan Adelaide, including clinics at Davoren Park, Salisbury, Gilles Plains, Woodville, Noarlunga and Marion.

Clinical Services restructure

Primary Health Care Team Managers, Senior Nurses/Midwives and a Senior Medical Officer collaborated on the Clinical Services Review Committee to work toward implementing many changes to clinical services at Shine SA. Through a new service agreement with SA Health, and as a part of the STI Action Plan, Shine SA clinical services are now prioritised for men and women under the age of 35 and are mainly intended for:
- Young men and women
- Aboriginal and Torres Strait Islander people
- Gay, Lesbian, Bisexual and Transgender people
- Humanitarian entrants
- People with disabilities

Pap smears are no longer offered as a stand-alone service but can be part of a comprehensive sexual health check (including screening for sexually transmitted infections). A new consultation fee structure has also been implemented. Clients under the age of 25 are able to access free services for five clinical services will now be more responsive to the needs of young people and men.

Drop-in services

Young people can now access clinical services at Shine SA either by an appointment or by a drop-in at each site. This option has increased accessibility for clients and decreased appointment waiting times.

Sexual Healthline

The Sexual Healthline service has undergone a review. Telephone calls to this service have decreased over time while at the same time email enquires have increased. As of August 2012, these calls will be transferred to the nearest clinic site to enable a client to speak with a nurse regarding their enquiry. Email enquiries will be answered by a designated nurse in each team. These changes will enable client enquiries to be managed by the nearest Shine SA clinical team and provide local referrals and information.

IUUD insertion training clinics

Bayer-Schering (the manufacturer of the Mirena IUD) continues to sponsor Shine SA to deliver IUUD insertion/training to 20 South Australian General Practitioners per year. This theory and clinical training provides opportunities for General Practitioners to gain competency in order to offer IUUD services in their own practices.

Clinical training

Clinical placements for the Certificate in Sexual Health for Nurses and Midwives course, Certificate in Sexual and Reproductive Health General Practitioner course and IUUD training clinics continue to be in high demand. Shine SA Nurses and Medical Officers continue to offer a high standard of clinical training and co-facilitate the theory component of these courses. Training post-graduate nurses, midwives, doctors and undergraduate medical students has continued to be a challenging and enjoyable element of clinical practice at Shine SA, ultimately benefiting many people in the community.

Healthtrack and Medical Director

Healthtrack, a computerised appointment software package, was implemented into clinical and counselling rooms this year and provides a more efficient method of managing appointments and drops. This system has the ability to manage statistical data to enable monitoring of clinical and counselling services. Medical

Special projects

The Northern Team developed the Northern Sexual Health Outreach Service, a collaborative approach toward community engagement. Two nurses from the team (one male and one female) staffed a drop-in sexual health service for young people aged 12–25. The services were offered at Northern Sound System (Elizabeth) and Para West Adult Campus (Davoren Park). An outcome of this project was an increase in nursing hours which enabled staff to promote drop-in services at the two outreach sites as well as at Davoren Park and Salisbury Shopfront. This project was successful in highlighting that young people prefer to be able to drop in when they have an issue and not have to wait for an available appointment.

Implanon insertion training for nurses

A pilot program has commenced in the Northern Team where Shine SA nurses have begun inserting Implanon devices under the guidance of Shine SA doctors. This program will be evaluated and recommendations will lead to the development of Clinical Guidelines which will be used to support all nurses at Shine SA to insert and remove Implanon autonomously after completing a competency-based assessment.

Adelaide Women’s Prison

Sexual and reproductive health services continue to be provided for women once a week at the Adelaide Women’s Prison. This service is in its ninth year and provides women at the prison with a comprehensive sexual health service.

GP Plus Health Care Centres

The Noarlunga Health Village clinic relocated to the GP Plus Super Clinic at Noarlunga in March 2012. It has been very exciting to deliver services in a new clinical space and have the opportunity to work closely with other agencies. The Southern Team continues to provide clinical and counselling services from the Marion GP Plus Health Care Centre in collaboration with Marion Youth to offer drop-in sexual health services to young people. The GP Plus Super Clinic Gilles Plains Outreach opened in 2012. The Shine SA clinic at Gilles Plains transferred into this outstanding new building, and offers drop-in and appointment services one day a week. Clinical services continue from the existing Woodville GP Plus Health Care Centre.

Special Skills Post

Shine SA was successful in an application to the Adelaide to Outback GP Training Program to accept Resident Medical Officers on short placements through the Preventative General Practice placements Program. This is an Australian government initiative, providing junior doctors the opportunity to experience working in General Practice in outer metropolitan, regional, rural and remote areas. The key aim is to provide junior doctors with an experience that may encourage them to choose General Practice as a career. The placements at Shine SA provide invaluable and relevant experience in Sexual Health.

Nurse Mentoring project

A Nurse Mentoring project has provided a mutual learning environment which has given nurses and midwives advanced experience in Sexual Health. The contribution and involvement of midwives has increased for clients and provided a shared learning experience for Shine SA clinical staff.

Clinics for women from culturally and linguistically diverse backgrounds

Shine SA clinics at Woodville provide specific clinical services to newly arrived communities, such as women from Bhutanese, Arabic, Chinese, Iranian and some African groups. Shine SA, particularly Community Health Worker Lachlan Rose, negotiated with a local multicultural peer support workers to facilitate sexual health services to these women.

Emergency Contraception Nurse Initiated Medication

Emergency Contraception was removed from the Medication Drug Schedules and is now a medication that a Shine SA Nurse can initiate when indicated as part of an earlier campaign run for Pap Smear Awareness Week (itself an incredibly successful program). Weekly adverts were run at no cost which managed to reach a wide range of readers, many of whom fell within the Shine SA community of interest.

The campaign focused on maintaining good sexual and reproductive health, rather than focusing on disease. A call was put out to men to take responsibility for maintaining their (and others’) health.

Men’s Sexual Health Awareness Month

In 2011 Shine SA’s Northern Primary Health Care Team ran a public health program to celebrate International Men’s Health Week. The project was led by Eamon, a Community Health Nurse in the team.

After some research into previously successful men’s health campaigns, and considering the current statistics regarding sexually transmitted infection (STI) rates, it was decided that the campaign run by Shine SA would focus on screening for Chlamydia and Gonorrhoea with the slogan ‘STI screening is Piss Easy’. It was also decided to run the program over a month, using International Men’s Health Week as a platform for promotion.

Eamon, through consultation and collaboration with the Northern Team, ran a month-long Men’s Sexual Health Awareness program which saw 34 new male clients access services at Shine SA – Davoren Park, from mid-June to mid-July 2011. This was achieved through strategic and planned marketing, which incurred relatively little cost.

Promotional posters were produced, which were displayed on a sandwich board (put out on the street during office hours). They were produced and distributed by the Northern Team throughout the local area. The most successful form of advertising was through the Messenger Press (local newspaper). Building on the relationship developed through

Pledge of privacy

At Shine SA we are committed to ensuring the privacy of personal information provided to us. We believe that respect for your privacy is paramount in earning and maintaining your trust. Shine SA is bound by the 10 National Privacy Principles that form part of the Privacy Amendment (Private Sector) Act 2000. We have a Confidentiality policy which is available from Shine SA.

How your personal information is managed by Shine SA

Contact information such as telephone number, address and email details you provide is held in order for us to manage our relationship with you as a client of Shine SA. We may use this information to send you details of initiatives being undertaken by the organisation or other ways in which you can participate in Shine SA activities. We never sell or disclose any personal information to a third party for their marketing purposes.

Shine SA Annual Report 2011–2012

Continued from page 26

standard care by a Nurse at Shine SA. This is an important service for young women accessing the organisation’s clinical services.

Clinical Governance Committee

Shine SA implemented a Clinical Governance Committee with the purpose of supporting safety and quality improvement of clinical services and minimising clinical risks. The committee, although in its infancy, currently comprises the CEO, a Medical Officer, Nurse and Counsellor with the possibility of expansion in the future.

Stafﬁng

Thanks to all clinical staff, clinic reception staff, casual nurses and doctors for their commitment, passion and professionalism and best wishes to those workers who have moved on to new challenges.

Eamon
Northern Sexual Health Outreach Service

The northern metropolitan region of Adelaide is one of the most disadvantaged regions in South Australia, and indeed the country. High levels of unemployment, poor educational outcomes, high teenage pregnancy and sexually transmitted infection (STI) rates, and poor sexual health literacy compound and perpetuate social disadvantage, making the cycle of poverty and teenage parenting increasingly difficult to break. The Northern Sexual Health Outreach Service (NSHOS) was an approach toward community engagement. Developed by SHine SA’s Northern Primary Health Care Team, the service aimed to bring accessible, appropriate and acceptable sexual health services to communities of interest, rather than relying on individuals to actively engage with current services at the clinical sites. This is based on the sound primary health care principle of improving access to services.

The service was delivered by two highly specialised and skilled Community Health Nurses from the Northern team (one male and one female). Services provided by the largely autonomous nursing team included:

- symptomatic and asymptomatic STI screening
- pregnancy testing and pregnancy choice information and referral
- emergency contraception assessment and provision
- sexual health education and information (including STIs, and contraception)
- condom distribution and education
- priority referral to Shine SA’s clinics and for other specialised services for interventions not within the scope of practice in an outreach service

The barriers to accessing sexual health services are well documented. Perceived or actual lack of confidentiality and trust in the staff or service, difficult geographic location and cost of the service are all important factors individuals consider in deciding whether or not to access a particular service. To combat these real and perceived barriers, Shine SA through the NSHOS aimed to provide accessible, appropriate and acceptable sexual health services to hard-to-reach and marginalised communities (such as youth, Aboriginal and Torres Strait Islander people, cultural and linguistically diverse groups, and men who have sex with men). Shine SA aimed to achieve this by providing a free service in an environment where target populations are already engaged, using a collaborative approach which fosters partnerships with other community and youth organisations.

Sexual Health Nurse/Midwife Mentoring

In 2011, I finished my SHine SA Nurses’ Certificate in Sexual Health. I was a Midwife at the Women’s and Children’s Hospital and I thought I would undertake sexual health training to ‘add on to my mid’. ‘How hard can this be?’, I thought. ‘There’s not much to this except for a few Pap smears and STI testing. Easy!’

In August, I was offered an 8-month mentored position as a Sexual Health Nurse/ Midwife in the Southern team. I was to be mentored and would work two days per week. After a comprehensive orientation by my mentor, Anne, I identified my strengths and weaknesses and set out upon designing a learning plan to support my work. This took me to working with Dr. Silvana at Breastscreen, honing my skills in professional development completed by counsellors over the last year has included a viewing of a new DVD resource produced by SHine SA, Out of Sync: Dealing with mismatched desire. This DVD was also the topic of a presentation at the 5th Sexual Dysfunction Conference in New Zealand.

Counselling services

Sexual Health Counsellors are positioned within three regional primary health care teams, North, South and East/West, and work closely with other SHine SA team members.

Recent changes to the Southern Primary Health Care Team mean that counselling is now offered at two new locations: Nearfunga GP Plus Super Clinic and Marion GP Plus. There have been a number of key sexual health issues for the counselling team to address this year, including herpes, a condition causing women pain with penetration. This counselling service aims to help patients provide a top level reason, along with strong topics of sexual health issues that affect them, including mismatched desire in relationships.

Shine SA counselling sessions are motivated by quick and easy access to_SHine’s counselling service for issues including erectile and ejaculatory concerns. Shine SA counsellors have had counselling sessions with other agency clients to address client needs and improve confidence. They have also participated in health and mental health networks. Some of the key agencies included with the inclusion of relationships Australia, Healthfirst Network, Pregnancy Advisory Centre and Uniting Care Wesley. In addition to client services, Shine SA counsellors have been active in delivering training. They have assisted SHine SA’s Workforce Development Resources team in designing training sessions such as the Nurse Consultation Skills course and an STI workshop during Sexual Health Awareness Week. Counsellors also provided tailored training for SHine SA staff and for external agencies such as the Cancer Council of SA.

Two of Shine SA’s counsellors were invited to deliver a presentation on desirability and mismatched desire at the National Conference of Sexual Educators, Researchers and Therapists (ASERT), which included a viewing of a new DVD produced by Shine SA. Out of Sync: Dealing with mismatched desire. This DVD was also the topic of a paper at the 5th Sexual Dysfuction Conference in New Zealand.

Counsellors offered sexual health consultancy to workers as well as engaging in community advocacy. A recent example was participation in an Empowering African Women Advisory Committee in collaboration with Women’s Health South Australia and Relationships Australia.

In 2011, two Sexual Health Counsellors from SHine SA developed a project in response to the lack of resources and information on the topic of mismatched desire.

The DVD follows the stories of three couples with mismatched desires as they share the steps they take to together address their concerns. It gives an insight into the range of issues and explores what helped each couple to get started, to reconnect, and feel love and hope once again. Common issues include:

- different needs
- mismatched desire
- change in sexual pleasure
- effect of a new baby on relationship
- ageing and life balance
- erectile and unusual problems

Clients from and anxious about sexual concerns or relationship difficulties can be greatly reduced following a first session with a counsellor. Counsellors can also be empowered to help each couple to get started, reconnect, and feel love and hope once again. Common issues include:

- different needs
- mismatched desire
- change in sexual pleasure
- effect of a new baby on relationship
- ageing and life balance
- erectile and unusual problems

For SHine SA counsellors, mismatched desire is a topic that can be very useful in helping clients to understand their relationships and improve communication. The DVD offers a unique and valuable resource for clients and health care professionals who work with people experiencing mismatched desire.

In summary, the SHine SA Counselling Service is committed to providing effective and compassionate support to people affected by sexual health issues. The team works closely with clients to explore their experiences and develop strategies to improve their well-being. They are dedicated to helping people to feel more confident, comfortable and satisfied in their sexual relationships, and to enhance their overall quality of life.
Organisational development

Risk Management

Risks are events that may threaten the achievement of Shine SA’s Strategic Directions. At Shine SA, risk management is about sound management to avoid adverse effects while taking advantage of development opportunities. Risks are inherent in everything we do and, in order to reduce the likelihood of adverse effects, risk need to be managed continuously and systematically. We take a preventive and proactive approach.

Risk management is based on the generic Australian/New Zealand Standards for Risk Management (AS/NZS 4360:1999) and assessed against these standards.

Shine SA’s Risk Management Committee has developed and implemented a comprehensive and efficient risk management system covering all aspects of Shine SA.

A significant system development was the review of current clinical risk management and the development of the Clinical Governance Committee. This committee was convened to manage clinical risk and ensure Shine SA provides high-quality, safe clinical services that target communities with health inequalities and poor sexual health.

Outcomes for 2011–12:

- There were no VaxxCover claims.
- There was one property damage claim related to vandalism and attempted break-in.
- There were no WorkCover claims.

In 2012–13, Shine SA is reviewing the risk management processes within the organisation and is further developing the Risk Management policy, procedures and framework.

Risk Management Committee

SHINE SA staff presentations @ conferences

Whole school approach to sexuality/relationships education: A model of best practice
Growth and Developing Healthy Relationships Conference
Perth, 12 September 2011
Jane Prenite, Coordinator, Teacher Education

Focus Schools Program: Shine SA
2011 Australasian Sexual Health Conference
Canberra, 30 September 2011
Jane Prenite, Coordinator, Teacher Education

Out of Sync: Dealing with mismatched desire
5th Sexual Dysfunction Conference: New directions for clinical applications in male and female sexual dysfunction
Queentown, New Zealand, 24–28 April 2012
Jo McNamara, Sexual Health Counsellor

Occupational Health Safety and Welfare

As the current Chairperson of the Occupational Health, Safety & Welfare Committee, I would like to take this opportunity to thank the committee members for their hard work, commitment and contributions this year.

The committee is continually working to achieve a safe and environmentally aware workplace. This year the committee reviewed staff needs and satisfaction of the Shine SA EAP service, and subsequently conducted a process to contract a new EAP provider to better meet staff needs. The committee has also worked on:

- training for frontline staff to deal with aggressive clients/situations
- improving incident report systems
- a range of policies and procedures

Reports from individual sites show that each site takes a proactive and thorough approach to workplace safety and is working hard to maintain the expected requirements.

A quarterly health and safety newsletter is produced, which receives positive feedback from staff and council members and which covers various issues such as reporting accidents, manual handling, ergonomics, eating right and flu vaccines.

The committee wishes to thank Shine SA staff for their role in maintaining a healthy and safe work environment.

Natalya

SHINE SA staff presentations @ conferences

Whole school approach to sexuality/relationships education: A model of best practice
Growth and Developing Healthy Relationships Conference
Perth, 12 September 2011
Jane Prenite, Coordinator, Teacher Education

Focus Schools Program: Shine SA
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Out of Sync: Dealing with mismatched desire
5th Sexual Dysfunction Conference: New directions for clinical applications in male and female sexual dysfunction
Queentown, New Zealand, 24–28 April 2012
Jo McNamara, Sexual Health Counsellor

Sexual Healthline statistics

In 2011–12, 1678 clients contacted the Sexual Healthline.

Mode of contact

<table>
<thead>
<tr>
<th>Mode of contact</th>
<th>Top 5 reasons</th>
</tr>
</thead>
<tbody>
<tr>
<td>Telephone</td>
<td>Contraception issue 42%</td>
</tr>
<tr>
<td>Electronic (email)</td>
<td>Sexual Health 33%</td>
</tr>
<tr>
<td>Written/Fax/Other</td>
<td>Pregnancy 2%</td>
</tr>
<tr>
<td></td>
<td>STI 2%</td>
</tr>
<tr>
<td></td>
<td>Herpes 2%</td>
</tr>
</tbody>
</table>

Type of clients

<table>
<thead>
<tr>
<th>Type of clients</th>
<th>Top 5 reasons</th>
</tr>
</thead>
<tbody>
<tr>
<td>Male</td>
<td>Contraception issue 42%</td>
</tr>
<tr>
<td>Female</td>
<td>Sexual Health 33%</td>
</tr>
<tr>
<td>Professionals</td>
<td>Pregnancy 2%</td>
</tr>
<tr>
<td></td>
<td>STI 2%</td>
</tr>
<tr>
<td></td>
<td>Herpes 2%</td>
</tr>
</tbody>
</table>

Comments and feedback

The Annual Report Committee hopes you find this report both interesting and informative. If you would like to comment on this (or any of our services), contact the Chief Executive Officer:

Shine SA
PD Box 76 Woodville SA 5011
tel: (08) 8300-5349 fax: (08) 8300-5399 email: kaisu.vartto@health.sa.gov.au

Thank you

Council, management and staff of Shine SA would like to thank:

- The Hon Mr John Hill MP, Minister for Health
- Mr David Swan, Chief Executive, Department of Health
- Dr Stephen Christley, Executive Director, Public Health & Clinical Systems and staff of the Department of Health
- management and staff of the Department of Health and Ageing
- the many state and federal politicians who support Shine SA
- the many organisations and individuals with whom we work in partnership to improve the sexual health of the South Australian community
- the South Australian community
INDEPENDENT AUDITOR'S REPORT

SHine SA Inc.

We have audited the accompanying financial report of SHine SA Inc., which comprises the Balance Sheet as at 30 June 2012, and the Income Expenditure Statement and summary of significant accounting policies and other explanatory notes.

The Responsibility of SHine SA Inc. for the Financial Report

SHine SA Inc. are responsible for the preparation and fair presentation of the financial report in accordance with Australian Accounting Standards (including the Australian Accounting Interpretations). This responsibility includes designing, implementing and maintaining internal control relevant to the preparation and fair presentation of the financial report that is free from material misstatement, whether due to fraud or error; selecting and applying appropriate accounting policies; and making accounting estimates that are reasonable in the circumstances.

Auditor's responsibility

Our responsibility is to express an opinion on the financial report based on my audit. We conducted my audit in accordance with Australian Auditing Standards. These Auditing Standards require that we comply with relevant ethical requirements relating to audit engagements and plan and perform the audit to obtain reasonable assurance whether the financial report is free from material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the financial report. The procedures selected depend on the auditor's judgement, including the assessment of the risks of material misstatement of the financial report, whether due to fraud or error. In making those risk assessments, the auditor considers internal control relevant to the entity's preparation and fair presentation of the financial report in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion of the effectiveness of the entity's internal control. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of accounting estimates made by SHine SA Inc. as well as evaluating the overall presentation of the financial report.
We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for my audit opinion.

Auditor's Opinion

In our opinion, the financial report presents fairly, in all material respects, the financial position of SHine SA Inc. as of 30 June 2012, and of its financial performance and its cash flows for the year then ended in accordance with Australian Accounting Standards (including the Australian Accounting Interpretations).

........................................

Peter Hall Chartered Accountant

Dated 24th September 2012.
SHine SA Inc.
FINANCIAL REPORT
FOR THE YEAR ENDED 30 JUNE 2012

BOARD REPORT
The Board members submit the financial report of the SHine SA Inc. for the financial year ended 30 June 2012.

The name of the Board members at the date of this report are:

Ms Angela Lawless
Ms Chris Horsell
Ms Cara Tahney
Dr Kylie O’Connell
Mr Philip Jackson
Ms Peta Smith
Ms Barbara Power
Mr Julian Roffe

In accordance with Section 35(5) of the Associations Incorporations Act 1985, the Board of the SHine SA Inc. hereby states that during the financial year ended 30 June 2012:

(a) (i) No officer of the association;
(ii) No firm of which the officer is a member;
(iii) No body corporate in which an officer has a substantial financial interest;

Has received or become entitled to receive a benefit as a result of a contract between the officer, firm or body corporate and the association.

(b) No officer of the association has received directly or indirectly from the association any payment or other benefit of a pecuniary value.

This report is made in accordance with a resolution of the Board and is signed for and on behalf of the Board by:

[Signature]
BOARD MEMBER

Dated this 24th day of July 2012
SHine SA Inc.
FINANCIAL REPORT
FOR THE YEAR ENDED 30 JUNE 2012.

STATEMENT BY MEMBERS OF THE BOARD OF MANAGEMENT

The Board have determined that the association is not a reporting entity.

The Board have determined that this special purpose financial report should be prepared in accordance with the accounting policies outlined in Note 1 to the financial report.

In the opinion of the Board, the financial report:

1. Presents fairly position of the SHine SA Inc. for the year ended 30th June 2012 and its performance for the year ended on that date.

2. At the date of this statement, there are reasonable grounds to believe that the SHine SA Inc. will be able to pay its debts as and when they fall due.

This statement is made in accordance with a resolution of the Board and is signed for and on behalf of the Board by:

[Signatures]

BOARD MEMBER

Dated this 24th day of September 2012
SHine SA Inc.
STATEMENT OF INCOME AND EXPENDITURE
FOR THE YEAR ENDED 30TH JUNE 2012

<table>
<thead>
<tr>
<th></th>
<th>2012</th>
<th>2011</th>
</tr>
</thead>
<tbody>
<tr>
<td>Note 5</td>
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<tr>
<td>GRANT INCOME</td>
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<tr>
<td>DHH &amp; CS Commonwealth</td>
<td>1,926,600</td>
<td>1,926,600</td>
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<tr>
<td>Department of Health State Funding</td>
<td>2,690,405</td>
<td>2,589,400</td>
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<td>Focus School Expansion</td>
<td>255,216</td>
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<td>Close the Gap National Partnership</td>
<td>800,000</td>
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<td>IECD National Partnership</td>
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<td>Northern Clinic Expansion</td>
<td>65,000</td>
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<tr>
<td></td>
<td>5,812,221</td>
<td>5,708,100</td>
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<tr>
<td>OPERATING INCOME</td>
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<tr>
<td>Gross Profit (Loss) from Trading &amp; Sale of Clinic Supplies</td>
<td>3</td>
<td>(5,680)</td>
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<tr>
<td>Library &amp; Resource Sales</td>
<td>16,793</td>
<td>10,353</td>
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<tr>
<td>Training Courses</td>
<td>77,390</td>
<td>80,337</td>
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<td>Clinic Appointments</td>
<td>30,793</td>
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<tr>
<td>Lecture Fees</td>
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<td>12,930</td>
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<td>Association Membership</td>
<td>330</td>
<td>30</td>
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<td>Resource Centre Membership</td>
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<td>7,727</td>
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<td>Donations</td>
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<td>214</td>
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<td>Bank Interest</td>
<td>195,182</td>
<td>177,081</td>
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<tr>
<td>Gain on Sale of Fixed Assets</td>
<td>-</td>
<td>11,833</td>
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<td>Other Receipts</td>
<td>164,198</td>
<td>149,218</td>
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<tr>
<td>Transfer from Provisions</td>
<td>-</td>
<td>52,178</td>
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<td></td>
<td>489,128</td>
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<tr>
<td>TOTAL INCOME</td>
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<td>6,244,313</td>
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EXPENDITURE

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<td>SALARIES AND WAGES</td>
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<td>Base Salaries and Allowances</td>
<td>4,247,869</td>
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<td>FPSA Voluntary Superannuation</td>
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<td>Superannuation Guarantee</td>
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<td>374,009</td>
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<td>Workers Compensation Premiums</td>
<td>77,285</td>
<td>91,533</td>
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<td></td>
<td>4,710,835</td>
<td>4,516,760</td>
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<tr>
<td>Note</td>
<td>2012</td>
<td>2011</td>
</tr>
<tr>
<td>----------------------------------------------------------------------</td>
<td>--------</td>
<td>--------</td>
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<tr>
<td><strong>GOODS AND SERVICES</strong></td>
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<td>$</td>
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<td>Accounting Fees</td>
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<td>11,650</td>
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<td>Accreditation</td>
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<td>409</td>
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<td>Activity and Appointment Software</td>
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<td>Advertising and Promotions</td>
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<td>655</td>
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<td>Auditors Remuneration</td>
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<td>11,100</td>
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<td>Bank Fees</td>
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<td>2,910</td>
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<td>83,684</td>
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<td>Clinical Governance</td>
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<td>Consultants Fees</td>
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<td>Health Literacy Ex</td>
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<td>7,500</td>
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<td>Information Technology</td>
<td>(29,597)</td>
<td>110,718</td>
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<td>Insurance Premiums</td>
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<td>26,900</td>
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<td>Library Books for SHine SA</td>
<td>10,923</td>
<td>11,923</td>
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<td>Licences</td>
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<td>1,437</td>
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<td>Light and Power</td>
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<td>54,170</td>
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<td>Media Monitoring</td>
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<td>Minor Equipment Purchases</td>
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<td>Motor Vehicle Operating Expenses</td>
<td>63,990</td>
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<td>Northern Clinic Expansion</td>
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<td>65,000</td>
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<td>O H &amp; Safety</td>
<td>8,973</td>
<td>6,628</td>
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<td>Office Admin Expense</td>
<td>12,100</td>
<td>24,852</td>
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<td>Postage and Freight</td>
<td>14,419</td>
<td>15,865</td>
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<td>Printing and Stationery</td>
<td>50,570</td>
<td>49,312</td>
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<td>Program Expenses</td>
<td>208,446</td>
<td>354,007</td>
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<td>Program Project Management</td>
<td>4,800</td>
<td>6,125</td>
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<tr>
<td>Provision for Annual Leave</td>
<td>(32,964)</td>
<td>(3,670)</td>
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<tr>
<td>Provision for Capital Asset Replacement</td>
<td>-</td>
<td>52,178</td>
</tr>
<tr>
<td>Provision for Long Service Leave</td>
<td>20,079</td>
<td>(6,272)</td>
</tr>
<tr>
<td>Provision for Sick Leave</td>
<td>2,312</td>
<td>1,390</td>
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<td>Rates - Council &amp; Water</td>
<td>22,726</td>
<td>20,587</td>
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<td>Records Management</td>
<td>6,300</td>
<td>6,884</td>
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<td>Rent - Regional Facilities</td>
<td>44,387</td>
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<td>Repair &amp; Maintenance</td>
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<td>67,035</td>
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<td>Resources</td>
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<td>8,991</td>
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<td>Sexual Health Awareness</td>
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<td>25,000</td>
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<td>Staff Development</td>
<td>21,050</td>
<td>19,132</td>
</tr>
<tr>
<td>Note</td>
<td>2012</td>
<td>2011</td>
</tr>
<tr>
<td>-------------------------------------------</td>
<td>-------</td>
<td>-------</td>
</tr>
<tr>
<td>$</td>
<td>$</td>
<td>$</td>
</tr>
<tr>
<td><strong>GOODS AND SERVICES (continued)</strong></td>
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<td></td>
</tr>
<tr>
<td>Staff Recruitment</td>
<td>4,355</td>
<td>5,666</td>
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<td>Sterilisation Costs</td>
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<td>10,457</td>
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<td>Subscriptions</td>
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<td>19,809</td>
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<td>Sundries</td>
<td>3,157</td>
<td>1,845</td>
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<td>Team Resources</td>
<td>20,539</td>
<td>29,257</td>
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<td>Telephone Charges</td>
<td>53,251</td>
<td>43,101</td>
</tr>
<tr>
<td>Translating &amp; Interpreting</td>
<td>30,306</td>
<td>24,024</td>
</tr>
<tr>
<td>Travelling</td>
<td>90,638</td>
<td>86,783</td>
</tr>
<tr>
<td>Venue Hire</td>
<td>515</td>
<td>973</td>
</tr>
<tr>
<td>Youth Advisory Team</td>
<td>13,621</td>
<td>11,173</td>
</tr>
<tr>
<td>Website Development Social Media</td>
<td>100,000</td>
<td>-</td>
</tr>
<tr>
<td><strong>TOTAL EXPENDITURE</strong></td>
<td>1,583,109</td>
<td>1,723,523</td>
</tr>
<tr>
<td><strong>NET OPERATING SURPLUS/(DEFICIT)</strong></td>
<td>6,293,944</td>
<td>6,240,283</td>
</tr>
<tr>
<td>FOR THE YEAR</td>
<td></td>
<td></td>
</tr>
<tr>
<td>TRANSFER TO RESERVES</td>
<td>7,405</td>
<td>4,030</td>
</tr>
<tr>
<td><strong>SURPLUS/(LOSS) FOR THE YEAR</strong></td>
<td>7,405</td>
<td>4,030</td>
</tr>
</tbody>
</table>
## SHine SA Inc.
**BALANCE SHEET AS AT 30TH JUNE 2012**

### Note 2012 | 2011
---|---
**CURRENT ASSETS** |  |  |
Petty Cash Funds | 4,250 | 7,250 |
Cash at Bank | 3,456,685 | 3,371,353 |
Sundry Debtors & Accrued Income | 132,473 | 80,364 |
Inventories | 23,047 | 18,852 |
**TOTAL CURRENT ASSETS** | 3,616,455 | 3,477,819 |
**NON-CURRENT ASSETS** |  |  |
Furniture and Equipment (At Cost) | 435,001 | 418,413 |
Less Accumulated Depreciation | 276,205 | 240,269 |
| 158,796 | 178,144 |
Motor Vehicles (At Cost) | 228,304 | 228,304 |
Less Accumulated Depreciation | 93,764 | 54,704 |
| 134,540 | 173,600 |
Telephone System (At Cost) | 61,707 | 61,707 |
Less Accumulated Depreciation | 39,695 | 34,192 |
| 22,012 | 27,515 |
Buildings (At Cost) | 4,099,033 | 4,099,033 |
Less Accumulated Depreciation | 446,595 | 372,094 |
| 3,652,438 | 3,726,939 |
Land (At Cost) | 732,721 | 732,721 |
Leasehold Improvements | 134,417 | 134,417 |
Less Accumulated Depreciation | 36,427 | 25,539 |
| 830,711 | 841,599 |
**TOTAL NON CURRENT ASSETS** | 4,798,497 | 4,947,797 |
**TOTAL ASSETS** | 8,414,952 | 8,425,616 |

### CURRENT LIABILITIES

| Description | 2012 | 2011 |
---|---|---|
Income Received in Advance | 13,867 | 1,355 |
Sundry Creditors and Accruals | 416,621 | 548,558 |
Special Project Funding | 963,527 | 851,598 |
Provision for Annual Leave | 236,930 | 269,894 |
Provision for Long Service Leave | 330,068 | 309,989 |
Provision for Personal Leave | 36,865 | 34,553 |
Provision for Capital Replacement | 234,284 | 234,284 |
**TOTAL CURRENT LIABILITIES** | 2,232,162 | 2,250,231 |

### TOTAL LIABILITIES

| Description | 2012 | 2011 |
---|---|---|
**TOTAL LIABILITIES** | 2,232,162 | 2,250,231 |

### NET ASSETS

| Description | 2012 | 2011 |
---|---|---|
**NET ASSETS** | 6,182,790 | 6,175,385 |
SHine SA Inc.
BALANCE SHEET AS AT 30TH JUNE 2012

Represented by:

<table>
<thead>
<tr>
<th>Note</th>
<th>2012</th>
<th>2011</th>
</tr>
</thead>
<tbody>
<tr>
<td>ACCUMULATED FUNDS</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Accumulated Funds B/Fwd(excluding Reserves)</td>
<td>6,175,385</td>
<td>6,171,355</td>
</tr>
<tr>
<td>Current Year Surplus/ (Deficit)</td>
<td>7,405</td>
<td>4,030</td>
</tr>
<tr>
<td>TOTAL ACCUMULATED FUNDS</td>
<td>6,182,790</td>
<td>6,175,385</td>
</tr>
</tbody>
</table>
SHine SA Inc.

NOTES TO AND FORMING PART OF THE FINANCIAL STATEMENTS

Note 1: Summary of Significant Accounting Policies

The Association is not a reporting entity because in the Council's opinion, there is unlikely to exist users who are unable to command the preparation of reports tailored so as to satisfy specifically all of their information needs and these Financial Statements are therefore "Special Purpose Financial Reports" that have been prepared solely to fulfil the requirements of the constitution of the Association.

The Association has applied the provisions of Miscellaneous Professional Statement APS 1 "Conformity with Statements of Accounting Concepts and Accounting Standards" relevant to Special Purpose Financial Reports. On this basis no Accounting Standards are applicable. Accounting Standards have only been applied to the extent that they coincide with the accounting policies set out below.

(a) Basis of Accounting
   The accounts have been prepared on the basis of historical costs and except where stated do not take into account current valuations of non-current assets.

(b) Depreciation of Plant, Equipment and Buildings
   Depreciation is calculated on a diminishing value basis so as to write off the cost of each depreciable non-current asset over its expected useful life.

(c) Income Tax
   The Association is a non-profit organisation and is exempt from income tax pursuant to Section 23(ea) of the Income Tax Assessment Act.

(d) Going Concern
   The financial report is prepared on a going concern basis, which is dependent on adequate and continued funding from Government Departments.

(e) Inventories
   Inventories are valued at the lower of cost and net realisable value. Costs are assigned on an average basis.
SHine SA Inc.
NOTES TO AND FORMING PART OF THE FINANCIAL STATEMENTS

(f) **Employee**

Long Service leave and annual leave provisions are accrued on the basis of legal liabilities and are at current wage rates. The Personal Leave provision is recorded at 10% of entitlement.

**Note 2: Special Projects - Closing Balances**

<table>
<thead>
<tr>
<th>Project Description</th>
<th>2012</th>
<th>2011</th>
</tr>
</thead>
<tbody>
<tr>
<td>Access to Emergency Contraception</td>
<td>10,000</td>
<td>10,000</td>
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<tr>
<td>Activity and Appointment Software</td>
<td>100,000</td>
<td>-</td>
</tr>
<tr>
<td>Addressing Violence Alliance</td>
<td>-</td>
<td>3,085</td>
</tr>
<tr>
<td>ATSI Cultural Awareness Program</td>
<td>4,000</td>
<td>4,000</td>
</tr>
<tr>
<td>Clinical Services Projects</td>
<td>35,526</td>
<td>51,526</td>
</tr>
<tr>
<td>Clinical Governance</td>
<td>25,000</td>
<td>-</td>
</tr>
<tr>
<td>Design Support</td>
<td>11,028</td>
<td>15,000</td>
</tr>
<tr>
<td>Disability Project</td>
<td>38,783</td>
<td>98,897</td>
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<tr>
<td>Disability Teachers, Resources</td>
<td>15,295</td>
<td>15,295</td>
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<tr>
<td>Future Fund</td>
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<td>-</td>
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<tr>
<td>General Relocation</td>
<td>101,576</td>
<td>109,790</td>
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<tr>
<td>Green at work</td>
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<td>4,897</td>
</tr>
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<td>History of Shine SA</td>
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<td>20,504</td>
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<tr>
<td>HIV Cluster Project</td>
<td>56,450</td>
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<tr>
<td>Impact Evaluation Share/Focus</td>
<td>6,364</td>
<td>20,000</td>
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<td>International Students Resource</td>
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<td>25,000</td>
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<td>IUD Training Clinic</td>
<td>7</td>
<td>2,885</td>
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<td>Knowledge Exchange Grant</td>
<td>1,256</td>
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<tr>
<td>National Indigenous Sex Health</td>
<td>60,239</td>
<td>57,739</td>
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<td>Nurses Network</td>
<td>1,484</td>
<td>1,618</td>
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<td>Northern Clinic Expansion</td>
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<td>Northern Outreach Program</td>
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<td>NXT Training</td>
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<td>On-Line Training</td>
<td>38,931</td>
<td>40,000</td>
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<td>Parkstone Project</td>
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<td>QIC Internal Assessment</td>
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<td>37,688</td>
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<td>Safe School Coalition SA</td>
<td>9,968</td>
<td>10,000</td>
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<td>Sexual Coercion</td>
<td>20,259</td>
<td>20,259</td>
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<td>Sexual Health Awareness Week</td>
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<td>Sexual Health Counselling DVD</td>
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<td>Sexual Health Nurse Mentoring</td>
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<td>63,323</td>
</tr>
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<td>Shine SA Services DVD</td>
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<td>6,732</td>
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<tr>
<td>Special Skills Post</td>
<td>3,119</td>
<td>-</td>
</tr>
<tr>
<td>Website Development Social Media</td>
<td>100,000</td>
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<td>Women's Peer Ed - CALD</td>
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<tr>
<td>Womens Prison Health Services</td>
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<td>1,044</td>
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<tr>
<td>Young Pregnant &amp; Parenting Teens</td>
<td>63,110</td>
<td>75,000</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td>963,527</td>
<td>851,598</td>
</tr>
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## Note 3: Trading Accounts for the year ended 30th June 2012

<table>
<thead>
<tr>
<th>Description</th>
<th>2012</th>
<th>2011</th>
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</thead>
<tbody>
<tr>
<td>Sale of Clinic Supplies</td>
<td>$10,399</td>
<td>$9,601</td>
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<tr>
<td>Opening Inventory</td>
<td>$18,852</td>
<td>$16,807</td>
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<tr>
<td>Plus Purchases</td>
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<tr>
<td>Less Closing Inventory</td>
<td>$23,047</td>
<td>$18,852</td>
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<tr>
<td>Cost of Goods Sold</td>
<td>$16,079</td>
<td>$20,054</td>
</tr>
<tr>
<td><strong>Gross Profit (Loss) on Sales</strong></td>
<td><strong>$(5,680)</strong></td>
<td><strong>$(10,453)</strong></td>
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</table>