



GENDER WELLBEING SERVICE

Families in Transition

Information for Parents and Carers of Trans and Gender Diverse Young People

Who are these information sessions for?

Parents and carers of trans, gender diverse, and questioning (TGD) young people between 12-25 years.

What will we cover?

In a two-hour session, lived experience workers will discuss:

- Gender and gender identities
- Gender affirmation options (social, physical, medical, and legal)
- Navigating systems (health care, school, sport)
- Building resilience and navigating challenges as a family
- Supporting the wellbeing of TGD young people

There will also be opportunities for question and answers and connections to additional resources.

Face-to-Face Session

COST: FREE **WHEN:** Wednesday 31 August 2022 6:00pm - 8:00 pm

WHERE: SHINE SA Hyde Street Practice, 57 Hyde Street, Adelaide

Due to COVID-19 restrictions we ask that one adult per family attend.

Online Session

COST: FREE **WHEN:** Thursday 8 September 2022 6:00pm - 8:00 pm

WHERE: Online via Teams

Want to register or find out more?

Contact the Gender Wellbeing Service: genderwellbeingservice@shinesa.org.au

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