

**FAMILY PLANNING ASSOCIATION
OF SOUTH AUSTRALIA INC.**

7th Annual Report

for the year ended 30th. June, 1977





FAMILY PLANNING AT THE CROSSROADS

Go to the people
live among them
learn from them
love them
start with what they know
build on what they have:
but of the best leaders
when their task is accomplished
their work is done
the people all remark.
"We have done it ourselves".

- old Chinese saying

OUTLYING CLINIC SERVICES

NORTHERN REGION

ELIZABETH	Lyell McEwin Hospital
SALISBURY	Women's Rest Centre
ST. AGNES	St. Agnes Medical Centre
INGLE FARM	Ingle Farm Community Health Centre

SOUTH & WEST REGION

UNLEY	M.B.H.A.
FLINDERS MEDICAL CENTRE	
FERRYDEN PARK	Ferryden Park Pre School Centre
PT. ADELAIDE	Central Methodist Mission
NTH. ADELAIDE	Adelaide Children's Hospital

FAMILY PLANNING ASSOCIATION OF SOUTH AUSTRALIA

17 PHILLIPS STREET, KENSINGTON

PATRON

SIR DOUGLAS NICHOLLS

COUNCIL MEMBERS

1976 - 1977

OFFICE BEARERS

President	Dr. Mary Walker
Vice Presidents	Professor L.Cox
	Dr. K.Ball
Hon. Secretary	Mrs. Janet Browning
Hon. Treasurer	Mrs. Margaret Hope

ORDINARY MEMBERS

Chairman of Council	Dr. Olive Johnston
Mrs. Jill Blewett	Miss Anne Levy M.L.C.
Mrs. Patricia Bockner	Dr. M.Martin
Mrs. Ione Brown	Mrs. D.Morris
Dr. Kerrie Davies	Miss Judy Porter
Dr. P.Hoopmann	Mr. F.Webster
Professor W.Jones	Dr. P.Woodruff (Government nominee)

SUMMARY OF ACTIVITIES

This year has perhaps been the most significant year for this Association since its inception in 1970. Three new houses have been renovated and have been in use since April 1977. This means that the Association now owns a block of five houses, including a training centre, an administration centre, a resource centre and library and two clinic buildings.

Another important step was the appointment of a Director, who took up his post in June 1977. Considering the rate of growth of the organization the Council realized that it was essential to have a senior officer to co-ordinate and plan all the activities of the Association.

Staff increases have been kept to a minimum, and the Council is proud of the way in which they have met the demand for continuing increases in all the services. It has been particularly pleasing to see the increase in training programmes. Nurses in a number of fields of health care, have completed courses, and staff from health and welfare departments have had orientation seminars and workshops, and lecture courses have been continued in six hospitals in the metropolitan area.

The first full training course for doctors was held in October 1976 and the second in March 1977, and the Association has been approached by the Pharmaceutical Society of South Australia requesting training programmes for pharmacists. This approach was most gratifying for the Association and the first course is planned for October 1977.

The association continues to provide a service in six country centres with community educators, all of whom are trained nurses and live in the areas in which they work. This system appears to be providing a more satisfactory service than the clinics that were previously established in three of these towns.

Education programmes have expanded in all areas, and during this year have included both the physically and mentally handicapped. Members of the staff are included as resource people in the training of teachers for the Health Education courses within the State Education Department and our films and literature have been used widely in all the courses.

Since the opening of the Resource Centre, which provides us with shop windows, there has been a significant increase in the sale of books. More students undertaking school projects in family planning are using these new facilities.

Medical students continue to undertake electives with the Association and there have been three social work students, one from Flinders University and two from the Institute of Technology doing their placements under the supervision of our Social Worker.

One of the future aims of the Association is to concentrate on communication and training rather than clinic services, and to encourage many more pharmacists and doctors to undertake family planning programmes, thus spreading services more widely in the community.

All health and welfare organizations are concerned by the difficulty in reaching the disadvantaged people in the community. These are the people who have the greatest need for our services

but are rarely motivated to attend clinics of any kind. Although our domiciliary nurses are reaching some of these people, it is only a small percentage of those in need, and the Association plans to explore ways of making family planning services more easily available and acceptable.

Apart from small research projects undertaken by University students, there has been no real evaluation of our services, but, following the appointment of the Director, it is planned that continuous evaluation will be instituted.

TRAINING

DOCTOR'S TRAINING

This has been the first year in which courses in family planning for doctors have been held. The first course for 21 participants was held at the end of October 1976. In March 1977 another course was held with ten participants.

The lectures were of a high standard and the group discussions and role playing provided maximum involvement for all concerned.

Several of the participants followed up the courses with attendance at clinic sessions and have applied for the Certificate in family planning on our recommendation. Several new doctors from these courses have joined our clinic staff.

NURSES TRAINING

During the year the following courses were held:-

- three basic family planning nurses' training courses with 20 participants in each including five interstate and country nurses,
- three training courses for community health nurses with a total of 52 participants,
- two training programmes for infant welfare nurses with 12 participants for each course,
- one orientation in family planning for 12 nurse educators,
- one orientation in family planning for 10 occupational health nurses.

Also, two representatives from both the A.C.T. and Victoria have attended a short clinical training course in delegation nursing.

COMMUNITY EDUCATORS

There have been two training programmes each of 40 hours duration over an eight week period, with a total of 50 participants.

IN-SERVICE TRAINING

AFFPA arranged a Seminar in April for instructing doctors from all states and four South Australian doctors attended.

Following the seminar, a Sunday meeting run by Dr. Bill Piggott was organized for all our instructing doctors. This meeting resulted in the preparation of a set of guidelines for training clinics and the detailing of different assessment methods.

All nurses employed by the Association have continued with in-service training. Some nurses working in the clinics who have the required one year of family planning experience have undertaken a delegation training course.

In May, a three-day in-service training course was attended by all community educators from both headquarters and the country. Monthly in-service programmes have continued for education staff based at headquarters.

SEMINARS - WORKSHOPS

Under the auspices of the State Co-ordinating Committee for Family Planning Education, the Association conducted seminars and workshops covering topics such as Current Trends in Family Planning, Family Planning and the Law, Psycho-sexual Counselling and Change of Life.

FAMILY PLANNING ASSOCIATION (S.A.) INCORPORATED

RECEIPTS AND PAYMENTS FOR YEAR ENDED 30TH JUNE, 1977

<u>30/6/76</u>	<u>RECEIPTS</u>	<u>30/6/77</u>	<u>30/6/76</u>	<u>PAYMENTS (Continued)</u>	<u>30/6/77</u>
	<u>GOVERNMENT GRANTS</u>			<u>Brought Forward:</u>	<u>31,341</u>
112,500	State Government of South Australia	124,000	25,492		
-	Special Grant to complete buildings	14,500		<u>NEW PROPERTIES</u>	
12,937	State Co-ordinating Committee for Family Planning Education - Commonwealth Government Health Program Grants	-	29,458	Renovations	53,070
			5,405	Architects' Fees	3,232
			91	Other Costs	457
123,318	Department of Social Security	-	34,954		56,759
-	Department of Health - Clinical	252,746		<u>CLINIC AND DOMICILIARY SERVICE</u>	
58,619	Department of Health - Non Clinical	72,533	144,828	Salaries	214,712
18,550	A.F.F.P.A.	4,638	1,654	Travelling Expenses	2,072
3,149	Community Educators' Course	-	41,919	Contraceptives for Resale	60,386
4,500	Domiciliary Grant	-	960	I.M.V.S. - Pregnancy Testing	1,205
			3,444	Clinic Consumable Supplies	3,545
333,573		468,417	2,716	Instruments, Clinic Equipment	14,889
	<u>REVENUE FROM CLINIC SERVICE</u>		966	Insurance - Treatment Risk	1,669
9,155	Clinic Membership Fees	7,580	10,349	Purchase Motor Vehicles	2,372
19,836	Consultation Fees	54,162	1,823	Motor Vehicle Expenses	5,679
47,986	Sale of Contraceptives	64,291	1,227	Laundry, Uniform Allowance	1,926
-	Pregnancy Testing	714	209,886		308,455
76,977		126,747		<u>SERVICE SUPPORTING CLINIC SERVICE</u>	
	<u>OTHER REVENUE</u>			Salaries	24,341
2,073	Donations	1,747	-		24,341
178	Associate Member Subscription	136		<u>EDUCATION, INFORMATION AND CONFERENCE COSTS</u>	
3,998	Sale of Literature	3,004		Salaries	45,339
340	Seminar Fees	2,552	31,953	Travelling Expenses and Accommodation	2,962
-	IUCD Trial Fees	600	1,881	Films and Books	2,166
-	Reimbursement of Building and Equipment Costs	32,598	423	Leaflets, Posters, Advertising	5,390
	<u>Reimbursement of Expenses</u>		6,394	Books, Literature for Resale	3,199
-	Seminars, Training Staff	110	5,872	New Equipment	1,348
-	Travelling	354	1,058	Training Staff, Seminars and Clinic Information	3,956
119	Sale of Equipment	197	5,435		64,360
-	Newsletter Subscription	25		<u>ADMINISTRATION</u>	
-	Option Fee on Property Purchased	50	53,016	Salaries	24,363
46	Sundries	26		Postage, Telephone and Stationery	11,263
3,312	Bank Interest	5,162		Insurance - General	2,193
10,066		46,561		Audit Fees	750
	<u>THE FUND FOR ABORIGINAL WOMEN</u>			Medibank Refunds	23
1,977	Reimbursement of Expenses paid on behalf of the Fund for Aboriginal Women			Staff Expenses	758
	<u>OPENING CASH AND BANK BALANCES</u>			Payroll Tax	14,930
10,137	Commonwealth Savings Bank of Australia	42,868	271	Freight and Cartage	253
370	Petty Cash and Clinic Floats	420	457	Rates and Taxes	1,077
10,507		43,288	18	Sundry Expenses	198
			1,816	Superannuation Fund	6,232
\$433,100		\$685,013	28	Subscriptions	-
	<u>PAYMENTS</u>			Director's Relocation Expenses	988
9,424	Property Renovations and Maintenance	6,954	58,504		63,018
8,188	New Office Equipment and Furniture	12,924		<u>THE FUND FOR ABORIGINAL WOMEN</u>	
999	Rental - Outlying Clinics	1,030	7,960	Expenses paid on behalf of the Fund for Aboriginal Women	
6,378	Lighting, Heating and Cleaning	9,832		<u>CLOSING CASH AND BANK BALANCES</u>	
503	Equipment Maintenance	601	42,868	Commonwealth Savings Bank of Australia	136,109
			420	Petty Cash and Clinic Floats	630
25,492	<u>Carried Forward:</u>	31,341	43,288		136,739
			\$433,100		\$685,013

FAMILY PLANNING ASSOCIATION (S.A.) INCORPORATED

FUND FOR ABORIGINAL WOMEN

RECEIPTS AND PAYMENTS FOR YEAR ENDED 30TH JUNE, 1977

<u>30/6/76</u>		<u>30/6/77</u>
	<u>RECEIPTS</u>	
1,290	Government Grant	-
1,600	Sale of Motor Vehicle	-
13	Bank Interest	59
1,000	Funds from Family Planning Association	-
	Opening Bank Balance - Bank of New South Wales Savings Bank Ltd.	<u>1,680</u>
<u>173</u>		<u>1,739</u>
4,076		
	<u>Deduct:-</u>	
	<u>PAYMENTS</u>	
1,050	Salaries of Sisters	-
163	Telephone Installation	-
321	Motor Vehicle Expenses and Travelling	-
41	Sundry Expenditure	-
175	Film	-
<u>646</u>	Purchase of Film Projector	-
<u>2,396</u>		-
<u>\$1,680</u>	<u>CLOSING BANK BALANCE</u>	<u>\$1,739</u>

STATEMENT BY THE COUNCIL

The attached Statements of Receipts and Payments of the Family Planning Association (S.A.) Incorporated and the Fund for Aboriginal Women are, in our opinion, properly drawn up so as to exhibit a true and fair view of the transactions for the year ended 30th June, 1977. These statements exclude capital expenditure incurred on behalf of the Association by the Department of Public Health pursuant to a specific grant.

DATED at ADELAIDE this 27th day of September 1977.

On behalf of the Council

Elizabeth H. Hegan
.....
Olivia Johnston
.....

AUDITOR'S REPORT

The books and accounts of Family Planning Association (S.A.) Incorporated and the Fund for Aboriginal Women have been examined by us and all information and explanations required have been obtained. In our opinion, the Statement of Receipts and Payments are properly drawn up so as to exhibit a true and fair view of the transactions for the year ended 30th June, 1977, excluding capital expenditure incurred on behalf of the Association by the Department of Public Health pursuant to a specific grant.

Peat Marwick Mitchell & Co

PEAT, MARWICK, MITCHELL & CO.
Chartered Accountants

ADELAIDE

27th September 1977

TREASURER'S REPORT

The Federal Government continued to provide a Health Program Grant during the year ended 30th June, 1977, although this year it was divided into funds for clinical and non-clinical services.

With the changes to the Medibank scheme from 1st October 1976, fees were reintroduced for privately insured clients, however charges for those who were covered by Medibank or those classed as "unbillable" were met by the Health Program Grant.

The South Australian Government continued its generous support and made available an additional grant for capital works which enabled us to complete the renovations and landscaping of the entire property.

Once again staff increases were minimal and the increases in salaries and other expenses were largely a result of inflation.

The apparently large closing bank balance shown, results from the inclusion in the accounts of accumulated funds from previous capital grants. A large part of this money was already committed at the end of the financial year.

CLINICAL SERVICES

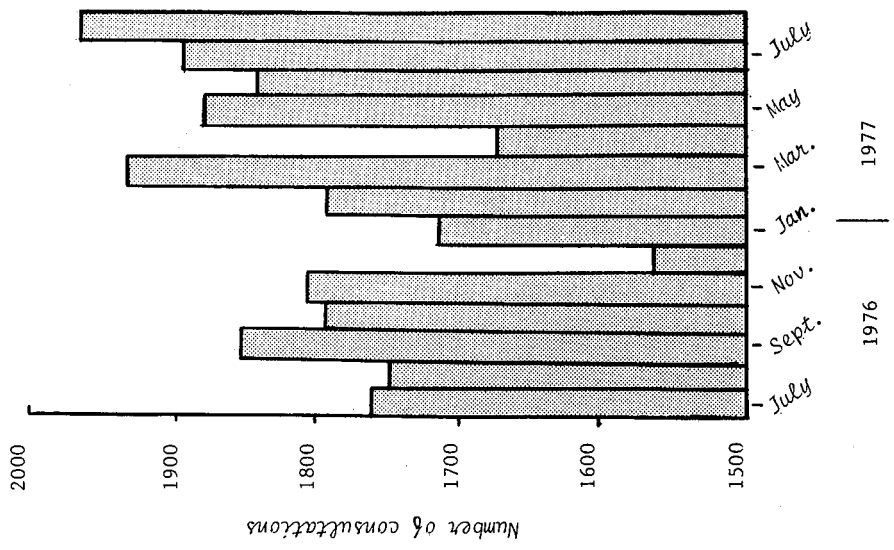
With the completion of renovations, clinic facilities have been increased, enabling our second clinic to be used primarily for weekly I.U.C.D. sessions. Installation of a large autoclave in this building has enabled sterilization of equipment for all clinics to be carried out at headquarters.

While clinics at headquarters still continue to attract the largest number of clients, numbers at outlying clinics have also increased during the year. Because the facilities were not adequate for the increasing demands for services, the Seacombe Gardens clinic was transferred to Flinders Medical Centre. An extra morning session has been added at the Lyell McEwin Hospital, Elizabeth.

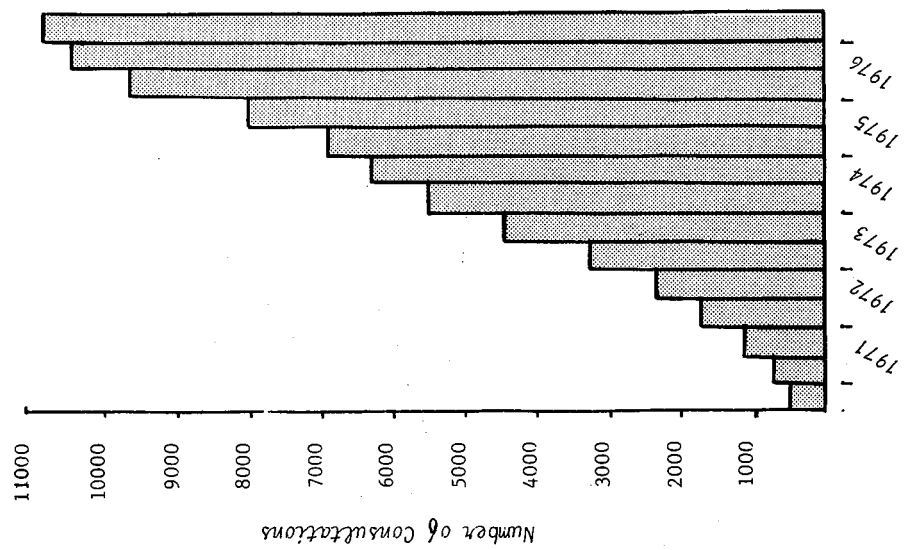
Referrals for the domiciliary service have continued to grow though the staff remains the same. We employ two full-time trained nurses, one in Elizabeth and the other in the Port Adelaide - Ferryden Park area. Two half-time trained nurses work in the Southern Area and an Aboriginal Health worker provides a service, both clinical and educational, among her own people. Between them during the year they have visited 473 of the clients referred, and brought 288 of these to the clinics for a first visit. They have made 4,309 home visits and travelled approximately 80,000 km.

The Association has sent two trained nurses to attend a six month certificate course in Community Health Nursing offered by the Hospitals Dept. and Dept. of Public Health.

CLIENT CONSULTATIONS 1976-77



TOTAL SIX-MONTHLY CONSULTATIONS



INFORMATION/EDUCATION

The two outstanding events of the year have been firstly, the film "Misconceptions" which became available in June and has been widely used in education programmes. This family planning motivational film was made by the S.A.Film Corporation with funds granted by the Federal Government and is aimed at affecting the behaviour of young people of both sexes. Copies have been distributed to all State F.P.A.'s and the S.A.F.C. Library.

Secondly, the Association celebrated the fiftieth anniversary of family planning services in Australia, and the opening of the new premises by the Hon. D.Dunstan, by observing a family planning week in April.

The aim was to raise the community's awareness of the benefits of planned parenthood and the family planning services available.

The media coverage of the week's events were excellent and resulted in considerable publicity of great variety which enabled us to achieve our aims.

Information services have been provided by the use of full-standing display boards in shopping and recreational centres, foyers of public buildings and educational institutions.

Leaflets and posters are widely distributed through educational, health and welfare agencies and posters are in suburban buses and trains.

There has been participation in some radio and television interview programmes.

EDUCATION PROGRAMMES

Students attending secondary schools continue to be the largest group for whom family planning education programmes are provided and the requests for programmes continue to increase.

Young school leavers have been reached through clubs, service organisations, correctional institutions and factories.

Programmes have been provided for tertiary students in the medical, nursing, social welfare and education fields and for adults in parent groups, club and community service organisations. Parents of young children attending play groups, kindergartens and day care centres are an ever increasing group.

The development and implementation of family planning programmes for slow learners and mentally and physically handicapped persons is gaining acceptance by the community.

COUNTRY SERVICES

There are no family planning clinics operating in country centres. Instead we have Community Educators who are trained nurses employed to conduct information/education programmes in the community and to counsel and advise on matters relating to birth control. They work in co-operation with local doctors, schools and community organisations. Much of their work leads to referrals to general practitioners, social workers, etc.

Their programmes have included the following:-

lectures to nurses in hospitals,
post natal counselling in hospitals,
telephone counselling and home visiting on referral,
health education programmes in high schools and with adult
education programmes,
lectures and discussion groups with community groups such
as Rotary,
kindergarten and school parent groups, teachers, social
workers,
out of school youth groups, etc.

F.P.A. staff are employed in the following country centres:-

Port Pirie	Whyalla
Port Augusta	Port Lincoln
Port Broughton	Mount Gambier
Penola	

See staff list on page 21 and inside back cover.

In other country areas, such as the Riverland, Community Health and School Health nurses who are family planning trained are providing a valuable service to the community.

SOCIAL WORK

The past year has seen some staff changes in the social work section with our half-time social worker leaving to go overseas for twelve months and another social worker returning to work on a sessional basis. The social work staff at the end of the year comprised one full-time social worker and one sessional social worker.

During the year we have undertaken supervision of four social work students - two from the South Australian Institute of Technology and two from Flinders University. It is hoped that supervision of students will continue since, in addition to the contribution made to social work education, it is felt that students have much to offer the Family Planning Association by way of new ideas and initiatives.

There has been further expansion of the social workers' involvement in training programmes this year as well as continued work in the area of client counselling. The latter has been extended to appointments at some outlying clinics. During the year there have been two "Open Days" arranged with a view to contacting and informing other social work personnel about Family Planning services. These days have been enthusiastically attended and it is hoped that they will continue.

In conjunction with Community Education the film "Sexuality and Communication" is now being shown on a monthly basis to, at present, small audiences. Again it is hoped that we shall continue this service.

STAFF AS AT 30th JUNE 1977

DIRECTOR

Dr. J.Porter

ADMINISTRATION

ADMIN. SECRETARY

K.Rathbone

OFFICE STAFF

B.Edward
C.Moore
D.Potter

NURSING

SUPERVISORY SISTER

R.Boucaut

CLINIC SISTERS

J.Bridger
P.Cheesman
J.Dolman
G.Edwards
G.Elliott
P.Fulton
C.Gilbert
P.Harris
K.Henderson
B.Hunter
M.Jorgensen
D.Konrath
J.Longbottom
D.Marnane
S.Morris
J.Murray
S.Newton
H.Rollands
S.Sommers
P.Stevens

NURSE ASSISTANT

L.Tedesco

DOMICILIARY SISTERS

M.Chambers
M.Crisp
K.Elleway
E.Rose

ABORIGINAL HEALTH WORKER

M.Cavallaro

MEDICAL

CLINIC DOCTORS

M.Barson
S.Broad
S.Caton
H.Dinnick
F.Dostal
S.Dundas
S.Dunstone
J.Giles
M.Goel
D.Heysen
A.Hopkins
M.Kearney
E.Lalor
S.Lenthall
A.Mant
D.Menary
B.Orchard
E.Osmond
M.Rowley
D.Shortridge
M.Turner
C.Wright

DOCTOR I/C DOCTORS'
TRAINING

S.Caton

SOCIAL WORKERS

J.Potts
W.Worrall

STAFF AS AT 30th JUNE 1977

CLINIC SERVICES

CLINIC OFFICE MANAGER

S. Ferenczi

CLINIC ADMIN. STAFF

A.Cala

J.Oats

B.Parsons

RECEPTIONISTS

B.Bates-Brownsword

R.Butler

R.Earl

H.Huntingford

J.Jonas

D.Kurtzer

N.Lander

P.MacDonald

B.Sayers

S.Skinner

E.Smith

J.Thompson

P.Wall

EDUCATION

EDUCATION OFFICER

G.Brooking

EDUCATORS

V.Bailey

L.Collard

R.Earl

H.Huntingford

G.Jackson

J.Jonas

J.Luscombe

S.Morris

J.Robertson

J.Symon

J.Tottman

A.Watkins

J.Watts

COUNTRY COMMUNITY EDUCATORS

J.Castine

R.Downs

P.Gander

H.Sara

J.Ward

RESOURCE CENTRE

P.Cox

