

19TH ANNUAL REPORT

for the year ended
30th June, 1989



Family Planning Association of SA Inc

FAMILY PLANNING ASSOCIATION OF SA INC

PATRONS, LIFE MEMBERS & COUNCIL

PATRONS

Vice Regal Patron

His Excellency The Governor of South Australia

Lieutenant General Sir Donald Dunstan, DBE, CB

Dr Winifred Wall, AM

Professor Lloyd Cox, AM

LIFE MEMBERS

Life membership is conferred on the recommendation of Council in recognition of outstanding contribution to the Association.

Dr Karl Ball

Ms Pat Bockner

Ms Rosemary Boucaut

Mrs Gwen Brooking

Ms Janet Browning, OAM

Dr Ina Campbell

Ms Margaret Clark

Professor Lloyd Cox

Dr Kerrie Davies

Dr Olive Johnstone

Mrs Heather Macdonald

Mrs Diane Morris

Dr John Porter

Dr Winifred Wall

Ms Elizabeth Yeatman

COUNCIL MEMBERS

President

Mr Richard Hicks

Vice-President

Dr Margaret Moody

Mr Ian Bidmeade

Mr Kim Davey

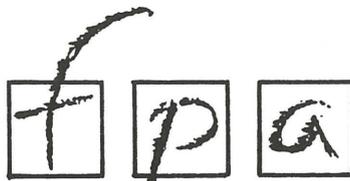
Dr Diana Hetzel

Ms Pam Schiller

Ms Josephine Tiddy

Elected Staff Member

Dr Joy Giles



Family Planning Association of SA Inc

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Member of the Family Planning
Federation of Australia

Affiliated with the International
Planned Parenthood Federation

19TH ANNUAL REPORT

FOR THE
YEAR ENDED
30TH JUNE 1989

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ACKNOWLEDGEMENTS

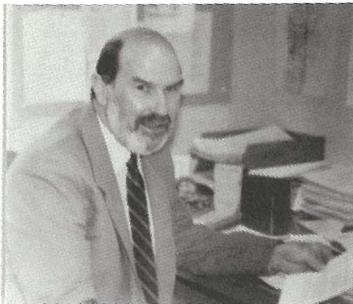
The Family Planning Association of SA Inc expresses its sincere appreciation for the continuing financial support received from the Australian and South Australian Governments. The Association also extends its gratitude to the people and community organisations who have assisted and supported us during the year.

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MESSAGE FROM THE PRESIDENT

Richard Hicks
PRESIDENT



*Richard Hicks,
President*

The past year has been one of continuing achievement and consolidation for the Association and a period that Council and staff reflect on with great satisfaction.

No doubt the highlight was the opening of our new headquarters by the Premier, Mr. John Bannon, on 14th November, 1989. It was a day of celebration. The building was opened free of debt and this was achieved by the forward planning of past Councils, strong leadership and commitment by staff with the support of members and the South Australian Health Commission. The building has provided improved clinic facilities, a much needed expansion of professional education capacity and appropriate staff accommodation.

The opening was a special occasion to share with past Council members, staff and friends of the Association and played a significant role in building the profile of the organisation.

During the year the Council has actively promoted the corporate image of the Association. Our new letterhead was introduced, publicity posters and leaflets redesigned and the role of the Association promoted throughout the media and in the human services area. The launch of the Unplanned Pregnancy Campaign in September 1988 was one of the highlights in that promotion.

The principle of access to information for people to enable them to make informed choices in the area of human sexuality was further enhanced by the opening of the Jan Browning Library named in honour of a founding member of the Association. The library located adjacent to the waiting area at Kensington provides an important service to the public, to clients and those participating in professional education services.

FPA's contribution to sexuality education was recognised this year by the Royal College of Obstetricians and Gynaecologists, with the award of a certificate of merit for excellence in innovative teaching. The Certificate was awarded for our secondary teachers workshops and the manual of resources on which they were based.

The Council has continued to adopt a more corporate function and during the year adopted clear guidelines on its role supported by delegations of responsibility for specific functions to the Chief Executive Officer and Management Team.

The Members of the Association are our strength and base. This year the Council adopted a strategy to promote the involvement of members to ensure that they can provide expressions of support for the Association by being more informed about family planning issues. The strategy includes the seminars and open nights for members and the re-introduction of a quarterly newsletter.

The Council and Management Team have taken an active role at the national level through the Family Planning Federation of Australia. This national involvement ensures that the Association is well briefed and ready to promote and respond positively to the political and economic challenges that arise.

Family Planning services continue to be used and supported by the community. That support is clearly reflected by the strong response for services particularly in country areas.

The Association is dependent on membership support and strong commitment and leadership from

MESSAGE FROM
THE PRESIDENT
— *continued*

Council members and senior staff. The Council wishes to record its appreciation of the support and direction provided by Chief Executive Officer, Judith Dwyer, and the Management Team.

Specially, the Council wishes to record its appreciation of the

services to the Association of Ms Anne Levy, who resigned during the year when she was appointed to the position of Minister of Local Government. To Council members, thank you for your support and commitment to the Association during the past year.

CHIEF EXECUTIVE OFFICER'S REPORT

Judith Dwyer
CHIEF EXECUTIVE
OFFICER



Judith Dwyer,
Chief Executive Officer

This year has been a period of consolidation following the major changes in services and management of the previous two years. The new management structure has been fully implemented, we have settled into the new building and the regional teams are well established.

We have embarked on a Strategic Planning exercise this year, in order to build on our success in implementing the 1986 Review and to maintain a clear sense of direction. The planning process has involved almost all members of Council and staff, and the final document will be available by the end of 1989. It will set out clearly the FPA agenda for the next three years and will be based on the collective wisdom of the participants.

The Nursing Career Structure has been fully implemented with Nurse Practitioners classified as "Level 2" positions (ie one step higher than basic Registered Nursing positions). Community Nurse Consultants in Regional Teams (providing a leadership role for community nursing practice) and a Clinical Nurse Consultant at Kensington (providing clinical expertise and leadership) are classified as "Level 3" nurses.

One disappointment during the year was the need to close the Inner

South Region, due to a combination of financial constraints and the lack of an appropriate community health facility in which to base the team. As our experience with regional teams grows, it becomes clear that our very small teams need to be located within a larger community health setting if adequate professional support and effective community networking are to be achieved. We await the planned community health facility at Marion, and will re-establish the team as soon as feasible.

The body of this report provides more information about our work and achievements during the year. The information is presented in a format which reflects the organisation of our services, and emphasises our function as a centre of excellence in sexual health care, providing not only services to clients but also leadership in family planning practice for the primary care level of the health system, and policy advice to government bodies.

It is a pleasure to report on what has been a very productive year. As always, our results depend on a team effort by all staff, guided and supported by the Council and resourced by our funding bodies. I would like to thank them all.

CLINICAL SERVICES

Dr Bronwen Weller
DIRECTOR

Providing clinical consultations to individuals and couples continues to be our major activity. Doctors, nurses and social workers, supported by clinic receptionists, provide information, advice, assessment and treatment in the following sexual health areas:

- Contraception
- Sterilization
- Pregnancy Diagnosis and Counselling
- Breast and Cervix Cancer Screening
- Safe Sex Practice
- Sexually Transmitted Diseases
- Testing and Counselling for HIV/AIDS
- Other Gynaecological Care

A total of 58,516 services were provided to clients in 1988-89, an increase of 15% over 1987-88 figures.

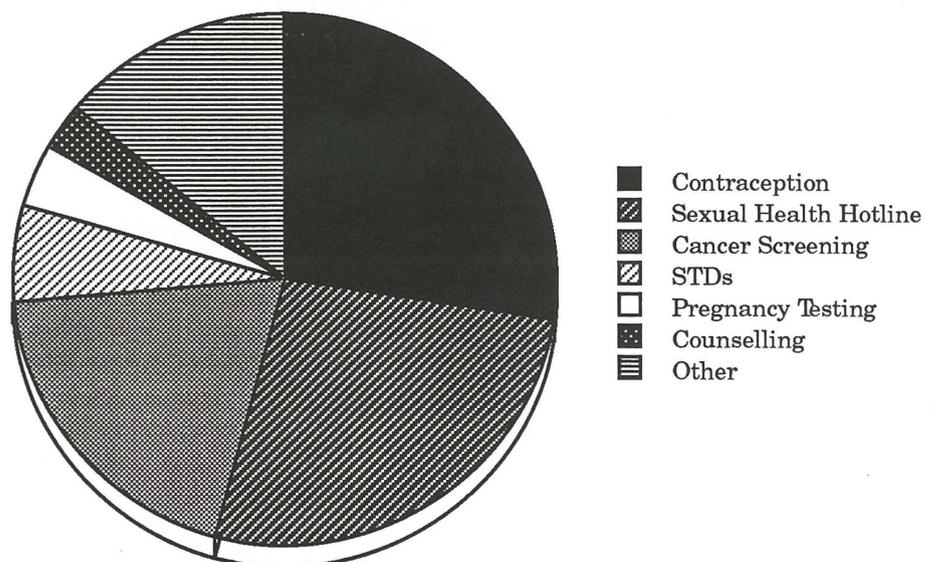
Of these, 15,624 were telephone calls to the Sexual Health Hotline. Contraceptive services made up 42% of the remainder, with cancer screening as the second most common service (26%).

CONTRACEPTIVE METHODS

Amongst new clients, the pill continues to be the most popular contraceptive choice. Use of Intra Uterine Devices (IUDs) continues to decline markedly, and will probably continue to do so, with condom and diaphragm usage increasing. For repeat clients, there is a marked increase in the use of the pill, and again a significant decrease in IUD usage.

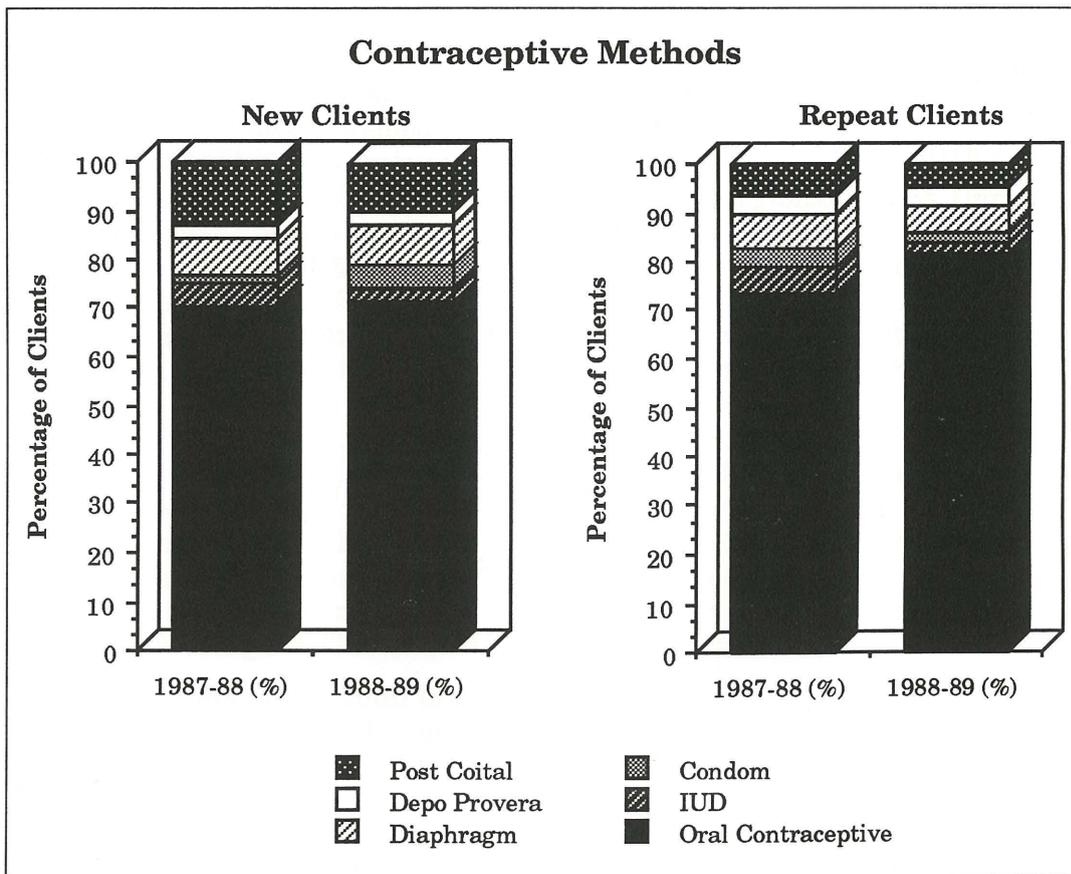
FPA continues to provide both IUDs and the injectable contraceptive Depo provera to clients who fit our very careful criteria for use of each of these methods. Clients choosing them must give proper informed consent.

Services Provided



CLINICAL SERVICES

— *continued*

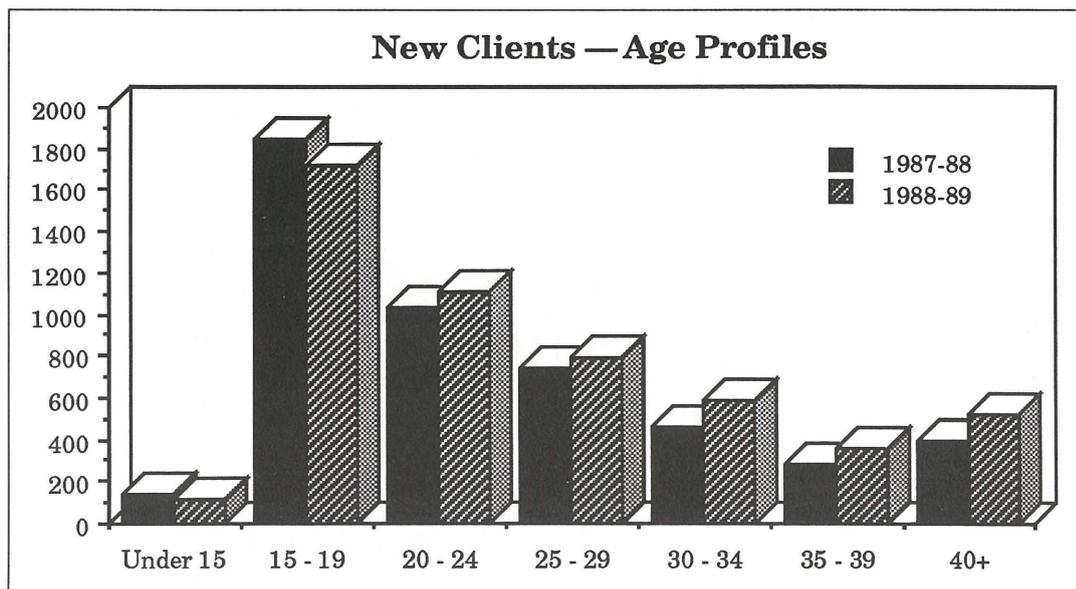


NEW CLIENTS

A total of 5200 new clients registered with FPA during the year, an increase of 14% over the previous year. Of these, 57% were under 25 years of age. This is a slight decrease on last year's figure of 62%, reflecting increasing numbers of older women using FPA services for the first time.

The above statistics are the outcome of effective team work by doctors, nurses and receptionists who provide confidential high quality services to clients in a professional, non-judgemental manner.

Kensington clinic staff have enjoyed the comfort and convenience of the new building during the last year



CLINICAL SERVICES

— *continued*

while clients have expressed enthusiastic approval of the new surroundings. The benefits of having social work services close at hand are considerable, as is proximity to the library and education staff. In the regions clinic staff do not have such ideal conditions but they are dedicated to providing accessible sexual health services to the community.

Apart from the regular clinical services provided at Kensington and in the regions some other activities need special mention:

SEXUAL HEALTH HOTLINE

This very successful information and referral service handled a total of 15,600 calls, 2,700 (25%) more than last year. Women make up 87% of the callers. Contraception and pregnancy are the most common reasons for calls, making up 58% of the total.

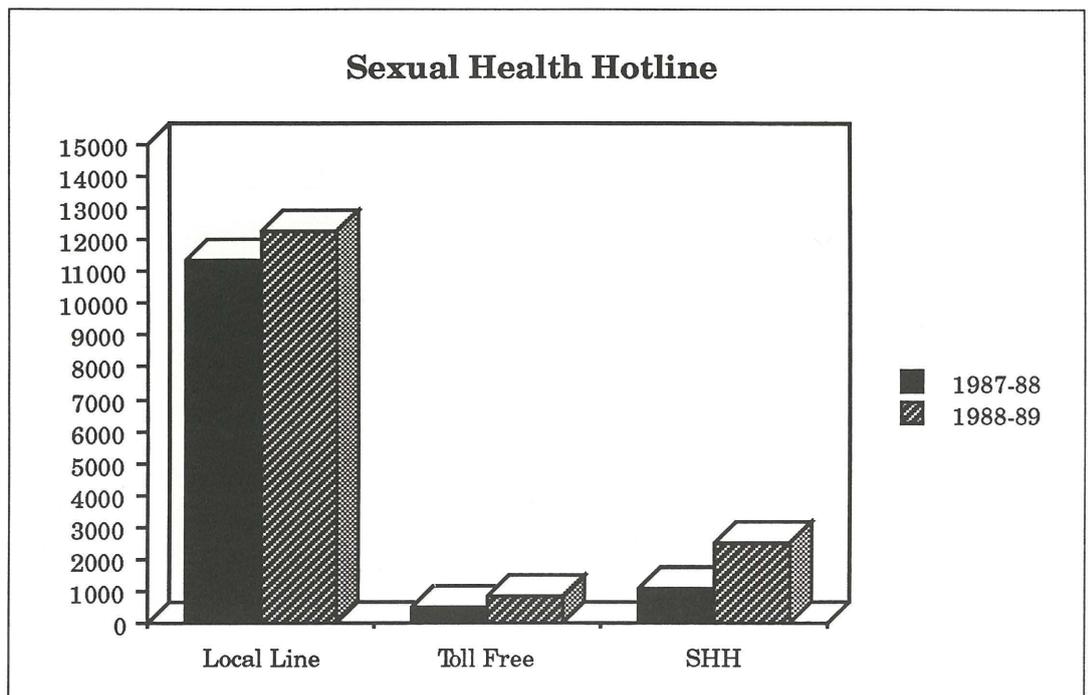
Calls were boosted by the Pelvic Inflammatory Disease Campaign and the Unplanned Pregnancy Campaign which utilised the Sexual Health Hotline as a first point of contact for the community. The

marked increase (62%) in the use of the toll free line is especially pleasing, as country people have less ready access to personal health services.

The Sexual Health Hotline has now been in operation for two and a half years and the nurses who staff the service have become very skilled and more confident. A review of the service by an independent evaluator has been commissioned to clarify the future direction of the service and its staffing and resource needs.

COUNTRY CLINICS

The year has seen an extraordinary demand for FPA services by country women. Unfortunately we have only been able to satisfy a small proportion of this demand. Three trips each to the far north and to the upper south-east have been well received. A first visit to Ceduna brought an overwhelming response so that the stay was extended by a day and there is a waiting list for the next visit. There is a considerable need for a co-ordinated approach to rural women's health by the several agencies involved in the area.



CLINICAL SERVICES

— *continued*

SOCIAL WORK SERVICES

ETHNIC CLINICS

FPA continues to provide a service for Cambodian women at the Torrens Road Clinic. A number of Polish women have been seen in occasional clinics at Pennington Migrant Centre and Salisbury. Many of these women have subsequently been seen in the mainstream clinics utilising an interpreter service which is arranged at the time of making the appointment. This appears to be a satisfactory means of providing services to women of non-English speaking background, although much needs to be done in promoting the service and increasing the skills of FPA staff using interpreter services.

DROP-IN SERVICES

Pregnancy testing and post-coital contraception (PCC) are provided on a "drop in" basis at Kensington and some regional clinics. During the year 1,055 drop-in pregnancy tests were performed of which 411 were positive. These clients are provided with information about what to do next and where to go for help.

Because of difficulties experienced by clients in obtaining the "morning after" pill at other agencies FPA is offering a drop-in PCC Service, particularly after week ends and holidays when demand for PCC is high.

The Social Work Services include counselling for individuals and couples in relation to unplanned pregnancy, sexual difficulties, relationship problems, and grief reactions to abortion, miscarriage or infertility.

Clients are referred to social workers through the Sexual Health Hotline, clinic staff and community agencies or through word-of-mouth.

Social Workers play an important role in teaching doctors and nurses about sexuality, pregnancy counselling and abortion as part of FPA training courses. They also assist secondary and tertiary students with studies in this area.

A series of workshops on the emotional aspects of abortion were held for health and welfare professionals in the southern, northern and eastern regions.

Contributions were made by social workers to primary health care

workshops for all staff and inservice for Sexual Health Hotline nurses.

The social workers maintain links with and are active in various community groups including the Women's Health Network, Women's Community Health Centres, Coalition for Women's Right to Choose, Adoption Support Group, AIDS Counsellors Group and Family Forum Panel.

This year the Senior Social Worker position was made fulltime and divided equally between Wendy Willow and Barb Buttfield, with Erica Spry continuing as the sessional worker. This job-sharing arrangement has made a greater spread of skills available to clients and the organisation, and has ended the professional isolation inherent in the previous arrangements.

COMMUNITY SERVICES

Ms Sue Foster
DIRECTOR

The Community Services of FPA include a range of clinical and educational activities undertaken by regional teams and by education staff based at Kensington.

REGIONAL REPORTS

Regional teams provide community and professional education programs, community development and liaison, and clinical services. The delivery of services in regions has often been adjusted by the teams to better meet community needs, for example, alteration of clinic times and appointments, approaches in community development and education, and provision of workshops on specific issues to local workers. Community work has included displays and promotions, home-visiting, information provision, liaison and networking with other health, education and welfare agencies, involvement in community meetings and one-to-one counselling, and education. Each region is able to identify its particular target groups, and plan accordingly.

Our emphasis on the "trainer-training" model has been followed by regional teams, and the profile of activities for the year reflects this change in focus. The number of health, education and welfare professionals who have participated in courses and workshops has risen, as has the time spent in providing information and education to these groups. The long term aim is for better trained and resourced professionals, who feel comfortable in discussing, and teaching about, sexuality with their particular client or student groups.

Reaching young people in schools whilst maintaining the re-direction of services from classroom activities to teacher-training has been and continues to be a challenge. We support teachers in the classroom with resources, and by co-teaching sensitive topics when necessary, and

maintain awareness of FPA services by a number of other approaches within the school. This area is being further developed in collaboration with Regional Health Education Advisors, and the TEACH Project.

As a result of the teacher-training this year, requests from parents for information about sexuality and HIV infection have increased. Parents are a crucial link in supporting and reinforcing any initiatives the schools may take and FPA staff have worked closely with Education Department Advisors to ensure parent involvement.

Northern Team

Members:

- Robin Sleeman
Community Health Worker
- Judy Lokan
Community Nurse Consultant
- Marie Crisp
Community Nurse
- Maxine Payne
Clinic Receptionist
- Jane Dymond
Clinic Doctor

The Northern Team has developed as a strong and stable work unit in the last 12 months. The clinics have continued to attract a steady stream of both new and repeat clients. A wide range of issues have been followed up in the education area. Two workshops on Abortion Counselling have been held for local community workers.

A two week "How to Talk With Your Children About Sex" course has been very popular with parents of primary school children, kindy parents and community groups.

Contact with high school students has been sporadic, but is increasing. All but two Northern high schools were represented at the two day Teaching About Sexuality workshops for secondary teachers.

COMMUNITY SERVICES
— *continued*

A number of high schools have invited us to speak to Year 11 and 12 students about FPA services.

The team has worked with the Education Department to run two-day workshops on AIDS for primary school teachers. This networking with primary school staff has been very beneficial for both FPA and the staff.

The North has also begun a networking campaign with local pharmacists to give them accurate and clear information on the morning after pill. Recently there has been an increased use of FPA in the North to provide resources for service providers for people with disability.

Southern Team

Members:

- Rae Read
Community Health Worker
- Annie Braendler
Community Nurse Consultant
- Sue Plume
Community Nurse
- Joyleen O'Hazy
Clinic Doctor
- Janice Oats
Clinic Receptionist

The Southern Team continues to focus on services to youth. This year 73% of new clients were under 25, compared to 68% last year.

Maintaining a high profile in the community is a priority for the Southern Team in an area where 31% of the population is under 14. The area served by the Southern Team contains large new housing estates, both housing trust and private developments. These estates are occupied by people with young families.

Information, education and support for young people has been provided through the Noarlunga Youth Clinic on Thursday afternoons, and the setting up of strong links with local

high school counsellors. A monthly counselling service has been established at a country high school in response to concern about pregnancy among students. Information about pregnancy tests, contraception, STDs and relationship problems is eagerly sought by the students.

Eastern Team

Members:

- Gaby Berce
Doctor
- Joy Heijkoop
Clinic Receptionist
- Jenny Turner
Clinical Nurse Consultant
- Juliet Watts
Community Health Worker

Although the team is still based at Kensington, we have raised community awareness of our presence in the region which sweeps down the foothills from Golden Grove to Unley and across to the City.

The team has been busy networking with other health & social welfare agencies in planning and developing various community programs. These include parenting programs, North East Health Education Network, camps for young women, Youth Employment and Health Expo and a seminar on strategies for Social Justice. We have also been kept extremely busy supporting the Education Department AIDS Advisors both in co-facilitating two day Primary School workshops for teachers and supporting them in their schools. Conferences in country areas have given us the opportunity to see a different perspective on this topical issue.

A grant was received from Salisbury Council to support a program for Socially Isolated Women. We worked with the



Regional Co-ordinator's Group Meeting

COMMUNITY SERVICES
— *continued*

Northern Team to develop a program for this purpose titled "*Women Talk - Women Learn*".

We are all eagerly awaiting the completion of our new accommodation at Campbelltown where we will be co-locating with Eastern Community Health Services, CAMHS central Team, Campbelltown Community Health Centre and Work Wise. There's talk and promises that this will be happening in May 1990!

Western Team

Members:

- Maria Eliadis
Community Health Worker
- Barbara Kiek
Community Nurse Consultant
- Sue Meade
Community Nurse
- Narelle Johnson
Regional Doctor
- Terri Murphy
Clinic Receptionist

The Western Region includes the west of Adelaide from Hindmarsh to Port Adelaide and from Enfield/Prospect across to the coast.

Main areas of work for the team in 1988-89 included:

- . increasing the team's profile in the region and promoting our presence at the Port Adelaide Community Health Service.
- . support and development of the trainer training model with workers and teachers in the region;
- . increasing the profile of women's sexual health in the region;
- . cooperative work with other agencies working in the area;
- . developing programs for young people out of school and negotiating appropriate support systems with the workers;

- . meeting regular requests for programs from different agencies and community groups;
- . representation on local government community forums and other local network groups;
- . participating on management/advisory committees of appropriate community projects;
- . continuing development of clinical services and support for Dale Street Women's Health Centre with promotion of sexual and women's health services to young women in the north western suburbs.

Migrant women are recognised as having particular needs and issues in relation to sexuality. Programs for newly arrived migrants at Pennington Hostel, and special clinics are two of the strategies used this year to attempt to provide greater access to information and services.

Port Pirie Team

Members:

- Ruth Coleman
Community Health Worker
- Mervyn Lewis
Community Health Worker

The Association once again made its presence felt in the Port Pirie Region with involvement in Primary and Secondary schools, working with youth groups including Skillshare and DCW adolescent boys and girls groups in both Port Augusta and Port Pirie.

The staff were involved in the PID awareness campaign, organising publicity, arranging professional inservicing and providing input on radio, television and newspapers. We are currently working closely with the Upper Spencer Gulf Pap Smear Campaign, promoting regular pap smears. We were also involved with the Primary School AIDS Workshops throughout the region.

COMMUNITY SERVICES
— *continued*

Programs on sexuality and disability were provided for parents and workers in Port Pirie and Minlaton, and support was offered to other organisations working in the field of disability. Regular sessions on relationships and contraception were provided for parents attending for ante-natal classes at the Port Pirie Hospital.

Apart from formal program presentation, we are continuously called upon for information both on the telephone and through personal enquiries. We provide information of a personal nature and also support many people and services confronted with sexuality issues.

KENSINGTON EDUCATION TEAM

FPA's focus on trainer-training combined with the impact of AIDS prevention strategies has resulted in increased work with other agencies active in health education, including the Education Department, the AIDS Education Team, the AIDS Council, the Child Adolescent and Family Health Service and the Youth Worker Training Sector. The Kensington team has worked mostly in the area of professional education this year (see following section).

YOUNG PEOPLE

A Community Educator (Youth) has been appointed to increase our capacity to tailor services to young people and to support teams in identifying and implementing strategies for this group, which must remain as one of our prime focus areas. Activities have included Youth Expos, a Peer Education Program for disadvantaged youth, special displays and pamphlets, drop-in one-to-one education programs and youth-worker training in sexuality and HIV infection. FPA is also funding, with Second Story Youth Health Centre, an Aboriginal Health Worker at "61 Hindley Street", a drop-in youth centre in the city.

COUNTRY SERVICES

Many requests for country services are met by Kensington staff who attempt to develop and promote local networks of health professionals within each rural community. There is no doubt however that rural young people and women are severely disadvantaged by lack of access to sexual health resources, services and personnel.



Patricia Cox, Librarian advising a visitor

JANET BROWNING LIBRARY

This has been a major development year for the Library Resource Centre. During the closure of 1988 the entire collection was re-catalogued and a system of supervised borrowing was instituted.

In April this year, the library was dedicated to Janet Browning, a founding member of the Family Planning Association of South Australia.

Janet served as Honorary Secretary from 1971 until 1982 then as Chairperson until her retirement in

November 1983. She represented South Australia on the Council of the Family Planning Federation of Australia for 10 years and was the Australian representative on the International Planned Parenthood Federation. In 1983 she was awarded the Order of Australia Medal for her services to family planning and women's health. She has been a strong advocate of the need for sexuality education and actively supported the establishment of the library.

PROFESSIONAL EDUCATION

NURSE EDUCATION

The Association conducts nationally accredited certificate courses for Registered and Enrolled nurses in contraceptive technology and reproductive health care. We also facilitate workshops and seminars for nurses on request, and provide placements for community health nurses undertaking post-graduate education.

The Registered nurse program is continuing to grow and develop and as always, is very popular. At present the course is divided into theoretical and clinical components. The clinic practice component is currently only available to nurses who meet specific selection criteria, and are employed in positions in which they can use their clinical skills appropriately.

The Enrolled nurse course is conducted twice per year and is always well attended with many of the participants travelling from South Australian country and regional centres.

We were very pleased to provide clinical education for the nurses working in the Cervix Cancer Screening Program in the Upper Spencer Gulf during this year.

Participant Numbers 1988/89

- Registered Nurses Certificate Course 90
- Registered Nurses completed Part B (Clinical Component) 13
- Enrolled Nurses Course 42
- Community Health Nurse Placements 38
- Student Midwife Workshops 119
- Miscellaneous Nursing Programs & Workshops 103

FAMILY PLANNING FOR DOCTORS

Two theory courses covering fertility control and a wide range of other

sexual health topics were conducted for doctors in 1988-89. Twenty-nine people attended the courses and of these twenty went on to complete the clinical training and were awarded the FPPA Certificate in Family Planning.

WORK WITH TEACHERS

Teacher training has received a high priority this year, and 16 two day workshops "Teaching About Sexuality" have been conducted for secondary school teachers. This has been supported by a new Education Department initiative, funded through the Social Justice budget called the "TEACH" Project (Teacher Education and Community Health). It involves an interagency approach to supporting health education in schools and their communities, through teacher training and development, and provision of resources.

FPA is a member of the Interagency Advisory Committee to this project, and has taken a high profile in supporting the establishment of this exciting three year project. Ten Project Officers and a Coordinator employed by the Education Department work with agencies and schools to increase the profile and practice of Health Education in schools. Teacher release time to enable teachers to attend FPA workshops has been provided through this project, and evaluation indicates that 85% of teachers begin providing sexuality education in the classroom following the workshops.

Primary school teachers have also received two day workshops as part of the Education Department's AIDS Education Strategy. The Central Team, Regional Teams, and the Education Department AIDS Advisors have worked together to facilitate 33 state-wide workshops for primary school teachers on Sexuality and AIDS. CAFHS has

**PROFESSIONAL
EDUCATION**
— *continued*

also provided a staff member for each of these workshops. This has been an important project and a major commitment which has extended the skills of participating teachers, and will ultimately benefit their students.

SEXUALITY EDUCATION

We have participated this year in a national accreditation project for the Community Educators Course, and hope to achieve accreditation for our course during 1989. Four courses have been run this year, and there is a waiting list for future courses. Each course runs for four days and demonstrates strategies for sexuality education.

Staff presented a workshop on "Educational Strategies for Sexuality Education" at the annual Biological Sciences Symposium sponsored by the Family Planning Federation of Australia. The Professional Education Co-ordinator also provided staff development sessions for FPA educators in Queensland and the Australian Capital Territory on the use of role-play techniques in sexuality education.

SEXUALITY & DISABILITY

The sexual health needs of disabled people have received increased attention this year due to a number of factors. A staff member was designated "Project Officer" for three months to coordinate resources and strategies; a policy was devised; staff inservice was provided, and the trainer-training model once again promoted to relevant agencies. The Sexuality & Disability Association of South Australia renewed its contacts with FPA, and a joint four day workshop for Health Professionals was conducted in April. In response to numerous requests for assistance from IDSC, FPA provided a a four day workshop to key staff on strategies for sexuality education for people with intellectual disabilities.

**ETHNIC AIDS INFORMATION
CAMPAIGN**

FPA was represented on the state coordinating committee for this campaign. Plans to continue education and support for SA Ethnic Health Workers have arisen as a result.

COMMUNITY SERVICES STATISTICS

COURSES	NO OF COURSES	NO OF PARTICIPANTS
Schools:		
Primary	162	1480
Secondary — Year 10	70	1805
— Other	61	1476
Special	57	654
TOTAL	350	5415
Tertiary/Further Education	70	883
Parent Groups	70	1016
Disability	48	358
Youth	66	569
Women	77	872
General Community	13	170
TOTAL	694	9283
ACTIVITY	TOTAL	CONTACT HOURS
Liaison, Networking	1655	949.00
Community Meetings	350	507.75
Counselling	680	215.75
Displays	34	175.00
Home Visits	789	317.75

HEALTH PROMOTION

FPA plays an important role in promoting community awareness of sexual health issues. During the year, we undertook several projects towards this end.

UNPLANNED PREGNANCY CAMPAIGN

In response to concern about lack of information among young people, particularly those living in the country, about preventing unplanned pregnancy, pregnancy testing and abortion, the Association undertook a joint project with the South Australian Health Commission. Posters, advertisements, pamphlets, stickers and pocket information cards were developed with the theme "Do You Need To Share A Secret?" The pamphlet explains to young women the options they have when faced with an unplanned pregnancy. The material was distributed through rural and metropolitan youth centres, schools and community services.

PID CAMPAIGN

This Campaign to raise awareness of Pelvic Inflammatory Disease among health professionals and young people, used the Sexual Health Hotline number as a contact point. Posters and pamphlets which outlined the causes, symptoms and means of preventing the disease were distributed widely.

FPA POSTER AND LEAFLET FOR YOUNG PEOPLE

The "We're More Than Pills and Condoms" poster and leaflet were designed for general distribution to young people, to let them know about the range of FPA services they might use. It highlights the location of FPA's youth clinics.

SAFE SEX

A leaflet titled "Safe Sex: The Facts" was also produced, using cartoons

from Kaz Cooke's book "The Modern Girls Guide to Safe Sex" with Ms Cooke's kind permission. The pamphlet gives information on birth control, unplanned pregnancy, and sexually transmitted diseases and was successfully trialled at the Youth Expo at Port Adelaide and Noarlunga. It has been very popular with young people.

FPA LEAFLETS

All of our leaflets on contraception and other sexual health topics have been revised and reprinted with new artwork.

TRANSLATIONS

We would like to thank the Migrant Health Education Committee of the Health Commission for translating four of our pamphlets into Polish, Vietnamese and Khmer. The translations will be printed during 1989-90.

LOCAL PRESS COVERAGE

Messenger Press Community Health Features have provided a useful forum to promote FPA regions and their services.

The Association has also used "Teen Age News", with a statewide circulation of 20,000 to advertise its youth services.

ADVOCACY & ADVICE

Because the Family Planning Association of South Australia is recognised as a leader in primary sexual health care, we are called on by many other health and education professionals and government bodies to provide technical, professional and policy advice. Activities this year included:

- Consultations with health education practitioners on the design of education programs for a range of participants and settings.

HEALTH PROMOTION — continued

- Advice to medical practitioners and pharmacists about prescription of Post-Coital Contraception.
- Discussions with country health agencies and the Health Commission about models for providing family planning and related services in country centres.
- Extensive work on the design and implementation of the Education Department's "Teacher Education And Community Health Project."
- Membership of a planning committee for the Pregnancy Advisory Centre at Woodville.
- Membership of the Working Party which developed the National Women's Health Policy.
- Membership of the Mammography Screening Advisory Committee.
- Work on the design of a state-wide Cervix Cancer Screening register and reminder service.

PID: WHAT DOES IT MEAN?

HOW DO YOU GET PID?

WHO GETS PID?

HOW DO YOU KNOW YOU'VE GOT PID?

Symptoms in Women

Symptoms in Men

Do you need to share a secret?

WE'RE MORE THAN PILLS 'N' CONDOMS...

WE'VE GOT

COME IN FOR

Sexual Health Services

SEXUAL HEALTH HOTLINE

COME IN — WE'RE NEAR YOU

YOUTH CLINICS

WE'VE GOT STYLED CLINICS AT

SAFE SEX

the facts

Sexual Health Services

The Condom And Spermicides

Sterilisation

Sexually Transmitted Diseases — STDs

The Intrauterine Contraceptive Device

The Pill

MANAGEMENT SERVICES

Progress has been made this year in several aspects of management practice.

The implementation of the new **Management Structure** proceeded smoothly. Regional Teams now report to one Manager, with a designated Team Coordinator acting as a major communication channel. The Community Educators have changed their title to "*Community Health Workers*" in keeping with their broader role. Nurses and Health Workers are developing effective ways of working together, recognising their separate areas of expertise as well as the common core of community work.

Management of Clinical Services has also been streamlined, with better day-to-day coordination between doctors and nurses.

A formal **Statement of Delegations** has been adopted, which states clearly the authority delegated to each supervisory position.

An **Occupational Health and Safety Committee**, with equal staff and management representation has been established, reporting to the Chief Executive Officer. Infection Control and Fire Safety have been the major issues addressed. Only one Compensation Claim was made during the year.

A plan for **Staff Appraisal** was developed, and the Chief Executive Officer was the first person

appraised. Management Team appraisals have been completed, and other staff appraisals are in progress. Our objective is for each staff member to have an annual appraisal at least, or more frequently if problems are identified.

A new **Industrial Agreement** was completed with the Australian Nursing Federation, and an historic first Industrial Agreement with the Australian Social Welfare Union was signed in September, bringing Community Health Workers and other Education staff for the first time under a formal agreement. The Community Health Workers were reclassified from the "Clerical Officer 3" to the "Clerical Officer 4" range, in recognition of their broader role, and in line with equivalent positions elsewhere in the health field.

Three members of staff were seconded to other health services during the year, to develop and broaden their skills.

An ambitious program of computerising our office, financial and client records systems was undertaken during the year, with the objectives of reducing repetitive manual work and improving our **Management Information System**. A special grant from the South Australian Health Commission of \$15,000 towards this project is gratefully acknowledged.



*F.P.A. of S.A.
Kensington*

FAMILY PLANNING FEDERATION OF AUSTRALIA

The year 1988/89 has proved both a year of change and consolidation for the Federation. Dianne Proctor took over as Executive Director of the Federation in August 1988 and her first task was to oversee the move from Sydney to Canberra.

Ray Mahony and Sandra Mackenzie (Executive Officer FPA/ACT) had already completed most of the hard work of arranging accommodation, organising removalists and ensuring all went smoothly. The office opened in the ACT on August 15, 1988 and despite a few teething problems, we were operational very quickly.

STAFFING

Sally Skyring left the Federation in July 1988 and thanks are due to her for her enthusiasm and hard work. Ray Mahony decided he did not wish to relocate to Canberra but he agreed to assist in the move to Canberra and help generally in the settling-in period. His assistance was magnificent and it was with real regret we finally farewelled him in January 1989. Judy Coombs joined the Federation in August 1988 as Administration Officer, Lisa Parolin was employed as Research/Project Officer in January 1989 and Marilyn Sheppard, our Bookkeeper completed the team later the same month. During the year, Lesley Meredith resigned as Coordinator of Nursing Training after completing sterling work for the Federation.

OVERSEAS WORK

The Video Project funded by AIDAB was completed and distribution of the videos continued throughout the year. A further grant from AIDAB was received to enable an in-depth evaluation of the videos to be undertaken. This will be completed during 1989/90.

The Federation was fortunate to receive a donation of \$10,000 to

establish the Janet MacInnes Arnott Fund to further our work in the South Pacific and we are currently undertaking a needs analysis to ensure the fund is used effectively.

In November 1988, Dilys Cossey, President of UK/FPA, came to Australia and visited all the FPAs except Queensland, sharing her experiences and special lobbying skills. She also spent time in Canberra meeting senior politicians and bureaucrats.

A close working relationship continues between FPPFA and IPPF. Dianne Proctor attended the IPPF ESEAOR Executive Directors' Meeting in Singapore in July 1988. Robyn Hendersen and Colin Wendell Smith represented the Federation at various IPPF meetings throughout the year.

PUBLICATIONS

A new edition of **Choices** has been published during the year. Work continues on the book **History of Family Planning**.

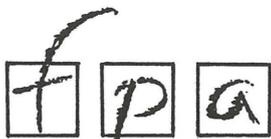
MEETINGS

During the year, two Federation Council meetings have been held in Canberra, each preceded by a meeting of Executive Officers.

The structure of the Council meetings has been changed to include attendance of Executive Officers and this has assisted in ensuring continuity of decision making.

A meeting of Education Officers was held in Sydney in December. This resulted in a great sharing of resources and also an agreement that Family Planning Associations nationally should apply for funding for a major HIV/AIDS Education program which is currently in hand.





FAMILY
PLANNING
FEDERATION
OF
AUSTRALIA
INC

— *continued*

**FINANCIAL
REPORT**

Dr Rosemary Coates, Education Coordinator, also introduced an accreditation system for Educational Programs which, after full consultation, was accepted by Education Officers and approved by Council at the March meeting.

OTHER ACTIVITIES

During the year submissions have been made on various issues including Women's Health, HIV/AIDS and Aboriginal Health.

Federation received a wide range of requests for information and assistance from national and international organisations, the media and individuals. Work continues on the promotion of family planning as a vital part of health care within the community generally and by contact with politicians and bureaucrats at both an individual level and through various committee structures and membership of other organisations.

The financial statements for the year show a continuing increase in operating costs (10% for the year), and significant capital expenditure on the new building.

OPERATING ACCOUNT

A significant increase in expenditure on Salaries (18% more than last year) is due to the Nursing Career Structure implementation and National Wage Case decisions during the year.

Our Operating Grants also increased (by 6%) but a higher proportion of our non-grant income was used to subsidize operating costs (\$132,400 or 73%, compared to \$62,100 or 37% last year).

CAPITAL ACCOUNT

A total of \$402,472 was expended on the building project during the year, and this was the only major expenditure. This amount was funded from the sale of excess properties, income earned during the year, and retained earnings from previous years. The grand total cost of the building project over two financial years was within budget at \$867,100.

Net capital funds are low at \$27,800, but this is a reasonable position at the end of a major building project.

FINANCIAL DECLARATION

We, Richard Hicks, President and Judith Dwyer, Chief Executive Officer of the Family Planning Association of South Australia Inc state that, in our opinion the attached Statement of Capital Receipts and Payments and Statement of Operating Receipts and

Payments are properly drawn up as to give a true and fair view of the state of affairs of the Association at the year ended 30 June 1989.

Adelaide, 29 September 1989

On behalf of the Council

R. G. Hicks

Richard Hicks
President

Judith Dwyer
Chief Executive Officer

AUDITOR'S REPORT

We have audited the accompanying Statement of Net Operating Receipts and Payments and the Statement of Capital Receipts, Payments and Transfers of the Family Planning Association of South Australia Inc. for the year ended 30 June 1989, in accordance with Australian Auditing Standards.

Subject to the above, in our opinion the Association's accounting records have been kept in accordance with the Associations Incorporations Act, 1985 such that the accounts give a true and fair view of the affairs of the Association for the year ended 30 June 1989.

The Council have resolved that the accounts not be prepared in accordance with relevant Australian Accounting Standards. The restriction imposed by those standards do not, in the opinion of the Council, facilitate the provision of information in a way in which the main users of the accounts would find useful.

MANN JUDD
Chartered Accountants

D.A. MAJOR
Partner

It was not practical for the Association to establish control over receipts prior to their entry into the accounting records. Accordingly, our audit of receipts was limited to the amounts recorded in the initial books of entry.

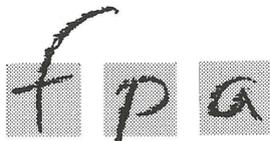
Dated this 29th day of September 1989.

**STATEMENT OF NETT OPERATING RECEIPTS AND PAYMENTS
FOR THE YEAR ENDED 30 JUNE 1989**

1987-88	Payments	Clinical	Non Clinical	Total
	OPERATING EXPENSES			
1127941	Salaries & Wages	868095	458968	1327063
40141	Superannuation	31317	17945	49262
58221	Workers Compensation Prem	20989	10828	31817
8468	Rent - Regional Accom	2460	1242	3702
22794	Medical Supplies	27395		27395
	Long Service Leave Paid	4293	1422	5715
17000	Long Service Leave Accrued	8007	3778	11785
	FPFA Levy on Wyeth Purch.	4036		4036
	EQUIPMENT & INFORMATION			
29253	Instruments & Appliances	5010		5010
13649	Library, Films & Video		7130	7130
25414	Equipment	4517	5541	10058
8357	Leaflets & Posters			
22892	Motor Vehicle Replacement	10712	10892	21604
	ADMINISTRATION			
10285	Publicity & Information	3806	2151	5957
2541	Bank Charges	1581	827	2408
2933	Accounting & Auditing	3079	1582	4661
15980	Cleaning & Laundry	12864	5294	18158
12626	Light & Power	10405	5334	15739
9470	Insurance Premiums	13149	6774	19923
17472	Postage, Freight & Phone	15557	7714	23271
29653	Printing & Stationery	45414	21754	67168
11723	Repairs & Maintenance			
6122	• Premises	5046	2597	7643
5080	• Equipment			
17339	Transport	13192	6683	19875
5132	Rates	3062	1554	4616
11767	Conferences & Seminars	5815	4046	9861
3298	Advertising for Staff	2635	1357	3992
3147	Sundries	2518	818	3336
9902	Courier Service	13015		13015
4000	Aboriginal Pamphlets		3000	3000
6853	FPA(SA)/RFDS Grant			
61081	HPG Development Outreach			
	Country Services	6530		6530
	Computer Services	20361	10100	30461
	Special Projects		1530	1530
	SHH Extension/Counsel Service		23299	23299
1620534		1164860	624160	1789020
	RECEIPTS			
1031705	Health Program Grant	1068200		1068200
58700	Family Planning Grant		62580	62580
457000	SAHC Grant		461800	461800
	Video Project Grant-SAHC		3000	3000
	Special Grants	10000	51029	61029
	Surplus from Contraceptive			
106054	Sales	107151		107151
	Surplus from Book/Video			
5029	Sales/Hire		5113	5113
20401	Training Unit Income	4108	23120	27228
33705	Annual Subscriptions		42218	42218
914	Sundries		27	27
11000	FPA(SA)/RFDS Grant			
373	Staff Fund			
(104347)	Surplus From Operations	(24599)	(24727)	(49326)
1620534		1164860	624160	1789020

**STATEMENT OF CAPITAL RECEIPTS PAYMENTS & TRANSFERS
FOR THE YEAR ENDED 30 JUNE 1989**

1987-88	Opening Account Balance	Capital Funds	Investment Account	Total
299069	as at 1 July 1988	(1633)	100000	98367
	PAYMENTS			
16	FID Tax	244		244
601	Chief Executive Officers Fund	411		411
464591	Building Costs	366472	36000	402472
180107	Transfer to Savings A/c			
200000	Transfer to Operating A/c			
	Transfer to Investment A/c	30000		30000
845315		397127	36000	433127
	RECEIPTS			
3775	Interest Received	15634		15634
203072	Transfer from Investments		30000	30000
104000	Transfer from Operating A/c			
827	Donations Received	1400		1400
	Donation to Library	500		500
19271	Interest Re-Invested			
	Transfer from Operating A/c			
100000	• New Funds			
100000	• SAHC Grant			
104347	Surplus from Operations	49326		49326
	Sale of Surplus Equipment	3872		3872
	Real Estate Sales - Gross	250000		250000
17000	LSL Accrual	11785		11785
652292		332517	30000	362517
(7679)	Deficit carried forward from prior years			
98367		(66243)	94000	27757
	Represented by			
	Operating A/c (59006)			
	Savings A/c (7237)			
	Investments 94000			
	27757			



Family Planning Association of SA Inc

CLINIC APPOINTMENT TIMES AND LOCATIONS

ELIZABETH

Lyell McEwin Health Service
Community Health Services Building
Haydown Road
Elizabeth Vale
282 1206

Tuesday 5.30-8.30pm
Thursday 1.00-4.00pm

FLINDERS MEDICAL CENTRE

Consulting Clinic G
Flinders Drive
Bedford Park
31 5177

Tuesday 6.45-9.00pm
Thursday 6.45-9.00pm

KENSINGTON

17 Phillips Street
Kensington
31 5177

General Clinic - Monday - Friday (except Tuesday morning)
9.00am-12.00noon
1.00pm-4.00pm
5.00pm-8.00pm
Saturday 8.45am-11.45am

Pregnancy Clinic Tuesday 6.00pm-7.30pm
Friday 9.00am-10.45am

Drop in Pregnancy Testing Service
Monday - Friday 9.00am-4.30pm
Saturday 8.30am-11.30am
Pregnancy test cost \$6.50

MODBURY

Tea Tree Gully Community Health Centre
77 Smart Road
Modbury
31 5177

Wednesday 5.00-8.00pm
Thursday 2.30-5.30pm

MUNNO PARA

Munno Para Comm. Health Service
Crittenden Road
Munno Para
254 1444

Saturday 9.30am-12.30pm

NOARLUNGA

Noarlunga Health Village
Alexander Kelly Drive
Noarlunga
384 9222

Tuesday 9.30am-12 noon
1.00pm-4.00pm

PORT ADELAIDE

Port Adelaide Comm. Health Service
Cnr Dale & Church Street
Port Adelaide
240 9611

Monday 2.30-5.30pm
Thursday 4.00-6.45pm

SOMERTON

Brighton Glenelg Community Centre
20 Tarlton Street
Somerton Park
31 5177

Wednesday 9.30am-12.30pm

TORRENS ROAD CLINIC

Hindmarsh Community Centre
163 Torrens Road
Ridleyton
31 5177

Tuesday 1.00pm-4.00pm
Wednesday 1.15pm-4.00pm

YOUTH CLINICS

NOARLUNGA YOUTH CLINIC

Noarlunga Health Village
Noarlunga
384 922

Thursday 3.30pm-7.00pm

SALISBURY SHOPFRONT

Shop No 4
72 John Street
Salisbury
281 1775

Thursday 4.00pm-7.00pm

SECOND STORY YOUTH CLINIC

Second Floor
102 Rundle Mall
(Entrance off Charles St)
232 0233

Tuesday 2.00pm-5.00pm
(Appointment is required)

ETHNIC CLINICS

KAMPUCHEAN

Torrens Road Clinic
Hindmarsh Community Centre
163 Torrens Road
Ridleyton

*Second Tuesday of each month
1.00-4.00pm*

People from other ethnic groups may be seen in any FPA clinic by appointment. An interpreter will be arranged if necessary providing adequate notice is given.

Consultations are free

Annual subscription of \$5.

Contraceptives are available for sale at all FPA clinics

For enquiries and appointments (08) 31 15177 or (008)
188 171 country callers

