

**THE  
FAMILY PLANNING ASSOCIATION  
OF SOUTH AUSTRALIA INC.**



**17th Annual Report**  
for the year ended 30th June, 1987



THE FAMILY PLANNING ASSOCIATION OF SOUTH AUSTRALIA INC.  
**SEVENTEENTH ANNUAL REPORT**

FOR THE YEAR ENDED 30th JUNE, 1987

The Family Planning Association of South Australia Inc. is incorporated under the Associations Incorporations Act (S.A.) and is an autonomous affiliate of the Family Planning Federation of Australia Inc.

### ACKNOWLEDGEMENTS

The Association expresses its appreciation for financial assistance from the Australian and South Australian Governments, and for the assistance and support of the many individuals, community groups and organisations with whom we have worked during the year.

COVER ILLUSTRATION: Artist's sketch of planned new building.

### STATEMENT OF PHILOSOPHY

The Family Planning Association of South Australia is committed to providing high quality sexuality, relationship, and reproductive health services for all members of the community. The Association believes that sexuality is an integral part of the total personality, and promotes the right of all people to information and services which enable informed choice and decision-making. It is acknowledged that the expression of sexuality is of varying importance to individuals, and that in our society it is an area of potential exploitation.

The Family Planning Association of South Australia is committed to providing a safe and healthy work environment and respecting the rights and interests of staff. The Association believes that all staff have the right to participate in further education and inservice programs to enable them to maintain standards and continue their professional development.

### PURPOSE

The Family Planning Association of South Australia provides non-discriminatory, confidential services in sexuality, relationships and reproductive health for all members of the community, based on the belief that people have the right to choose freely and be supported without bias in their decisions. Priority for access to Family Planning services is on the basis of need as indicated by health, social and economic factors. Services will respect the dignity of all people and be directed towards their empowerment as individuals and as members of communities. The philosophy and purpose outlined in this statement guide the work of the Family Planning Association staff, who are committed to the provision of high quality programs.



### OBJECTIVES

1. To provide high quality clinical services in the areas of sexuality, relationships and reproductive health.
2. To provide an integrated pregnancy diagnosis, counselling and referral service which respects the individual's right to choose.
3. To provide clinical training for nurses, doctors and other health professionals, ensuring that clients retain the right to decline to participate in training.
4. To provide effective community education programs in the areas of sexuality relationships and reproductive health, appropriate to community needs.
5. To provide specialised education for health professionals and others to enhance their knowledge and skills in relevant areas.
6. To undertake activities which inform the community generally on relevant issues and promote community awareness and acceptance of family planning issues and of the work of the Association.
7. To provide library and information services to clients, staff and the community generally.
8. To maximize accessibility of Family Planning Association programs to all members of the community, having regard to factors such as cultural diversity, language, disability, geographic isolation and financial circumstances.
9. To ensure the continuing professional development of all staff members through in-service programs and support for staff undertaking relevant studies.
10. To encourage and/or conduct research into factors influencing family planning issues and sexual health.

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## PRESIDENT'S FOREWORD

This has been a year of continuing major change in the Association. The new smaller Council, re-organised on the basis of changes to the Constitution approved at a Special General Meeting in August 1986, has worked vigorously and well. Council has developed a new approach to its role as the governing body of the Association which is appropriate to the size and complexity of the organisation, and to the professionalism of the staff.

Following acceptance of the recommendations of the "Review of the Family Planning Association of South Australia", 1986 (The Kane Review) by Council and the Minister of Health in South Australia, the attention of Council has been directed very much towards implementation of the recommendations. Significant progress has been made, and the results are outlined in this Report. The process is by no means complete, and will continue to occupy Council during the coming year.

One key element in re-directing the Association has been consolidation of good communication channels between Council and staff, particularly members of Management Team. Clear definition of the formal channels augmented by a number of avenues of informal exchange have proved to be an effective combination.

It is with regret that I report only one edition of "News Review", the newsletter to members, was published this year. Council have accepted a recommendation from staff involved in production of the Review for a revised format, in combination with the Resource Centre newsletter, and a move towards quarterly production.

I am pleased to record my thanks and congratulations to all members of Council and to the staff, for their excellent work during this demanding year.

Heather MacDonald  
President



### COUNCIL AND MEMBERSHIP

VICE-REGAL PATRON: His Excellency The Governor, Sir Donald Dunstan

PATRONS: Dr. Winifred Wall, A.M. Professor Lloyd Cox, A.M.

#### LIFE MEMBERS:

Life Membership of the Association is awarded on the recommendation of Council in recognition of outstanding service. Life Members of the Association are:

Dr. Karl Ball  
Ms. Pat Bockner  
Ms. Rosemary Boucaut  
Mrs. Gwen Brooking  
Ms. Janet Browning O.A.M.  
Dr. Ina Campbell

Ms. Margaret Clark  
Professor Lloyd Cox  
Dr. Kerrie Davies  
Dr. Olive Johnston  
Ms. Dianne Morris  
Dr. Winifred Wall  
Ms. Elizabeth Yeatman

#### COUNCIL MEMBERS:

Due to changes to the Constitution, all positions on Council were declared vacant in 1986, and were filled as follows:

Elected Members:	Mrs. Heather Macdonald	President
	Mr. Richard Hicks	Vice-President
	Ms. Carol Gaston	
	Ms. Margi Hill	
	Dr. Margaret Moody	

Elected Staff Nominee: Ms. Bev Burnell

Nominee of the South Australian Government: Dr. Aileen Cannon

Co-opted Members: Ms. Anne Levy, M.L.C.  
Mr. Lou de Leeuw

The Council meets monthly to receive reports from Senior Staff and to decide on matters of policy and general governance of the Association. Mrs. Heather Macdonald is the Council's delegate to the Family Planning Federation Council.

#### MEMBERSHIP:

The Association has 148 current members, who provide a vital body of support for its work and who constitute its community base.

Membership fees were increased at the 1986 Annual General Meeting to \$10 (and \$5 concession) per annum.

STAFF

(as at 30th June, 1987)

ADMINISTRATION AND CLERICAL:

<u>NAME</u>	<u>TITLE</u>	<u>FULL TIME EQUIVALENT</u>
Judith Dwyer	Chief Executive Officer	1.0
Ian Downer	Administrative Officer	1.0
Lorraine Hooper	Supervisor, Publicity & Information Services	1.0
Ann Lawless	Regional Services Co-ordinator	1.0
Angela Penezic	Secretary & Word Processor Operator	1.0
Beverly Sayers	Receptionist	0.4
Debbie Scerri	Receptionist	0.6
Desiree Schild	Secretary & Word Processor Operator	1.0
Tom Schultz	Gardener / Handyman	0.2
		—
F.T.E.		7.2

EDUCATORS:

<u>NAME</u>	<u>TITLE</u>	<u>FULL TIME EQUIVALENT</u>
Sue Foster	Principal Education Officer	1.0
Rosalie Earl	Asst. Education Officer	0.8
Juliet Watts	Senior Educator	1.0
Lili Wiedenmann	Multi-Cultural Services Co-ordinator	1.0
Patricia Cox	Library & Resource Centre Co-ordinator	1.0
Linda Butler	Resources Clerical Assistant	0.9
Annie Braendler	Community Health Worker	0.7
Pam Hunnerup	Community Health Worker	0.6
Rae Read	Community Health Worker	1.0

## Community Educators:

Rhonda Cleeland	James Greal	
Ruth Coleman	Jo Hoiles	
Liz Day	Brod Osborne	
Sandy Edwards	Jenny Turner	
Heather Gare		
		Total F.T.E. 5.0
		—
		F.T.E. 13.0

MEDICAL OFFICERS:

<u>NAME</u>	<u>TITLE</u>	<u>FULL TIME EQUIVALENT</u>
Bronwen Weller	Senior Medical Officer	1.0
Joy Giles	Senior Clinic Doctor	0.6
Medical Officers:		
Shirley Broad	Margaret Kummerow	
Rachel Gronke	Judy McDonald	
Margaret Harrington	Hazel Nathaniel	
Anne Isaacs	Joyleen O'Hazy	
Rita Joffe	Karen O'Neill	
Margaret Kearney	Phan Phuong	
Kirsty Kneebone	Cathy Sanders	
	Chris Shumack	
		3.0
		—
	F.T.E.	4.6

NURSES:

<u>NAME</u>	<u>TITLE</u>	<u>FULL TIME EQUIVALENT</u>
Jan Dolman	Principal Nursing Officer	1.0
Bev Burnell	Nurse Educator	0.5
June Cox	Nurse Educator	0.5
Trish Harris	Acting Senior Clinic Nurse	0.8
Marie Crisp	Home Visiting Nurse	1.0
Barbara Kiek	Home Visiting Nurse	0.8
Laura Law	Home Visiting Nurse	0.8
Part-time Clinic Nurses:		
Annie Braendler	Debbie Furner	
Pat Cohen	Carolyn Gilbert	
Sally Davis	Margaret Jorgensen	
Gay Elliott	Pat Waters	
		3.2
Casual Clinic Nurses:		
Pam Cheesman	Sue Plume	
Rhonda Cleeland	Jo Robinson	
Pam Fulton	Sonia Sommers	
James Grealy	Jenny Turner	
Candy Hyde	Ann Watkins	
Dilys Konrath		
		2.6
	F.T.E.	11.2

CLINIC RECEPTIONISTS:

<u>NAME</u>	<u>TITLE</u>	<u>FULL TIME EQUIVALENT</u>
Heather Sims	Clinic Office Co-ordinator	1.0
Jill Haines	Assistant Clinic Office Co-ordinator	1.0

## Part-time Receptionists:

Bev Bates-Brownsword	Rosemary Butler
Angela Borrillo	Joy Heijkoop
	Peggy Wall

## Casual Receptionists:

Janice Oats	Christel Tomas	
Judi Rushforth	Ann Urban	
		4.3
		—
	F.T.E	6.3

SOCIAL WORKERS:

<u>NAME</u>	<u>TITLE</u>	<u>FULL TIME EQUIVALENT</u>
Wendy Willow	Senior Social Worker (On leave)	
Margaret Dugdale	Temp. Senior Social Worker	0.8
Barbara Buttfield	Social Worker	
Danny Falconer-Flint	Social Worker	
Erica Spry	Social Worker	.35
		—
	F.T.E	1.15

ETHNIC HEALTH WORKERS:

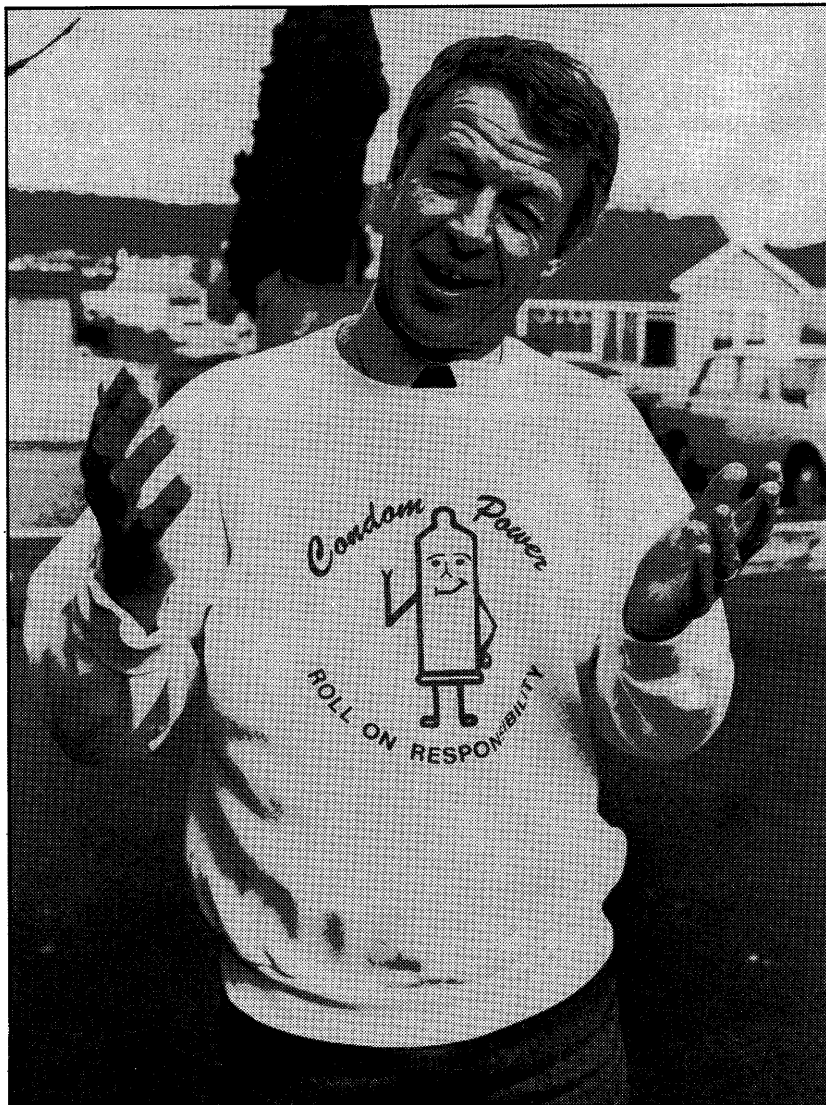
Pich Khorn		
Zbigniew Kusiak		
Lan Ngo		
Lan Tran	Sessional	.1
		—
	TOTAL STAFF F.T.E.	43.55

Ms. Linley Hartmann resigned her position as Chief Executive Officer in February, and thanks are extended to her for her contribution to the Association. Ms. Judith Dwyer was subsequently appointed as Chief Executive Officer. Several members of staff resigned during the year, and thanks are extended to:

Michael Armitage  
Margaret Bagshaw  
Beryl Bettell  
Jo Congdon  
Betty Edward  
Helen Hagen  
Maureen Inglis  
Stephanie Kahn

Judy McDonald  
Lee-Ann Murdoch  
Anna Neoh  
Julie Potts  
Rosie Reid  
Judi Rushforth  
Penny Steele  
Pam Stevens  
Graham Wright

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Dr. Neal Blewett, Federal Minister for Health  
promoting sexual responsibility  
(Photograph courtesy of the 'Mercury', Tasmania)

## CHIEF EXECUTIVE OFFICER'S REPORT

The main focus for the Association during the year has been implementation of the Kane Review presented to Council in May 1986. Council and staff have responded very positively and responsibly to the challenges posed by the Review recommendations, and we have achieved significant change and new direction during the year. The body of this Report addresses many of the changes; the major new directions are:

### 1. REGIONALISATION

Both clinical and educational services will be provided by multi-disciplinary family planning Teams located in each of five regions, mostly within Community Health Services. The support of those Services, and the success of the Southern Team based at the Noarlunga Health Village, give us confidence that this will be an effective method of organising our work, and will make our services more accessible and more responsive to community needs.

The focus this year has been on developing regional Teams, finding accommodation etc. The next stage will be assessing the need for changes to the structure of the organisation as a whole to match the needs of a regionalised service.

### 2. RE-DIRECTION OF SERVICES IN SCHOOLS

The Review recommended a shift away from direct class-room teaching, and a new focus on working with teachers, providing training and resources to support their role in health education. The success of these changes will depend partly on the responses of both the South Australian Health Commission and the Education Department. We look forward to the development of appropriate policies by both organisations.

However, in the field there is a continuing high demand for our education services on the part of individual schools and teachers, though many have expressed their concern about any withdrawal from direct class-room work.

Our current direction is based on:

- . Priority to disadvantaged schools/regions.
- . Provision of programs to students with emphasis on teacher participation.
- . Provision of "in-service" workshops for teachers.

### 3. RE-DEVELOPMENT

Another major project has been preparatory work for the Re-Development of our Kensington premises. Plans have been drawn up and submitted for planning approval. It is intended that building will commence in January, 1988. The new premises will present an improved public image of the Association, will encourage closer working relationships among staff at Kensington, and will enable some improvements in efficiency for all activities. The new building will be financed partly from accumulated earnings, partly from the sale of some of our existing property, and partly from loans, grants or donations.

The implementation of change is always difficult, and has been the source of some considerable stress for staff. However, the new directions have been well accepted, and the Association has benefitted from the considerable energy, professionalism and dedication of staff in what has been a difficult but very productive year. The foundations for continuing high standards and effective innovation have been laid, and the Association begins the 1987/88 year in a strong position.



Judith Dwyer, Chief Executive Officer



### CLINICAL SERVICES

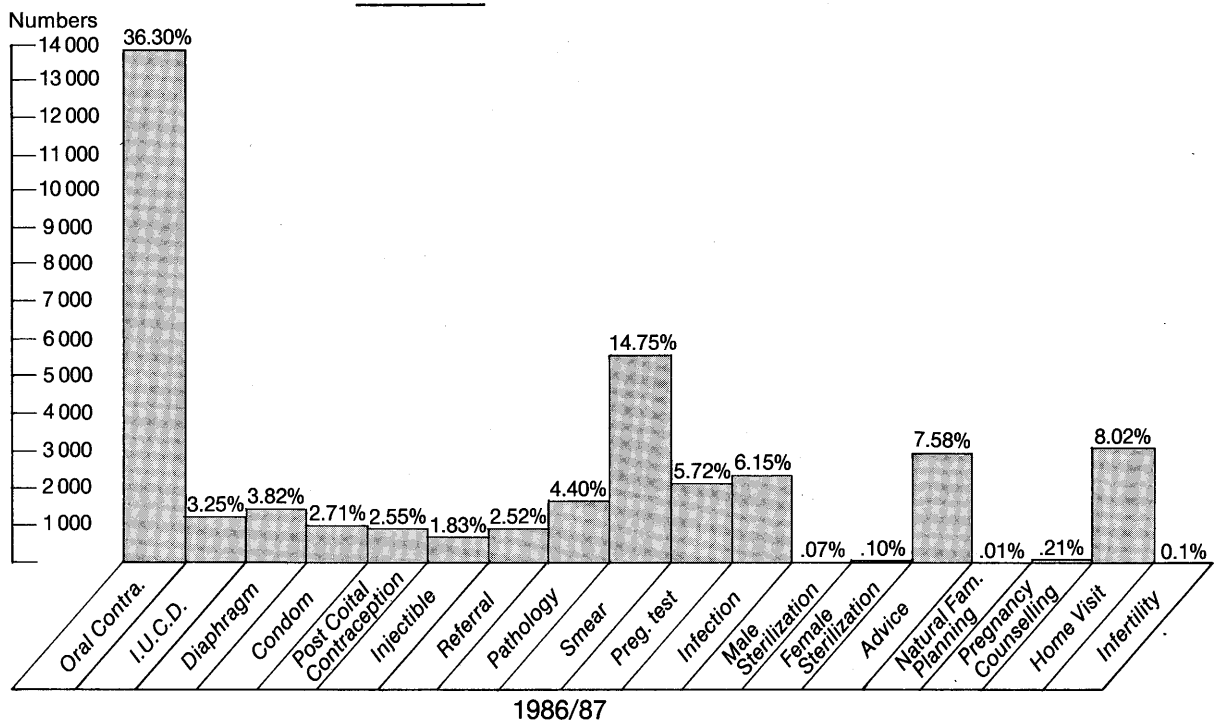
The provision of clinical services to individuals and couples continues to be the major activity of the Association. Medical, nursing and reception services are provided in the following areas:

- . FERTILITY CONTROL
- . PREVENTIVE HEALTH CARE
  - . Cervical Smears
  - . Breast Examination
  - . Safe Sex Information
- . PREGNANCY DIAGNOSIS
- . SEXUALLY TRANSMITTED DISEASES
- . OTHER AREAS OF SEXUAL HEALTH

During the year some 39,000 services were provided to clients, primarily for contraceptive advice and prescription. A direct comparison with last year's results is not possible, due to changes in the way data has been collected. The most interesting change has been an increase in the proportion of services related to broader aspects of sexual health care, particularly screening (including cervical smears) and minor gynaecology.

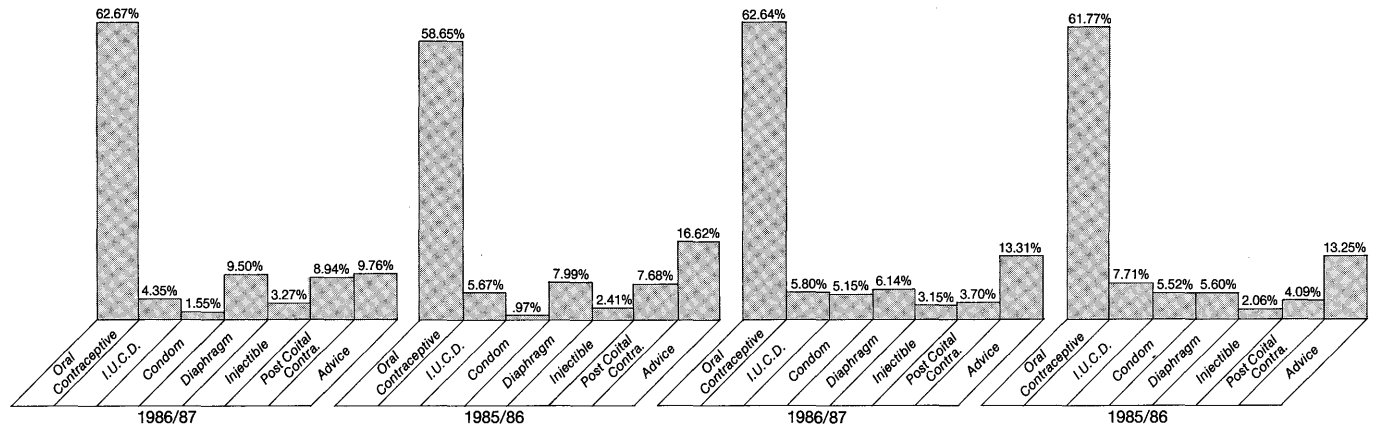
A total of 4,088 new clients registered with the Association during the year, a slight increase over last year.

**FIGURE 1: CLINICAL SERVICES**



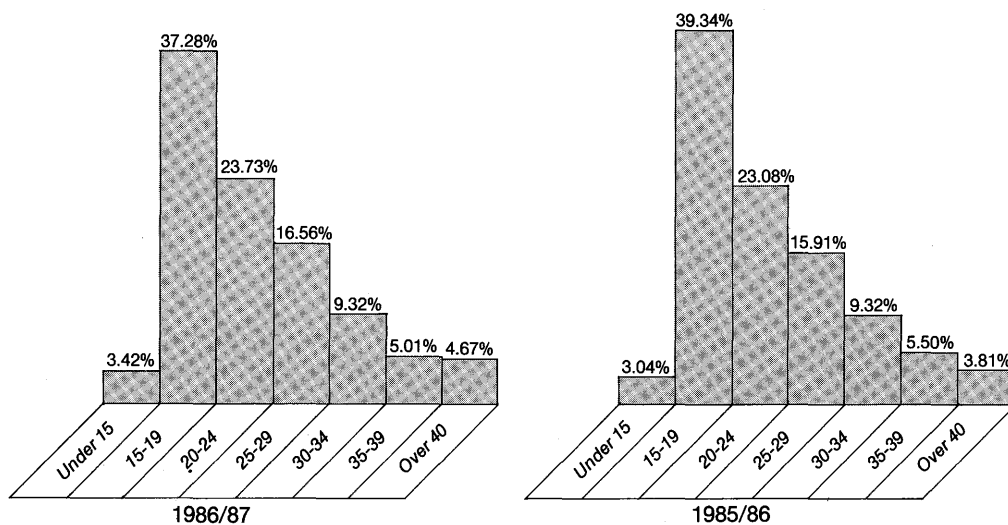
The pattern of usage of various contraceptive methods has remained fairly steady. Figure 2 illustrates the methods chosen by new clients last year and this year. Usage of the I.U.D. has decreased, while the pill, diaphragm and condom have increased slightly.

**FIGURE 2: CONTRACEPTIVE METHODS**



The age range of clients continues to show a concentration of contact with those in their early reproductive years, with approximately 65% of clients being under the age of 25 years. Staff report a slight increase in the number of men attending clinics, particularly younger men at youth clinics, but data to support this are not yet available.

**FIGURE 3: AGE OF NEW CLIENTS**



Behind these vital statistics, there are several new projects and lots of dedicated work. The highlights of new developments are summarized below, but they are not the whole story. Much of our Clinical Service remains focused on meeting the basic constant need for high quality, accessible contraceptive services and related reproductive health services. Continuing to provide these services in a professional, confidential and considerate manner is the bread-and-butter of clinical work, and is based on effective team work by nurses, doctors and receptionists.

A generous grant from the Commonwealth Department of Health enabled the Association to expand its activities in four important clinical areas:

### 1. YOUTH CLINICS

Many young people who are reluctant to use health services can be reached through clinics which are designed specifically for them, where they feel they are among their peer group, that their concerns are taken seriously and their confidentiality is respected. Three Youth Clinics have been established during the year in conjunction with existing youth services: Noarlunga Health Village, Salisbury Shopfront, and The Second Story. It was soon realised that some of our procedures were unsuitable, particularly for use with young men, so a new system of case-notes for men is being developed.

### 2. ETHNIC CLINICS

Language and other cultural factors often create difficulties which lead to people of non-English speaking background receiving fewer preventive health services than the community generally. In an attempt to overcome this problem special clinics have been conducted once per month since December for three ethnic groups:

Kampuchean are able to attend the F.P.A. clinic at Thebarton where a Kampuchean health worker provides an interpreting service and general support to the clients.

Vietnamese people have a clinic at Pennington Hostel staffed by a Vietnamese doctor and nurse.

The Polish community has had a clinic at Thebarton with a Polish health worker who interprets and assists the F.P.A. doctor. In order to be in close proximity to the Polish community it has been decided to re-locate this clinic in the Northern region.

### 3. COUNTRY SERVICES

To fulfil a perceived need for sexual health services in country areas Family Planning made two clinical trips to country areas in 1986/87. Continuing previous contact made in Coober Pedy, a doctor and two nurses visited Coober Pedy, Andamooka, Oodnadatta and Tarcoola with air transport provided by the Royal Flying Doctor Service. There is strong demand for service in this area so visits will probably be made twice per year in future. A doctor, two nurses and a community educator visited the South-East conducting education programmes for schools and professionals in several centres. Clinics were held in Bordertown and Keith with an excellent response from local women.

#### 4. SEXUAL HEALTH HOTLINE

On February 2nd, 1987 this unique service was launched.

In line with the Family Planning philosophy, the aim of the service is to ensure that men and women of all ages, and from all lifestyles have equal access to hassle free, non-judgemental information on all areas of sexual health and sexuality. The Hotline is staffed by experienced Family Planning nurses who have access to a comprehensive referral system which enables referral to organisations with more specific expertise. This style of information-giving will encourage the many people who feel uncomfortable with, or do not have access to, "face-to-face" community resources to take the first step and seek information on their own sexual health.

The service is offered 8.30 a.m. - 9.00 p.m. Monday to Friday and 8.30 a.m. - 1.00 p.m. Saturday. Clients may telephone the Hotline direct or use the general Family Planning Association number. A toll free number is also available for country callers.

The majority of the calls are enquiries concerning contraception, women seeking information about pregnancy testing and sometimes abortion referral. Other enquiries include information and education concerning sexually transmitted diseases, sexuality and relationships. Most of the callers are women but men do telephone to enquire about vasectomy, condoms or to ask questions on behalf of their partner.



Sr. Gay Elliott takes a S.H.H. call

There were also several other new developments during the year:

5. DEVELOPMENT OF REGIONAL CLINICS:

As part of regionalisation three new suburban clinics have been established in 1986/87 in order to improve access for local communities to the Association's services. The new clinics are:

Western Region

- . Thebarton Clinic - Opened 9th December, 1986
- . Torrens Road Clinic - Opened 1st April, 1987.

Northern Region

- . Munno Para Clinic - Opened 13th December, 1986

The Modbury clinic is now located at the Tea Tree Gully Community Health Centre, 77 Smart Road, Modbury.

6. CHANGES TO THE HOME VISITING SERVICE

The Review recommended phasing out the Home Visiting Service, on the basis of concern about the cost-effectiveness of such a service. It was recommended that clients should be encouraged to use F.P.A. and other services independently, and regionalisation of clinics was seen as improving access for these clients. During the year, the Home Visiting Nurses have reduced the amount of home visiting and transport for clients, and are preparing, with the Principal Nursing Officer, a strategy for identifying high-dependency groups and negotiating with other agencies to fill any gaps which may be created as the Service is phased down.

7. NURSE PRACTITIONERS: A NEW ROLE

The first Family Planning Course for Nurse Practitioners was held in September 1986, for currently employed Family Planning nurses. Ten participants undertook the four day theory course and over a period of months have now completed their clinical training. Nurse practitioners are able to offer a range of services to well women, with immediate referral to a doctor if any problems are identified.

Consultations for well-women include annual pap smears, breast checks, fitting and checking of diaphragms, post termination checks, post-coital checks, repeat issues of oral contraceptives (following authorization signed by a medical practitioner) and I.U.D. checks. The service continues to be very popular with the clients and has increased job satisfaction for the nurses.

## 8. CLINIC ADMINISTRATION

The establishment of Regional clinics and Regional Teams has resulted in the need for a highly efficient service for clinic requirements, and a new management system at the Kensington clinic office. A number of changes have been made, including the introduction of a courier service, the design of which required a great deal of thought and effort by Receptionists and Enrolled Nursing staff. The aim is to provide the full range of services to clients, and continuity of care, in each of twelve locations in metropolitan Adelaide. The system requires effective co-ordination between Enrolled Nurses and Receptionists, and has improved the overall communication and team effort.

Clients may make an appointment for any of the clinic locations around Adelaide and receive the same continuity of care as they would at Kensington. All clinic appointments, with the exception of Munno Para, Noarlunga and Port Adelaide, are made through the Kensington office and there has been a considerable increase in the transferring of client case notes and medical and general information to the Regional clinics. All statistics are compiled by Receptionists and collated by Kensington Office staff.



Heather Sims - Clinic Co-ordinator taking appointments

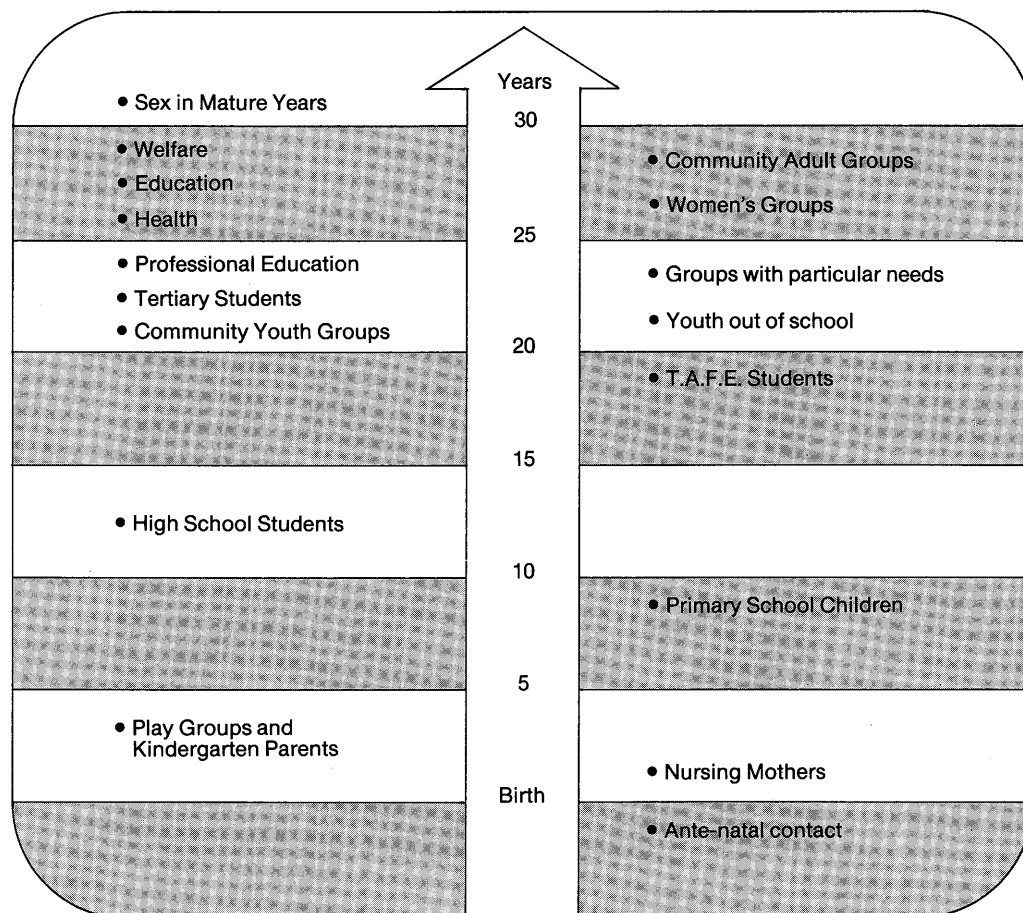
### EDUCATION SERVICES

The provision of education programs on sexuality, sexual health and contraception is a major focus of the Association. Our experience over many years has led to an understanding that information alone is not enough to enable people to make responsible personal choices in this area. Despite the apparent bombardment of information about sexuality in our community, there is still a great need for programs which are aimed at providing a basis for sound decision-making.

Although program delivery is governed by limited financial and human resources, the Educators have met most requests for community programs in the past twelve months. By working where possible with other health professionals, we have increased the amount of indirect services, that is, supporting and resourcing program delivery by others.

The following "life-line" demonstrates the points at which F.P.A. Information and Education reaches all age groups in the community.

FIGURE 4:



The recommendations of the Kane Report (1986) caused some confusion in the community, with schools being unsure of the future role of F.P.A. Education. During the year, the following approach has been adopted:



- . Requests from upper primary and secondary schools for programs in Human Sexuality and Relationships are being accepted and conducted throughout the metropolitan area and Port Pirie.
- . These requests are being managed by the appropriate Regional Team wherever possible.
- . Teachers are actively encouraged to be part of these programs, and to take some responsibility for their continuation; priority is given to schools where this is the case.
- . Inservicing and support is provided to schools either with or without F.P.A. Educators' involvement in programs.
- . All F.P.A. Educators are available to assist teachers in teaching about Human Sexuality and Relationships.

Seventy-five metropolitan and country schools received programs from F.P.A. Educators in the 1986-87 year; the amount of activity is illustrated by the following statistics:

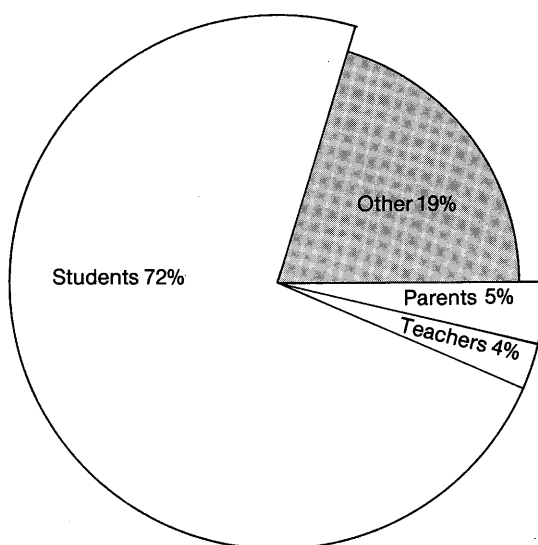
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. Students receiving programs	10,434
. Teachers involved in in-servicing or requesting information and support	618
. Parents receiving information concerning programs for their children.	751

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The major component of Education Services continues to be work with schools, as Figure 4 illustrates.

FIGURE 5: EDUCATION CONTACTS



### RESOURCE CENTRE

The Resource Centre provides a lending library service to clients, staff, students and the community, from our collection of 2000 books, 70 journals, and resource files on 90 subjects in the areas of sexual and reproductive health.

An extensive film and video collection is also available for hire.

The Resource Centre produced and staffed several promotional displays throughout the year. These included attendance at Immigrant Women's Day, the opening of the Lyell McEwin Health Service, the Health Fair at Salisbury High School, and OASIS Infertility Information Day.

The introduction of school-assessed courses at Year 12 level, and the wider choice of topics for students, has led to an increase in the "Talk and Tour" sessions. These provide an overview of the role of the Family Planning Association, supported by relevant leaflets and a tour of the premises. Country schools in particular take advantage of this resource.



Sue Foster - Principal Education Officer  
discusses resources with  
Jenny Turner - F.P.A. Educator

NATIONAL FAMILY PLANNING DAY - NOVEMBER 7, 1986

The focus for National Family Planning Day in 1986 was the prevention of Sexually Transmitted Diseases. South Australian activities promoted condoms as a cheap, available, reliable, under-utilised and under-valued method of preventing the transmission of infection, as well as being a contraceptive method.

Activities included media coverage on television, press and radio, the use of condom advertisements on two radio stations with young audiences, and a team of Family Planning staff stationed in Rundle Mall, handing out information and condoms to the public.

The main comment from the community was of "It's about time this sort of information was made available!"



Family Planning Association Educator, James Grealy  
in Rundle Mall on National Family Planning Day 1986  
(Photograph by Campbell Brodie - courtesy 'The Advertiser')

### PROFESSIONAL EDUCATION

For some time the Association has been working extensively with other health professionals in order to maximise the spread of information and education regarding sexuality and reproductive health to the community.

Formal courses are offered for Doctors, Nurses, Nurse Practitioners, Enrolled Nurses and Community Educators, for which assessment is undertaken and successful participants are awarded a certificate. The numbers of graduates this year are:

Doctors	29
Nurses	100
Nurse Practitioners	10
Enrolled Nurses	50
Community Educators	48
<hr/>	
TOTAL	237

Education sessions were also provided to the following groups during the year:

- C.A.F.H.S. Nurses
- Infant Welfare Nurses
- Nurse Educators
- Nursing Students
- Medical Students
- Social Work Students
- Student Teachers
- Special Education Student Teachers
- Youth Workers
- Residential Care Workers
- Foundation for Multi-Disciplinary Education Students
- Outreach Nursing Education Service - North/West Sector
- Student Nurses - Hospital Based
- Trainee Enrolled Nurses
- Post Basic Nurses
- Aboriginal Health Workers

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Teachers are supported in their schools by senior Educators conducting in-service programs, focussing specifically on techniques for teaching students about reproductive health and sexuality. F.P.A resources and expertise are made available to teaching staff, with no charge for this apart from a nominal hiring fee for films and videos.

The Professional Education Group within F.P.A. is also responsible for initiating and organising ongoing professional development for staff.

### NURSE EDUCATION

The Family Planning Association of South Australia has continued to offer a basic family planning course for both registered and enrolled nurses. New programs have been designed specifically for Nurse Practitioner education and existing courses have been broadened and diversified to meet the ongoing and changing needs of nurses in the community and hospitals.

In 1986/87 Nursing Education took a new direction. Student nurse programs were discontinued and workshops were conducted for nurse educators to assist them to expand their teaching skills in the areas of contraception and sexuality. Programs have continued at a post-basic level for the Royal District Nursing Society, student mid-wives and other nurses undertaking post-graduate studies.

In 1987 the first day time course for enrolled nurses was conducted. A three day programme was provided, and the response to the course was very positive.

Many of the participants were from country areas throughout the State as well as nurses from the metropolitan area.

Liaison with the north-west Outreach Nursing Education Service has continued throughout the year. Both registered and enrolled nurses from that region have attended courses in May and June, 1987. In the latter part of 1986 one-day workshops were conducted in centres throughout Eyre Peninsula.

During the year, several requests have been received from the Aboriginal Health Organisation and the Aboriginal Medical Service to conduct workshops and programs for aboriginal health workers who are employed in a variety of health care settings.

The Association has continued to provide field work experience for nurses who are undertaking the under-graduate nursing program at the South Australian College of Advanced Education (Sturt Campus).

### MULTI-CULTURAL SERVICES

At the end of 1986 funding was granted by the South Australian Health Commission for the employment of one full time multi-cultural worker and the development of three clinics for the Cambodian, Polish and Vietnamese communities.

During 1987 the demand for education programs has been such that the Ethnic Health Worker has been able to concentrate solely on multi-cultural service provision. One of the goals identified is to provide a culturally sensitive service to people of non-English speaking backgrounds and therefore increase the accessibility of sexual and reproductive health information and services to migrants and refugees. This has engendered the formation of new policies and programs for the delivery of education services to many ethnic communities. The Ethnic Health Worker has also been involved in the training and in-servicing of professionals, much inter-agency work and the promotion of F.P.A. services. A new multi-cultural section has been established in the Resource Centre Library and can be used by both staff and the public.



Lili Weidemann - Multi-Cultural Services Co-ordinator  
discusses programs with Ethnic Health Workers

### SOCIAL WORK SERVICES

Social Work services are provided by a Senior Social Worker and a number of Sessional Social Workers to the total of forty hours per week. This year we have had the expertise of no less than six workers each offering sessions in direct service delivery, education and special projects.

#### 1) Counselling

Counselling related to unplanned pregnancy is available within a clinic setting or by appointment for longer sessions. The comprehensive clinic service of pregnancy testing, counselling, medical examination and appropriate referral is the only non-hospital based service of its kind in Adelaide. Approximately 70% of counselling sessions held during the year were related to unplanned pregnancy.

Day and evening appointments are available for couples and individuals wishing to discuss sexual difficulties and relationship problems. There is an increasing demand for services in this area.

Social Workers also see people with a wide range of personal concerns, for example, people having a grief reaction to abortion, miscarriage or infertility, couples in conflict over whether to have children and individuals wanting support and information about situations which trouble them.

Approximately 700 counselling sessions were provided during the year.

#### 2) Groupwork

Again this year the Senior Social Worker ran two Women's Sexuality Groups, one at Elizabeth and the other at Kensington, for women who want to become orgasmic.

#### 3) Education

Social Workers are strongly linked with professional education. Sessions on pregnancy counselling and sexual difficulties were given in the courses for nurses and doctors and throughout the year there has again been a steady stream of secondary and tertiary students who have sought information on sexuality, teenage pregnancy and contraception.

A student Social Worker, Diana Allwood, has been on placement from Flinders University and involved in the pregnancy clinics.

#### 4) Interdisciplinary Work

Social Workers act as resource people for many projects within F.P.A. Marj Ellis worked extensively with nursing staff this year in the development of the Sexual Health Hotline. The location of the Hotline within the Counselling Centre has led to strong and constructive links between social work and nursing staff.



### REGIONAL SERVICES

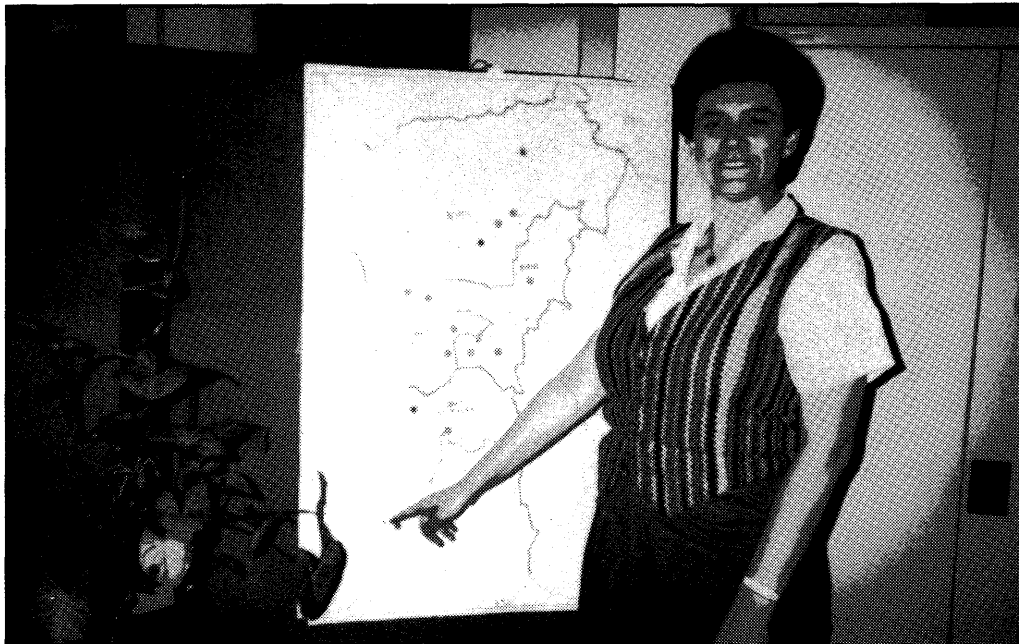
In February 1987 a Regional Services Co-ordinator was appointed for a twelve month period, to co-ordinate establishment and team development for five metropolitan regions based on local government area boundaries.

Services in each region will be provided by a multidisciplinary team consisting of a Receptionist, two Community Educators, two Nurses (one Community Nurse, one Clinical Nurse), and one Doctor.

Of the five regions, one (Southern Region) was established three years ago. The other four are new regions and will be launched in the second half of 1987.

Each region will eventually include a base (an office for the Team, plus a clinic) as well as clinic sites at other localities within the Region. Much preparation was carried out in the first half of 1987 in planning and developing bases and clinics for the new Regions.

Each Team will receive opportunities for Team Development, learning how to operate as a team and developing relevant skills in team-work and in community liaison. The format of the Team Development program was researched and developed in the period from February to June 1987. A special program will be developed for the more experienced Southern Team.



Ann Lawless, Regional Services Co-ordinator

### SOUTHERN TEAM

The past year has been a very busy and fulfilling one for the Southern Team. We celebrated our third year of regionalisation in May and are now a very well established agency in the Noarlunga area. The previous years have laid a good foundation in the form of community networking and this, in turn, has assisted us in making changes to education programs to allow for less direct service and more assistance in a supportive and advisory role. The inter-agency referrals and interaction have increased, especially with youth services and the numbers of "Drop-in" clients, information seekers etc. has also risen.

We are happy that there have been no staff changes in the last year, so there are familiar faces for clients, group participants etc. The team takes responsibility for community education, home visiting, clinics and community and professional liaison.

#### Clinic Services

The Southern region started a Youth Clinic in December 1986 which has been very well received. We often get several young people attending clinic together and this often develops into an impromptu education program. Part of the success of the Youth Clinic lies in our good relationship with local school counsellors and the large numbers of young people who feel that they know us because of education programs.

#### Education Services

During the year, 4,297 people were involved in education programs in the Southern Region. One Health Worker has spent one day each week in the Fleurieu Peninsula area, and there has also been more input in terms of education and networking in Aberfoyle Park, Willunga and McLaren Vale. Noarlunga Health Services Outreach staff have expressed their appreciation of having Family Planning Association programs and resources available.

The Team has a very good working relationship and we enjoy working in the Southern area. We have found regionalisation to be a positive and rewarding experience and look forward to another challenging year.

## MANAGEMENT SERVICES

### 1. ADMINISTRATION REPORT

The health services provided by the Association are supported by a small team of administrative and clerical staff. New developments are always accompanied by demands for fast efficient services to professional staff. This has been a challenging year with many changes requiring additional support and revised procedures.

The word processor capacity has at times been stretched with the extra workload associated with training and educational courses and lately by the project of Regionalisation.

An increase in staff numbers housed in the Administration centre has caused crowding and staff are housed in less than adequate accommodation. As this comment can be directed at all accommodation throughout our buildings, it can be appreciated that all staff are looking forward with anticipation to the completion of the new building and its facilities.

Personnel functions are always vital, and this year efforts have been made to introduce more staff to the benefits of superannuation. There has been an enthusiastic response from staff and membership of our National Mutual Fund has more than quadrupled.

### 2. STAFF DEVELOPMENT

An emphasis on continuing education and regular up-dates in specialist areas for Association staff is essential if high standards are to be maintained and services improved. Many staff undertake further education in their own time, with a small amount of support (up to five hours paid time a week for full-timers) from the Association.

Regular in-service sessions are provided on matters of direct relevance to F.P.A. services. The following topics were addressed during the year:

#### STAFF INSERVICE PROGRAMS

- . Contraception & Womens Health Issues Update
  - WYETH
- . Instructing Doctors Workshop
  - Dr. R. Harris
- . Nurse Practitioner Course
- . Natural Family Planning
  - C. Clancy - Catholic Family Planning

- . Genital Herpes Update
  - WYETH
- . Sexual Health Hotline Training Sessions
- . Anti-Cancer Breast Self Examination Seminars
  - Liz White
- . Management of S.T.D.'s
  - Gavin Hart
- . Contraceptive Update
  - B. Weller
- . Implications of Being a Migrant in Australia
  - L. Weidemann
- . Community Educator Course
- . Menopause Clinic Observation
  - Flinders Medical Centre
- . Menopause Lecture
  - Rob Jones

The other main form of staff development is attendance at various conferences, workshops and seminars. This attendance is usually on the basis of partial support by the Association, and the commitment of staff in bearing some of the real costs of these activities is acknowledged. The following were attended during the year:

#### CONFERENCES AND SEMINARS.

- . Community Health - Issues & Practice
  - Community Health Nurses Seminar
- . Health Promotions Strategies
  - COMNET Seminar
- . Child Abuse Symposium
  - Sydney
- . S.A.D.A.S.A. Workshop
- . Sexuality in the '80's Seminar
  - Dr. D. Llewellyn-Jones
- . Medical Writers Seminar
- . 12th World Congress in Fertility & Sterility
  - Singapore

- . Towards a Better State Conference
  - ACHPER
- . Education Officers Conference
  - F.P.F.A.
- . Menopause Conference
  - S.A.P.M.E.A.
- . Fertility Society of Australia Annual Scientific Meeting
- . Abortion Providers Federation of Australia - Annual Conference
- . Biological Sciences Symposium
  - F.P.F.A.
- . Evaluation Symposium
  - COMNET
- . A.I.D.S. Education Seminar
  - Education Department
- . Herpes Symposium
  - WELLCOME
- . Australian Association of Adolescent Health Conference
  - Sydney
- . Adelaide Private Menopause Clinic
  - Discussion Evening
- . Health Wise & Exploring Health Care Facilities Workshop
- . Bobbie Jacobsen Seminar
  - S.A.H.C. (Health Promotions)
- . Introduction to the Health Commission
  - CCEHA
- . Designing for Evaluation
  - CCEHA

## REGIONAL TEAM OFFICES AND CLINIC LOCATIONS

### REGIONAL TEAM BASES

- Southern: Noarlunga Health Village  
Alexander Kelly Drive  
Noarlunga. Tel: 384 9222
- Western: Port Adelaide Community Health Service  
Cnr Dale and Church Streets  
Port Adelaide. Tel: 240 9611
- Northern: Lyell McEwin Health Service  
Haydown Road  
Elizabeth Vale. Tel: 282 1211
- Inner Southern: Brighton/Glenelg Community Centre  
20 Tarlton Street  
Somerton Park. Tel: 294 5885
- Port Pirie: Department of Community Welfare  
75 Gertrude Street  
Port Pirie. Tel: 086 321711

### CLINIC LOCATIONS

#### GENERAL CLINICS

ELIZABETH  
Lyell McEwin Hospital  
(Outpatients Department)  
Haydown Road,  
Elizabeth Vale.

APPOINTMENTS TEL: 31 5177

FLINDERS MEDICAL CENTRE  
Consulting Clinic "G"  
Flinders Drive  
Bedford Park

APPOINTMENTS TEL: 31 5177

KENSINGTON  
17 Phillips Street,  
Kensington S.A. 5068

APPOINTMENTS TEL: 31 5177

MODBURY  
Tea Tree Gully Community Health  
Service  
77 Smart Road,  
Modbury

APPOINTMENTS TEL: 31 5177

MUNNO PARA  
Munno Para Community Health Service  
Crittenden Road  
Munno Para.

APPOINTMENTS TEL: 254 1444

NOARLUNGA  
Noarlunga Health Village  
Alexander Kelly Drive,  
Noarlunga

APPOINTMENTS TEL: 384 9222

PORT ADELAIDE

Community Health Service  
Cnr. Dale and Church Street  
Port Adelaide

APPOINTMENTS TEL: 240 9611

SALISBURY

Shop 4,  
72 John Street,  
Salisbury

APPOINTMENTS TEL: 31 5177

THEBARTON

Thebarton Community Centre  
1 Northcote Street  
Torrensville.

APPOINTMENTS TEL: 31 5177

TORRENS ROAD CLINIC

Hindmarsh Community Centre,  
163 Torrens Road  
Ridleyton

APPOINTMENTS TEL: 31 5177

ETHNIC CLINICS:

-

No appointment is necessary

KAMPUCHEAN

Thebarton Community Centre  
1 Northcote Street  
Torrensville

POLISH

Lyell McEwin Hospital  
(Outpatients Department)  
Haydown Road  
Elizabeth Vale.

VIETNAMESE

Pennington Hostel  
Grand Junction Road  
Pennington

YOUTH CLINICS:

No appointment is necessary

NOARLUNGA YOUTH CLINIC

Noarlunga Health Village  
Noarlunga

SALISBURY SHOPFRONT CLINIC

Shop No 4  
72 John Street  
Salisbury

SECOND STORY YOUTH CLINIC

2nd Floor  
102 Rundle Mall  
(Entrance from Charles Street)



## FINANCIAL REPORT

Family Planning Association (SA) Inc's 17th year of operation has shown continued activity and growth through careful management of its financial and physical resources, and the continuation of Federal and State Government funding support.

Features were:-

### Clinical

A budgeted shortfall of \$ 8,734 was achieved, being offset against contraceptive sales, and is a favourable result in light of previous years' experience and the additional costs involved with Regionalisation. Contraceptive sales profit of \$97,196 was down on the previous year but continues to provide our major source of Clinical profits. Of this profit figure, \$44,996 was expended as part of the operating budget for the year and the balance of \$52,200 was transferred to our Investment Account. Workers Compensation premiums continue to escalate dramatically. A part payment of \$14,209 was made from the Instruments & Appliances Line towards the acquisition of a new Autoclave, costing in excess of \$31,000; the balance will be available in the 1987/88 Budget.

### Non-Clinical

A shortfall of \$ 7,992 was incurred, being offset against accumulated F.P.A. funds. Continuing under-staffing in the Education Section prevented over-spending, and progress was made on the acquisition of necessary educational resources, furniture etc. for the Regional Teams.

### Savings Investment Account

As at 30th June, 1987 the balance of investments had risen from \$212,293 to \$299,069. This was achieved principally from accumulated contraceptive profits and interest paid on investments (Savings A/c, Interest Bearing Deposits and Commercial Bills).

### HFG Development Bids

\$82,000 was granted to promote and extend our services to Youth, Isolated Areas, Migrant Women and the Telephone Counselling Service (Sexual Health Hotline).

\$6,262 was granted to enable us to participate in the National AIDS Education campaign of 1986/87.

### Nursing Career Structure

This is under consideration by the Association, SA Health Commission officers and the Royal Australian Nursing Federation for implementation and funding.

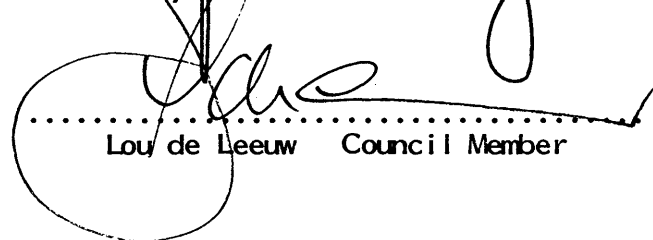
FAMILY PLANNING ASSOCIATION OF SOUTH AUSTRALIA INCORPORATED

The attached Statement of Receipts and Payments of the Family Planning Association of South Australia Incorporated is, in our opinion, properly drawn up so as to exhibit a true and fair view of the transactions for the year ended 30th June, 1987.

DATED at ADELAIDE this 17th day of September, 1987.

On behalf of the Council

  
.....  
Judith Dwyer Chief Executive Officer

  
.....  
Lou de Leeuw Council Member

AUDITORS' REPORT TO THE MEMBERS OF THE FAMILY PLANNING  
ASSOCIATION OF SOUTH AUSTRALIA INCORPORATED

We have audited the accounts of the Family Planning Association of South Australia Incorporated as set out on pages 37 and 38 for the year ended 30th June, 1987, in accordance with the Australian Auditing Standards.

In our opinion, the Statement of Receipts and Payments presents fairly the results for the year then ended in accordance with Australian Accounting Standards set in accordance with the provisions of the Constitution dated 19th August, 1986.

*Peat Marwick Mitchell & Co*

PEAT, MARWICK, MITCHELL & CO.  
Chartered Accountants

124 Waymouth Street,  
ADELAIDE. 5000.

*17th September 1987.*

THE FAMILY PLANNING ASSOCIATION OF SOUTH AUSTRALIA INCORPORATED

STATEMENT OF RECEIPTS AND PAYMENTS FOR YEAR

ENDED 30TH JUNE, 1987

1985/86 \$		CLINICAL \$	NON CLINICAL \$	CAPITAL ACCOUNTS \$	IMPREST ACCOUNT \$	TOTAL 1986/87 \$
114,197	<u>OPENING BALANCE</u> 1st July, 1986	( 6,263)	-	212,293	1,100	207,130
	<u>LESS</u>					
	Seminar Costs			(414)		(414)
	FID Tax			(67)		(67)
50	Imprest Funds			(50)	235	185
(850)	Techsearch					
(5,188)	Staff Development					
(2,500)	Past Cost "Boys Growing Up"					
(675)	Consultants Fees					
(849)	Executive Officers Discretionary Fund			(1,244)		(1,244)
	Nurse Practitioner Course			(600)		(600)
	Promotions Costs			(3,444)		(3,444)
	<u>ADD</u>					
20,536	L.S.L. Reimbursed					
88,936	Profit on Contraceptives	67,510				67,510
644	Donations, rent, etc.					
22,283	Interest received			40,395		40,395
1,000	Donation from Westpac					
1,545	T.E.A.S.A. 1986/87 Grant					
	Transfer of Funds	(52,200)		52,200		
	<u>Clinical Deficit from Opposite</u>					
	<u>Page:-</u>					
(31,999)	Deficit funded by Family Planning Association	( 8,734)	( 7,992)			(16,726)
207,130		313	( 7,992)	299,069	1,335	292,725
			313			
			<u>(7,679)</u>			

Represented by:

Savings Investment Account:-  
Commercial Bills

38,233  
260,836  
299,069

Current Year Deficit  
Prior Year Deficit

( 1,416)  
( 6,263)  
( 7,679)

THE FAMILY PLANNING ASSOCIATION OF SOUTH AUSTRALIA INCORPORATED  
STATEMENT OF RECEIPTS AND PAYMENTS FOR YEAR  
ENDED 30TH JUNE, 1987

1985/86	PAYMENTS	CLINICAL	NON CLINICAL	TOTAL
\$		\$	\$	\$
	<u>OPERATING EXPENSES</u>			
987,140	Salaries and Wages	690,394	385,466	1,075,860
17,130	Superannuation	13,395	4,256	17,651
10,158	Workmens' Compensation	17,110	8,570	25,680
390	Rent - Suburban Clinics	750		750
13,647	Medical Supplies - Consumables	22,433		22,433
	<u>EQUIPMENT AND INFORMATION</u>			
1,653	Instruments and Appliances	23,195		23,195
5,474	Library, Films and Videos		12,549	12,549
27,078	Equipment	2,245	8,193	10,438
16,731	Leaflets, Posters		3,347	3,347
14,792	Motor Vehicles		16,036	16,036
	<u>ADMINISTRATION</u>			
1,410	Bank Charges	1,215	608	1,823
2,299	Accounting and Audit	1,622	836	2,458
15,420	Cleaning and Laundry	14,504	4,938	19,442
10,892	Fuel, Light and Power	5,921	3,998	9,919
6,596	Insurance	4,405	2,261	6,666
15,523	Postage and Telephone	7,858	5,614	13,472
19,129	Printing & Stationery (excl. Microfiche)	12,613	11,188	23,801
	Microfilming Case Notes	8,095		8,095
	Maintenance and Repairs			
11,254	- Premises	4,194	2,215	6,409
6,865	- Equipment	5,118	2,367	7,485
21,756	Mileage and Motor Vehicle Maintenance	9,214	11,846	21,060
4,247	Rates and Taxes	2,963	1,494	4,457
	Travelling:- Conferences, Seminars and In-Service Training	1,951	5,813	7,764
10,139	Advertisements for Staff	1,422		1,422
2,219	Sundries	792	1,377	2,169
2,711	Courier Service	6,359	-	6,359
	HPG Development Bid-Outreach	64,437		64,437
	HPG Development Bid-NACAIDS	6,200		6,200
1,224,653	<u>TOTAL PAYMENTS</u>	928,405	492,972	1,421,377

RECEIPTS

	<u>GRANTS</u>			
701,427	Health Program Grants	799,000		799,000
50,626	Family Planning Program Grant		56,250	56,250
336,130	South Australian Health Commission		376,100	376,100
32,294	Special Grants	88,262	6,428	94,690
	<u>GENERAL</u>			
30,430	HPG Applied Contraceptive Profits	29,686		29,686
2,570	Surplus from Sale of Literature & Video Hire		6,266	6,266
17,265	Training - Income	2,531	14,109	16,640
21,912	Annual Subscriptions		25,716	25,716
	Sundries	192	111	303
1,192,654		919,671	484,980	1,404,651
(31,999)	(Deficit)	( 8,734)	(7,992)	(16,726)
31,999	Shortfall - F.P.A. Funds	8,734	6,576	15,310
			(1,416)	(1,416)



