

# Teaching Resource Catalogue

**February 2019**

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# Teaching Resource Catalogue

<b>Aboriginal Australia (map)</b>	<b># CHA2071</b>
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A large double sided wall poster depicting Aboriginal lands in Australia, the tribal / language group name and region name.

<b>Aboriginal Nations in South Australia</b>	<b># MAP19083</b>
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A large laminated colour map showing Aboriginal Nations in South Australia.

<b>About AIDS: to learn English and learn about AIDS</b>	<b># CDR14511</b>
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An easy to use interactive CDROM for students to learn English language skills, while becoming aware of HIV/AIDS. It is a tool that allows English language teachers to introduce and discuss HIV/AIDS in the classroom and to increase the teacher's capacity to teach issues about HIV to their students. With the support of an English language teacher the About AIDS CD ROM allows students to work at their own pace in a computer-based lesson. It gives students the opportunity to learn about HIV/AIDS and have their questions answered in a safe non-threatening learning environment.

**Suitable for use with people from a non-English background.**

<b>Actions and consequences for teens</b>	<b># TER213247</b>
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This interactive card game helps students stop, think about their actions, consider the consequences of their behaviour and ultimately make better personal choices.

**Suitable for students in years 7-12.**

<b>All about friends cards</b>	<b># TER20322</b>
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These cards enable participants to examine some of the myths and beliefs that underline their ideas of friendship.

**Suitable for primary school students.**

<b>All about us</b>	<b># CDR3201</b>
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This CD-ROM aims to assist the personal development and knowledge of people with learning disabilities around sex, sexuality and relationships. The resource provides a self-study learning tool that can be used by someone with learning disabilities on their own, or with support, to introduce key issues. It will complement the delivery of sex and relationships education in the home, school, and other learning environments.

**Suitable for use with people with a disability.**

<b>Alphabet soup</b>	<b># TER215130</b>
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This activity is similar the "Scattergories" but with sexual health content. Participants are given a worksheet to fill in the answers to a set of questions beginning with a letter of the alphabet.

**Suitable for students in upper secondary school.**

<b>Anatomy models - male and female</b>	<b># TER0141</b>
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Models showing the anatomical structure of the reproductive areas of the male and female. These models are almost life size and very comprehensive. Note: This resource is too large to post.

**Suitable for all groups.**

# Teaching Resource Catalogue

## **The anti-bullying game**

# TER12455

This lively appealing and therapeutic board game helps children and adolescents who experience difficulties with bullying. Different games can be played using the board which include "understanding bullying", "making friends - keeping friends", "standing up for yourself", "baked beans", "eye wink magician" and "say no". Includes instructions for playing the game.

**Suitable for use with children 6 to 14 years.**

## **The art of children's conversation**

# TER215205

This card game is fun and easy to use. It is great for developing communication skills and healthy relationships, as well as understanding oneself. Contains over 200 communication areas plus instruction booklet. The cards work well in a variety of settings on various levels, encouraging individual development and insight into oneself as well as others, making it ideal for use in a multitude of educational and therapeutic settings. The cards are effective in numerous areas including for children with a disability, English as a second language, anti-bullying, and literacy and language development.

**Suitable for ages 4 and up.**

## **Assessment of sexual knowledge (ASK)**

# TER18630

The Assessment of Sexual Knowledge (ASK) is a test that aims to provide workers within disability services and other health professionals with a tool to assess the sexual knowledge and attitudes of people with an intellectual disability. The information obtained from the assessment can then provide a basis for the development of educational programs and human relations educational counselling that can be more accurately tailored to suit both individual and group needs. The ASK has been carefully designed to be an accurate and user-friendly tool appropriate for use with people with an intellectual disability. It has also been developed as an easily utilized tool for use by a broad range of professionals.

**Suitable for use with people with an intellectual disability.**

## **Augmentative and alternative communication package on friendship and relationships**

# TER2923

This Australian package uses pictures and symbols to help talk about friendships and relationships to people with an intellectual disability.

**Suitable for use with people with an intellectual disability.**

## **Augmentative and alternative communication package on menstruation**

# TER2919

This Australian package uses pictures and symbols to help talk about menstruation to young women with an intellectual disability.

**Suitable for use with women with an intellectual disability.**

## **Augmentative and alternative communication package on sexuality**

# TER2921

This Australian package uses pictures and symbols to help talk about sexuality to people with an intellectual disability. It includes the differences between men and women, puberty, reproduction, sexual intercourse and safe sex.

**Suitable for use with people with an intellectual disability.**

# Teaching Resource Catalogue

<b>Augmentative and alternative communication package on sterilisation</b>	<b># TER07660</b>
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This Australian package uses pictures and symbols to help talk about sterilisation to people with an intellectual disability.

**Suitable for use with people with an intellectual disability.**

<b>Baby dolls - Tammy &amp; Bobby</b>	<b># TER0163</b>
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2 baby dolls, 1 Asian male and 1 Anglo-Saxon female. These dolls can be used when teaching growth and development.

<b>The bears</b>	<b># TER2062</b>
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A set of 48 "feelings" cards designed to help the user to think about how he/she relates to different people, how we get along with different personalities, and how we all change. Includes a booklet of suggested uses.

**Suitable for children and adults.**

<b>Being a man (Photopak)</b>	<b># TER2221</b>
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A set of 45 x A4 black & white photographs of men and boys, which have been selected to provoke boys, young men and older men into thinking and speaking about their ideas of being a man. The leader's manual contains exercises and questions to accompany each photo.

**Suitable for use by teachers, parents, youth workers and health workers.**

<b>Being a man (Photopak) (2nd edition)</b>	<b># TER00847</b>
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A set of 52 x A4 black & white photographs of men and boys, which have been selected to provoke boys, young men and older men into thinking and speaking about their ideas of being a man. The leader's manual contains exercises and questions to accompany each photo.

**Suitable for use by teachers, parents, youth workers and health workers.**

<b>Bernstein Bears talk about feelings ball</b>	<b># TER213291</b>
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This ball will help children get in touch with their own feelings as well as the feelings of others. Comes with instruction sheet for play.

**Suitable for primary school students.**

<b>Bi-cultural feeling faces: reaction packed</b>	<b># TER00712</b>
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These cards are used to assist people to build the language of emotions through regularly considering their moods and learning how these underpin behaviour.

**Suitable for all ages.**

# Teaching Resource Catalogue

<b>The big night out: an interactive game which explores adolescent risk taking and party behaviour</b>	<b># TER17401</b>
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Big Night Out board game is an educational resource that encourages safe choices through lively discussion. Through a set of real scenarios the game explores the risks and responsibilities of young people on a night out. Players are challenged to make decisions such as do they follow their friends or make up their own minds? It can be played in small groups within the classroom or with older students as peer mentors.

**Suitable for middle level secondary students and up.**

<b>Body charts</b>	<b># CHA0169</b>
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This flexible teaching resource consists of a line drawing 60cm x 85cm of a naked man sitting on a bed with the door closed and a line drawing 60cm x 85cm of a naked woman sitting on a bed with the door closed. Concepts which may be taught using the charts include external anatomy, correct terminology for body parts, private parts, private places, private behaviours, the parts of the body which may be involved in sexual behaviour, the diverse range of sexual activities and the concept that sex should be a "whole-body" experience, not necessarily genital focussed. Includes guidelines on how to use this resource.

**Suitable for use with individuals or small groups. They have been successfully used to teach these concepts to groups of adults and adolescents with an intellectual disability.**

<b>Body language: flirting cards</b>	<b># TER18347</b>
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These cards are designed to teach students to look at the body and the face of someone else to get information about their interest or feelings. They give students an edge in understanding what is communicated in an interaction. They also help individuals be more aware of their own messages, and how their bodies and faces may be communicating information to others. The cards have images on the front, and full descriptions of what is being communicated on the back of each card. Use them to teach about body language, or to quickly quiz students.

**Suitable for young people over 14 years.**

<b>Body signals</b>	<b># TER216037</b>
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This set of cards of meerkat characters will help people of any age tune into their body signals and build a vocabulary to describe them.

**Suitable for primary school students**

<b>Body talk birth charts</b>	<b># CHA2273</b>
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A spiral bound set of 5 double sided posters depicting various stages of labour and birth.

<b>Body talk charts (Arabic)</b>	<b># CHA2038</b>
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Same as English version.

<b>Body talk charts (Chinese)</b>	<b># CHA2039</b>
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Same as English version.

<b>Body talk charts (Croatian)</b>	<b># CHA2006</b>
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Same as English version.

# Teaching Resource Catalogue

<b>Body talk charts (English)</b>	<b># CHA2131</b>
Carry sleeve containing a spiral bound set of nine life size charts. Also available in various languages. Charts clearly show labelled body parts and include information on both male and female reproduction; the menstrual cycle; pelvic floor muscles; sterilisation; osteoporosis and breast self-examination.	
<b>For use with specific language appropriate communities.</b>	
<b>Body talk charts (English) activity</b>	<b># CHA3247</b>
Carry sleeve containing a spiral bound set of nine life size charts. Charts have velcro tabs to attach labelled body parts and include information on both male and female reproduction; the menstrual cycle; pelvic floor muscles; sterilisation; osteoporosis and breast self-examination.	
<b>Suitable for upper primary school students and up.</b>	
<b>Body talk charts (Greek)</b>	<b># CHA2005</b>
Same as English version.	
<b>Body talk charts (Italian)</b>	<b># CHA2008</b>
Same as English version.	
<b>Body talk charts (Serbian)</b>	<b># CHA2010</b>
Same as English version.	
<b>Body talk charts (Spanish)</b>	<b># CHA1003</b>
Same as English version.	
<b>Body talk charts (Vietnamese)</b>	<b># CHA2009</b>
Same as English version.	
<b>Bottleneck: designed to educate children about the dangers of alcohol</b>	<b># TER2867</b>
An Australian board game that challenges the popular myths surrounding alcohol misuse. Allows students to explore some of the consequences of out of control behaviour and stimulates discussion in a non-threatening, non-judgmental environment. As participants move around the board they go from clean, to first try, to addiction, suffer the consequences of the addiction, then seek help and break the habit. As they progress through the game they collect or lose "self-esteem points".	
<b>Designed to educate teenagers regarding the dangers of alcohol abuse.</b>	
<b>Breast cross-section</b>	<b># TER 19112</b>
This full sized cross section of a breast depicts common pathologies such as adenocarcinoma, cysts, fibroadenoma, and infiltrating scirrhous carcinoma. The model also shows breast structures such as suspensory ligaments, fat tissue, lymph nodes, muscles, and ribs.	
<b>Breast model</b>	<b># TER0181</b>
Soft model of a breast containing several different sized lumps. Used for teaching breast self-examination (BSE).	
<b>Suitable for professional education and women's health groups.</b>	

# Teaching Resource Catalogue

<b>Breast model (brown)</b>	<b># TER2145</b>
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Soft brown breast model containing several different sized lumps. Suitable for teaching breast self-examination (BSE) in Aboriginal women's groups or other ethnic groups where a white model is unsuitable. Includes a lump location guide and a breast care booklet.

**Suitable for Aboriginal or other non-white women's groups.**

<b>Breast model (brown and white)</b>	<b># TER19113</b>
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Soft white and soft brown breast models containing several different sized lumps. Includes a lump location guide and a breast care booklet.

**Suitable for professional education and women's health groups.**

<b>Breast model (white)</b>	<b># TER13204</b>
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Soft white breast model containing several different sized lumps. Includes a lump location guide and a breast care booklet.

**Suitable for professional education and women's health groups.**

<b>Breast self-examination.....women's health business</b>	<b># CHA2110</b>
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An easy to read A3 flip chart featuring drawings of Aboriginal women and a clear concise explanation of breast self-examination.

<b>The bridge: a learning tool towards reconciliation</b>	<b># TER15150</b>
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The Bridge is a learning tool designed to assist participants understand discrimination and oppression, in its many forms, experienced by Australian indigenous people. It also looks at experiences from colonisation to current times and the significant contribution of Australian indigenous people have made to Australian society. The Bridge is non-competitive. It requires everyone to work together. It provides valuable information in the areas of law, sport, art and culture, history, politics and general knowledge.

**Suitable for ages 12 years to adult.**

<b>Building belonging: a toolkit for early childhood educators on cultural diversity and responding to prejudice</b>	<b># TER 215126</b>
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'Building Belonging' is a comprehensive toolkit of early education resources which includes an eBook, educator guide, posters and lesson plans. It is focussed on encouraging respect for cultural diversity and tackling racial prejudice in early childhood settings.

**Suitable for early childhood education setting.**

<b>Building bridges: young men, sex and relationships education pack</b>	<b># TER08455</b>
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This education pack consists of three different games. The board game "The ideal partner?" is designed to raise awareness of the importance of good communication skills in sex and relationships. This instructive game and pack enables you to develop and practice these skills. "You got a problem with that?" aims to give young men a chance to find out about appropriate sources of local health when a problem arises. "Doing it, checking it, sorting it" aims to help young men build confidence and knowledge in assessing sexually transmitted infections risks and the realities of seeking help. The pack also includes a manual with exercises and questionnaires to use with young men.

**Suitable for use with young men in schools and youth settings.**

# Teaching Resource Catalogue

## **Bullies victims and bystanders**

# TER20295

A board game designed to raise a child's awareness of bullying. Every incident card has been weighted based on the severity of the bullying so that children can see how harmful this behaviour is. Children are encouraged to model good behaviour on how to overcome bullying. Now, after a bullying incident, teachers can invite those involved to play the game together in an effort to understand what it is like to be bullied and how to prevent future incidences of bullying.

**Suitable for ages 7 and up.**

## **Bully free card game**

# TER14554

This card game gets young people thinking about what bullying is, how to prevent it, what to do (and not do) when someone bullies them, how to build confidence and self-esteem, and why bullying hurts everyone. The game is for 2-4 players or teams. Includes instructions.

**Suitable for children in primary schools.**

## **The Buz hopscotch way of solving fights**

# TER20287

This set of cards is designed for children to show them the steps to solve fights and conflict.

**Suitable for primary school aged children.**

## **Can-do dinosaurs**

# TER15437

It's never too soon to begin nurturing life skills and building self-esteem. These engaging, easy-to-use skill-building cards are aimed at 3 to 7-year-olds. The bright, quirky cartoons will inspire great conversations and an "I can" attitude in children.

**Suitable for use by counsellors, therapists, primary teachers and parents to use with 3 to 7 year olds.**

## **Cars 'r' Us kit**

# TER15441

Cars 'R' Us is designed as a therapeutic conversation-starter built around a fleet of very human-looking cars demonstrating a range of emotions in everyday situations. Bursting with personality and fun, this resource is based on the idea that cars can reflect our nature and the roads we travel whether bumpy or smooth.

**Suitable for use by counsellors and teachers.**

## **Childbirth poster**

# CHA213264

This colourful anatomical chart depicts information about childbirth. The stages of childbirth are discussed as well as the anatomical details of human labour.

## **Chlamydia**

# CHA3101

A large laminated poster on chlamydia with information on the symptoms, complications, treatment and diagrams showing the infected areas.

## **Chlamydia. Are you game? Take the test**

# CHA00831

A set of six posters each with a different message. These include "How do you know you have it?", "Everyone get tested", "What does it do to you", "How do you prevent it?", "How do you get it" and "What is it?".

**Suitable for secondary school students.**



# Teaching Resource Catalogue

<b>Chlamydiastic!</b>	<b># TER18604</b>
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A game that creates good opportunities for discussion centred on Sexually Transmissible Infections (STIs) such as Chlamydia, STI testing, condom use and beliefs about relationships and sex. The game requires 6-10 players.

**Suitable for young people aged 16 years and over.**

<b>The choices game: staying safe in social situations</b>	<b># TER18292</b>
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Vulnerable young people - such as those with Autism Spectrum Disorders, intellectual disabilities, or social, behavioural and emotional difficulties - often lack the skills to make the right decisions when faced with potentially dangerous scenarios. This fun and interactive game helps to open up discussion and teach young people the social skills they need to stay safe in school and in the wider community. "The Choices Game" has been specially designed to help older children and teenagers learn how to make positive choices. As players move around the game board, they pick up Choice Cards which invite them to imagine themselves in a scenario and make a choice about how they would respond in that situation. The outcome of their decision is then revealed, and the more safe choices they make the further they progress in the game!

**Suitable for people with a disability aged over 15 years.**

<b>Choices in contraception flip chart (A3)</b>	<b># TER15621</b>
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An A3 colour flip chart showing contraceptive methods. The graphics can be shown to participants, and corresponding pages of information about the method which can be referred to by the facilitator. Also includes information on safer sex.

<b>Circle of respect</b>	<b># TER15467</b>
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Circle of Respect is an educational game specifically designed to teach students the guiding principle that showing respect is the best way to receive respect. The specific ways that they can show respect are in four important areas of their lives - in the community; with classmates; with family and at school.

**Suitable for primary school students.**

<b>Circles cards</b>	<b># TER0191</b>
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A set of "learning about relationships" cards which are useful for personal development and life skills programs for people with an intellectual disability.

**Suitable for people with an intellectual disability.**

<b>Circles concept poster</b>	<b># CHA0193</b>
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Large chart with circles representing hug, cuddle, wave, handshake and stranger. It helps the individual to differentiate between a special relationship (cuddle-hug) to one that could be considered an acquaintance relationship (handshake). Good for discussing appropriate behaviour styles. Designed to be used with the circles cards.

**Suitable for all ages.**

<b>Condom card game</b>	<b># TER0209</b>
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This game consists of 16 shaped cards with pictures showing how to use a condom. The cards must be placed in correct order. There is a scenario to be read aloud before the game.

**Suitable for secondary school students and for people with an intellectual disability.**

# Teaching Resource Catalogue

<b>Condom card game and condom negotiation cards (2nd edition)</b>	<b># TER215187</b>
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This box set consists of two activities which have been designed for use with Aboriginal and Torres Strait Islander people. The Condom Negotiation Cards are designed to be used to help participants to recognise the excuses used for not using condoms and to assist them in developing skills to negotiate condom use. The Condom Card Game aims to help participants to understand the correct steps in using a condom.

**Suitable for use with Aboriginal and Torres Strait Islander people.**

<b>Condom demonstrator</b>	<b># TER2024</b>
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A model for demonstrating condom use.

<b>Condom demonstrator (brown)</b>	<b># TER2574</b>
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A brown model for demonstrating condom use when working with Aboriginal men's groups or other ethnic groups where a white model is unsuitable.

**Suitable for Aboriginal or other non-white men's groups.**

<b>Condom demonstrator (brown wooden)</b>	<b># TER19200</b>
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A brown model for demonstrating condom use when working with Aboriginal men's groups or other ethnic groups where a white model is unsuitable.

**Suitable for Aboriginal or other non-white men's groups.**

<b>Condom game</b>	<b># TER21335</b>
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A set of colourful laminated cards featuring Indigenous artwork, designed to educate people on the correct procedure for condom use.

**Suitable for Aboriginal and Torres Strait Islander people.**

<b>Condom training model (brown)</b>	<b># TER0101</b>
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A brown coloured penile condom demonstration model. The model is used to demonstrate the correct use of a condom with or without the ejaculation mechanism. Artificial semen, condoms and an applicator are supplied with the kit. An instruction sheet and stand are also included.

**Suitable for Aboriginal or other non-white men's groups.**

<b>Consent traffic light: from go to woe</b>	<b># TER20386</b>
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The objective of this activity is to look at consent where it is clearly acknowledged verbally and non-verbally, where it needs to be reassured and where it is clearly not given. At the end of the activity, there should be a clear "yes means yes" and everything else is no.

**Suitable for adolescents 16 years and up.**

<b>Contraceptive card game</b>	<b># TER17402</b>
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This card game features facts about commonly used contraception methods and include full-colour photographs, background information, history and pros and cons of each method of contraception.

**Suitable for middle secondary school students and up.**

# Teaching Resource Catalogue

<b>Contraceptive kit</b>	<b># TER0222</b>
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A kit containing various methods of contraception, eg implanon, injectable contraceptive, diaphragm, an IUCD, condoms, a female condom, lubrication, an emergency contraceptive pack, a 21 day and a 28 day pill pack. Also includes a set of A4 size anatomy charts and current written information about each method. Kits are also available for sale.

**Suitable for all groups and students from year 10 up.**

<b>Deepspeak: the world according to you</b>	<b># TER00846</b>
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A set of 120 questions plus a 32-page booklet of suggestions to explore the transformational power of simple questions. Can be used with young people to start conversations about some of life's big questions, and some of the little quirky ones as well. The cards are in six categories including openers, identity, relationships, values, emotions and beliefs.

**Suitable for use with secondary school students.**

<b>Different women, different stories (English)</b>	<b># CHA2149</b>
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Colour chart / manual produced by Nganampa Health Council STD Control and HIV Prevention Program to address HIV risk assessment and reduction for women on the Anangu Pitjantjatjara Lands.

<b>Different women, different stories (Pitjantjatjara)</b>	<b># CHA2150</b>
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Same as English version. This version titled: Tjukurpa Minymaku Kutju.

<b>Ditto's keep safe adventure</b>	<b># CDR14191</b>
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This interactive CD Rom adventure is a safe, non-confronting and fun medium for adults to help children to learn to keep safe. It teaches children how to recognise potentially dangerous situations, and gives advice on how to deal with them. Topics include private parts, good and bad secrets, saying no and who to talk too. Includes handbook.

**Suitable for lower primary school students.**

<b>Do you know your family planning choices?</b>	<b># CHA00818</b>
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Wall chart for clinic use and training, presenting basic information about modern family planning methods. Includes method effectiveness table and summary table of medical conditions listing the methods that can or cannot be provided with those conditions.

**For health professionals.**

<b>The effects of alcohol chart</b>	<b># CHA17381</b>
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This full colour A2 poster from the United States identifies the key effects of alcohol on the human body, and is aimed at schools. The poster includes detailed anatomy illustrations discussing what alcohol is, and how it works. Also describes damage to the brain, kidneys, liver and heart, as well as foetal alcohol syndrome, alcoholism and intoxication.

**Suitable for school students**

# Teaching Resource Catalogue

## The effects of smoking chart

# CHA17382

A full colour A2 poster from the United States that identifies the key effects of smoking on the human body, and is aimed at schools. The poster includes detailed anatomy illustrations discussing the dangers of smoking, and the effects on the body including lung, stomach, oral and bladder cancers, as well as heart disease and stroke.

**Suitable for school students.**

## Emotion cards

# TER20311

It's not always easy to talk about how you're feeling. These cards are designed to help counsellors, parents, teachers or just about anyone start the conversation about feelings. The pack contains 62 cards each one depicting an emotion.

**Suitable for children.**

## Emotions and expressions 2

# TER20344

These coloured cards provide an increased level of complexity to help tackle problems associated with children who have learned to talk but have not developed sufficient non-verbal understanding to enable them to hold effective conversations. The pack contains cards showing 4 different age examples of the following emotions – interested; sad; angry; kind; scared; worry; share; bored; pleased; confused and fed up.

**Suitable for children 5 years and up.**

## Emotions flashcards

# TER215125

This set of 40 feelings and emotions flashcards encourages language development, communication and conversation. There are 4 images for each of the following emotions - happy, sad, angry, surprised, frustrated, scared, worried, tired, shy and bored. Each card features a full colour picture and on the reverse side is the label for the feeling (eg happy). Ideal for speech therapy, early intervention and as a resource for autism. A list of activities and ideas is included, making it a great educational tool for teachers and parents, in the classroom and at home.

**Suitable for children and adults.**

## Everybody needs to know: a sexual and reproductive health education resource for teaching people with a disability

# TER2777

This resource is designed as a comprehensive and flexible teaching manual for people with a disability. The manual is divided into 10 sections and the topics included are group formation, private bodies, puberty, periods, relationships, sexual relationships, pregnancy information, feeling good, being safe, sexual health checks. The manual supports diversity, explores rights and responsibilities and has a client focus that enables the development of strategies for day-to-day issues. The resource includes a Picture Card List booklet as well as suggested pre-readings, styles and language and a list of additional resources. The session plans in the manual are supported by line drawings on laminated cards. At the end of each session there is specific suggestions for how to work with particular disabilities. The authors give copyright permission to photocopy worksheets and activities.

**Suitable with adaptation for all age groups of people with a disability.**

# Teaching Resource Catalogue

<b>Everybody needs to know: a sexual and reproductive health education resource for teaching people with a disability (CDRom)</b>	<b># CDR17521</b>
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This CDRom is an update of the kit of the same name. It is designed as a comprehensive and flexible teaching resource for people with a disability. The manual file is divided into 10 sections and the topics included are group formation, private bodies, puberty, periods, relationships, sexual relationships, pregnancy information, feeling good, being safe, sexual health checks. The manual supports diversity, explores rights and responsibilities and has a client focus that enables the development of strategies for day-to-day issues. The other files include a Picture Card List as well as suggested pre-readings, styles and language and a hyper-linked list of additional resources. The session plans in the manual are supported by a file of line drawings. At the end of each session there is specific suggestions for how to work with particular disabilities.

**Suitable with adaptation for all age groups of people with a disability.**

<b>Exploring sexual and social understanding: an illustrated pack designed for working with people with learning disabilities</b>	<b># TER20406</b>
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This pack has been developed to provide a flexible visual resource that can be used to assess sexual knowledge and capacity to consent, and help to teach and discuss appropriate social and sexual behaviour.

**Suitable for use with people with an intellectual disability.**

<b>Family life - a multicultural kit for human relations education</b>	<b># CDR12609</b>
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This CDRom features a series of multicultural pictures developed for use within human relations and sexual health educational programs. Includes a manual which features a comprehensive set of prompt questions and supplementary activities to accompany each slide.

**For use with people from a multicultural background.**

<b>Feel safe</b>	<b># CDR2930</b>
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This educational CD Rom promotes self-protection for young people with a learning disability. It features nine games which teach self-protection in a fun and interactive way. It includes who to talk to if you need help, male and female body parts, wanted and unwanted touch, body warning signs, rules about touch, types of touch and feelings.

**Suitable for people with a learning disability.**

<b>Feelings</b>	<b># TER17426</b>
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Adaptable teaching tool designed to help develop both language and social skills. Real objects, people, situations and activities are shown on the photographs to provide you with creative and highly visual. Help children to explore their own feelings and emotions, and understand the feelings of other people around them.

**Suitable for primary school students and up.**

# Teaching Resource Catalogue

## Feelings and emotions

# TER18223

These 50 durable cards have a photographic image on one side and activities for enquiry in class, group/talk-partner discussion or circle time on the other. Story starters on the reverse will encourage thinking and development in key social and emotional aspects of learning. The themes cover a diverse range of emotions such as fear, confusion, jealousy, excitement and sadness. These cards are great for discussing how other people feel, exploring body language and facial expressions as well as promoting inclusion.

**Suitable for primary school aged children and up.**

## Feelings detective

# TER213267

Feelings Detective is a matching game. The Feeling Cards have only one feeling word on it, such as happy or frustrated. Players try to match these cards with the Feeling Talk Cards, which have examples of cognitive talk that reflect that feeling. There are two decks of Feeling Cards and two decks of Feeling Talk Cards. The red and blue cards are for younger players, generally grades 1 to 3, and the orange and purple cards are for older players, generally grades 4 to 6. Helps all children understand their own feelings as well as the feelings of others. This activity is especially helpful for children who tend to misread social cues, including those who have been diagnosed with Asperger's Syndrome or are at any other position on the Autism Spectrum.

**Suitable for primary school students.**

## Feelings faces

# TER0319

Consists of 11 coloured cards showing different facial expressions eg sad, embarrassed, happy etc.

**Suitable for use with people with an intellectual disability.**

## Feelings fair

# TER213666

Feelings Fair is a board game specifically designed to give students important skills for: (a) Recognising feelings in themselves and others (b) Expressing feelings in a mature way (c) Handling difficult situations that involve strong or negative feelings.

**Suitable for primary school students**

## Feelings flashcards

# TER20421

Each colourful card features a feeling children experience, and the other side shows the opposite feeling.

**Suitable for primary school students.**

## Female anatomy model

# TER2161

Life size model showing anatomical structure of the female reproductive system. Has a comprehensive pelvic region with detachable parts. Includes a booklet. NB This item is too big to post.

**Suitable for all age groups.**

## The female breast

# TER2080

A guide to common benign conditions of the breast with dial up windows for viewing various conditions.

## Female condom demonstrator (dark skin)

# TER20272

This model shows the labia and vagina up to the cervix in a simplified representation and is used for demonstrating and learning the insertion of a female condom.

# Teaching Resource Catalogue

<b>Female condom demonstrator (light skin)</b>	<b># TER20270</b>
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This model shows the labia and vagina up to the cervix in a simplified representation, and is used for demonstrating and learning the insertion of a female condom.

<b>Female external genitalia: anatomy and pathology</b>	<b># CHA3100</b>
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Large laminated chart depicting female genitalia including normal genitalia as well as cervical condyloma, bartholin's cyst, vaginitis, carcinoma of the vulva, herpes genitalia, cervical cancer, uterine bleeding and benign breast disorders.

<b>Female external genitalia: anatomy and pathology (soft laminate version)</b>	<b># TER17461</b>
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Large soft laminated chart depicting female genitalia including normal genitalia as well as cervical condyloma, bartholin's cyst, vaginitis, carcinoma of the vulva, herpes genitalia, cervical cancer, uterine bleeding and benign breast disorders.

<b>Female Genital Mutilation (FGM) information pack</b>	<b># TER213276</b>
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An information pack with DVDs, chart and leaflets.

**Suitable for health professionals.**

<b>The female genital organs</b>	<b># CHA15432</b>
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This laminated chart shows female menstruation cycle, perineal region with illustration of blood vessels and pelvic floor muscles, and the sagittal section through the female pelvis.

<b>Female genital poster</b>	<b># CHA17383</b>
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A colour poster showing the external genitalia of women.

<b>Female reproductive organs model (small)</b>	<b># TER215123</b>
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Small plastic model on stand and plastic tile showing showing endometriosis; carcinoma; polyps; fibroids as well as female reproductive organs.

**Suitable for health professionals.**

<b>Female reproductive system chart (small)</b>	<b># CHA0322</b>
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Laminated small chart depicting various views of the female reproductive system. Suitable for posting.

**Suitable for upper primary school students and up.**

<b>Female reproductive system chart (soft laminate)</b>	<b># CHA15433</b>
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A laminated chart showing female reproductive system, ovulation and fertilization, and the menstrual cycle.

**Suitable for upper primary school and up.**

<b>Female reproductive system poster</b>	<b># CHA2133</b>
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A laminated A2 poster size chart depicting various views of the female reproductive system.

**Suitable for upper primary school students and up.**

# Teaching Resource Catalogue

## Flick puppet

# TER3219

A life-size, soft female adult doll. Useful for sex education when working with people with an intellectual disability. Workers must have had training before using with clients.

**Suitable for use with people with an intellectual disability.**

## Foetal development model

# TER15480

This model shows the process of foetal development from the unfertilised ovum to the ninth month of gestation. The model shows developmental stages including ovulation, fertilisation, zygote formation and uterine implantation. The foetus is also shown at 4 weeks, 8 weeks, 12 weeks and 9 months of development.

## Foetal model

# TER0333

Near life size model of the female pelvic area including a removable 7 months old foetus in situ. Note: This item is too large to post.

**Suitable for all groups.**

## Friendship Island

# TER213665

The game focuses on the three vital areas of friendship: making Friends; being a good friend; resolving disagreements in a win-win way. The play of the game has been designed so that the players cooperate and help each other as well as answer questions about friendship to win points for themselves. The game also helps shy and socially delayed students explore friendship issues that they would be hesitant to verbalise without the special supportive environment of the game.

**Suitable for primary school students.**

## The friendship wall

# TER0343

A wall is built with a series of "bricks" made from milk cartons. Each brick has a word (chosen by participants) written on it. When one brick is removed, the wall weakens. Designed to assist students to develop problem solving skills and to clarify the meaning of friendship. Includes a manual. Note: This item is too bulky for loan, however the instruction manual may be borrowed by those who wish to make their own "bricks".

**Suitable for all age groups.**

## The friendship wall (manual only)

# TER2249

This resource is used with people with an intellectual disability when discussing relationships. A wall is built with the cartons which have words (important to a relationship) written on them. When you remove one carton the wall weakens. Participants choose the appropriate words and write them on the carton if they are able.

**Suitable for use with people with an intellectual disability.**

## Fully informed - sexual health decisions

# TER07617

This activity provides the opportunity for students to explore how different situations may be potentially harmful depending on the people they are with, where they are and whether drugs are involved. By examining these variables, students can think about how to minimise risk for themselves.

**Suitable for students 13 years and up.**



# Teaching Resource Catalogue

<b>Genital photographs: male and female</b>	<b># TER2274</b>
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Laminated photographs of a circumcised and an uncircumcised penis (both flaccid and erect) and one laminated photograph of an external view of a female vagina.

<b>Girlltopia</b>	<b># TER17420</b>
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These cards have been designed to support developmentally-appropriate, conversations with girls. Such conversations can also be a part of strategies for working with many issues facing girls and young women, such as body image, self-esteem, depression, eating disorders, sexualisation and bullying.

**Suitable for girls aged 10 to 18.**

<b>Give up smokes for good: a set of three posters</b>	<b># TER17523</b>
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These posters were developed as a new community-driven advertising campaign encouraging Aboriginal people to keep their homes and cars smoke free. The campaign uses the tagline "Give up smokes for good" and features Aboriginal elders Aunty Josie Agius and Major Sumner as well as Danyale Pearce.

<b>Group norms</b>	<b># TER18557</b>
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These cards are designed to be used with Aboriginal and Torres Strait Islander people. The facilitator and participants use the cards to set up a safe and respectful learning space that has respectful behaviours, appropriate language use and acknowledges personal boundaries.

**Suitable for use with Aboriginal and Torres Strait Islander people.**

<b>Growing up charts</b>	<b># CHA0356</b>
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This set of 4 full colour laminated charts covers body changes for both girls and boys, and the menstrual cycle. A discussion sheet accompanies this set.

**Suitable for primary school students.**

<b>Growing well: ways of noticing our emotional and mental wellbeing</b>	<b># TER14601</b>
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This card set consists of 50 laminated, write on/wipe off cards with key statements that can be used as indicators of mental wellbeing. They are designed to be used by individuals alone or as conversation building tools between a professional and a client, or between colleagues, friends or group members. Includes instructions for use.

**Suitable for use with groups.**

<b>Handling emotion card game</b>	<b># TER17422</b>
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Cards that provide optimum practice for dealing with feelings, and learning how to avoid offensive behaviour and treating others badly. A game for developing emotional intelligence designed to be used repeatedly by the same people at different stages in their lives. They will help develop self-worth and a sense of confidence, enabling young people to cope with life's challenges.

**Suitable for ages 13 to adult.**

<b>Healthy mothers healthy babies: a pregnancy guide for Aboriginal women during pregnancy</b>	<b># TER19194</b>
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'Healthy mothers, Healthy Babies' is a culturally appropriate birthing resource for Aboriginal women.

**Suitable for Aboriginal women.**

# Teaching Resource Catalogue

<b>Healthy/unhealthy relationships</b>	<b># TER2860</b>
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The aim of this resource is to assist people to identify indicators of healthy and unhealthy relationships. Discussion is used to enable participants to recognise issues and causes that contribute to those relationships including social, environmental, physical, emotional etc.

<b>Helping children to learn about safer sexual behaviour kit</b>	<b># TER213663</b>
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This unique resource comprises a therapeutic workbook and storybook, designed to be used as an early intervention with children within the school setting who display concern concerning sexual behaviour.

**Suitable for teachers to use with primary school students.**

<b>The history of contraception</b>	<b># TER15764</b>
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This resource consists of a series of posters, accompanying text and sample contraceptives to attach to display boards depicting the history of contraception from ancient times until the present.

<b>Hookups and break-ups game</b>	<b># TER18348</b>
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This activity includes 20 booklets which are designed to be used in pairs of students. The students take in turns asking and answering the questions in the booklet. The aim is to help students to get to know someone intimately for dating and sexual relationships. The activity gets the students to think about their values relating to relationships, and helps them to rehearse asking the tough questions.

**Suitable for secondary students in middle years and above.**

<b>Hot chocolate: access for all training package</b>	<b># TER2871</b>
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This training package has been designed to build the capacity and collaboration between AIDS Councils and community controlled health services in HIV and sexual health service delivery responses to Indigenous gay men and transgender / sistergirls. The manual includes sensitivity training around sexuality issues, HIV/AIDS background and treatments, anti-discrimination training, and mechanisms to identify increased organisational collaboration.

<b>The hot kit</b>	<b># TER13447</b>
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This resource consists of the hot stuff DVD, the hot board game and the hot game resource manual for facilitators. This sexual health education resource has been developed for people working with young people who are homeless and "at risk" of homelessness. It also includes a range of fact sheets on sexually transmitted infections, contraception, safer sex, Hepatitis A, B and C as well as drugs.

**Suitable for people working with youth who are homeless or at risk of homelessness.**

<b>How are they feeling?</b>	<b># TER215131</b>
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These cards present a range of scenarios and activities that occur frequently or rarely in everyday life, but which may have a huge influence or impact. Using relevant cards from the set provides opportunities to discuss what it may or may not portray and provide an ideal start-point for conversation or story telling with individuals or groups.

**Suitable for people 15 years and up.**

<b>How the AIDS virus is transmitted: set of two posters</b>	<b># TER18615</b>
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Two large laminated posters which show anatomical diagrams of how HIV is transmitted.

## Teaching Resource Catalogue

<b>Hula Hoopa (folding)</b>	<b># TER213572</b>
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These folding Hula Hoops can be used in a number of fun activities for young people.

**Suitable for primary school students**

<b>The human reproductive system posters</b>	<b># CHA0594</b>
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One poster depicts a line drawing of the female and male reproductive system (front view). The other depicts a line drawing of a woman with baby in the womb, female reproductive system and male reproductive system (side view).

**Suitable for all ages as well as people with a hearing impairment as signing is depicted on the posters.**

<b>The I can monsters</b>	<b># TER07358</b>
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The I can monsters are especially designed for pre-school and early primary school aged children as a tool to reinforce their learning and to build strategies of safety. They can provide a gentle and fun way of building rich conversations around things that are important to children. They help children talk about what they can do, what they are good at, what they feel good at doing and what new competencies they want to learn. Each card features the words 'I Can...' and works as a prompt for a conversation about how competencies can be used, when it is good to use them and when they can be used to maintain safety.

**Suitable for primary school aged children.**

<b>I feel...card set</b>	<b># TER20274</b>
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A set of feeling cards featuring real children expressing realistic feelings.

**Suitable for use in classes, groups and one on one with children.**

<b>I have the right: a set of cards to help to talk to young people about their rights (A). Girls 6-10 years</b>	<b># TER18566</b>
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Set of flashcards for teaching children and young people with disabilities about their rights. The cards simplify the 37 rights in South Australia's Charter of Rights for Children and Young People in Care into seven key messages in sets tailored to suit three ability groups for girls and young women and three for boys and young men.

**Suitable for people with a disability.**

<b>I have the right: a set of cards to help to talk to young people about their rights (B). Girls 11-14 years</b>	<b># TER18567</b>
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Set of flashcards for teaching children and young people with disabilities about their rights. The cards simplify the 37 rights in South Australia's Charter of Rights for Children and Young People in Care into seven key messages in sets tailored to suit three ability groups for girls and young women and three for boys and young men.

**Suitable for people with a disability.**

## Teaching Resource Catalogue

<b>I have the right: a set of cards to help to talk to young people about their rights (C). Girls 15-17 years</b>	<b># TER18568</b>
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Set of flashcards for teaching children and young people with disabilities about their rights. The cards simplify the 37 rights in South Australia's Charter of Rights for Children and Young People in Care into seven key messages in sets tailored to suit three ability groups for girls and young women and three for boys and young men.

**Suitable for people with a disability.**

<b>I have the right: a set of cards to help to talk to young people about their rights (D). Boys 6-10 years</b>	<b># TER18569</b>
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Set of flashcards for teaching children and young people with disabilities about their rights. The cards simplify the 37 rights in South Australia's Charter of Rights for Children and Young People in Care into seven key messages in sets tailored to suit three ability groups for girls and young women and three for boys and young men.

**Suitable for people with a disability.**

<b>I have the right: a set of cards to help to talk to young people about their rights (E). Boys 11-14 years</b>	<b># TER18570</b>
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Set of flashcards for teaching children and young people with disabilities about their rights. The cards simplify the 37 rights in South Australia's Charter of Rights for Children and Young People in Care into seven key messages in sets tailored to suit three ability groups for girls and young women and three for boys and young men.

**Suitable for people with a disability.**

<b>I have the right: a set of cards to help to talk to young people about their rights (F). Boys/young men 15-17 years</b>	<b># TER18571</b>
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Set of flashcards for teaching children and young people with disabilities about their rights. The cards simplify the 37 rights in South Australia's Charter of Rights for Children and Young People in Care into seven key messages in sets tailored to suit three ability groups for girls and young women and three for boys and young men.

**Suitable for people with a disability.**

<b>I have the right to be safe: flip chart</b>	<b># CHA07737</b>
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This chart can be used as a one-to-one activity or with a group. It is designed to promote self-protection skills in a fun and accessible way for young people aged between five and ten years and for young people with limited learning or literacy difficulties aged between seven and fourteen.

**Suitable for young people between 5 and 10 and for people with a learning disability.**

<b>I'm bloody awesome</b>	<b># TER19209</b>
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This Australian board game has four main categories; safer sex/sexually transmitted infections, HIV/AIDS, Hepatitis and safe relationships. Its aim is to provoke conversation and discussion for young people and the associated Health Care Worker/Teacher. It also aims to provide basic information on risk taking behaviours and possible related consequences.

**Suitable for people over 18 years.**

# Teaching Resource Catalogue

<b>If I were Ben</b>	<b># CDRom 18248</b>
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In this South Australian interactive CDRom the viewer is asked to identify with a boy called Ben who is told by his girlfriend that she is pregnant. Four days pass, in which Ben wonders who to blame, how friends and family will react, and how he will react to them. He works through his feelings and the situation with his girlfriend Angie, a good mate, a counsellor and by himself. Includes handbook with lesson plan.

**Suitable for year 9 students and up.**

<b>The illustrated clitoris</b>	<b># CHA12671</b>
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A set of graphic illustrations showing the female genitals and clitoral structure. Includes a handbook.

**Suitable for health professionals and sex educators.**

<b>In the picture: supporting young people in an era of explicit sexual imagery: a secondary school resource</b>	<b># 8.1 INT RC</b>
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This resource supports secondary schools to respond to the influence of explicit sexual imagery by providing guidelines, suggested strategies and practical resources for each aspect of a whole school approach to the issues. There are ten activities which are packaged and ready to use in this kit. These are: What is normal? Take a position; Why is porn an issue? Media vs the real world; Porn world vs the real world; Sexual imagery and the law; Many sides of the story; Finish the story; What would you do? and Raise your voice.

**Suitable for secondary school students**

<b>Infertility chart</b>	<b># CHA0392</b>
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Large wall chart illustrating causes of infertility in both males and females.

**Suitable for ages 16 years and over.**

<b>J &amp; J menstrual management kit</b>	<b># TER0905</b>
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This kit contains sample pads, tampons, anatomy sketches and a teaching handbook.

**Suitable for upper primary students to adults.**

<b>Jason: teaching doll (life sized)</b>	<b># TER213606</b>
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Life sized male training dolls with anatomically correct genitals. Doll can be used when teaching growth and development.

**Suitable for use for people with a disability.**

<b>Jonno puppet</b>	<b># TER3220</b>
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A life-size, soft male adult doll. Useful for sex education when working with people with an intellectual disability. Workers must have had training before using with clients.

**Suitable for use with people with an intellectual disability.**

<b>Kulintja Kunpu - Strong thinking</b>	<b># TER213245</b>
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Set of A4 colour photographs written in Pitjantjatjara and English designed to remind the user of the strengths that can be used every day to make decisions.

**Suitable for Aboriginal groups.**

# Teaching Resource Catalogue

<b>Kylie: teaching doll (life sized)</b>	<b># TER213605</b>
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Life sized female training dolls with anatomically correct genitals. Doll can be used when teaching growth and development.

**Suitable for use with people with a disability.**

<b>The last straw: a board game on the social determinants of health</b>	<b># TER3210</b>
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The Last Straw! Is a fun and exciting teaching tool on the social determinants of health. The game has three objectives -to promote discussion about the social determinants of health; to help players build empathy with marginalized people and gain an awareness of players' own social location and to encourage learning in a fun and supportive environment. In keeping with current research on the social determinants of health, socioeconomic status is a primary determinant of health in this game, as are race, gender, sexual orientation and other factors.

**Suitable for ages 14 years and up.**

<b>Let's make friends!</b>	<b># TER18565</b>
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Let's Make Friends! Is a fun-filled card game that teaches children how to develop relationships with peers. The card categories address important friendship skills - making a friend, becoming a friend, helping a friend, choosing a friend, and problem with a friend.

**Suitable for children 6 years and up.**

<b>Let's talk! Discussion and prompt cards for use with groups</b>	<b># TER3198</b>
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This set of 78 cards is designed to be used with all groups including people with a disability. It consists of three basic themes, the cards will encourage people to talk about themselves, their likes and dislikes, their feelings and their lives. The cues and questions have been designed to be short, simple and unthreatening.

**Suitable for use with all groups including people with a disability.**

<b>Let's talk feelings: a game to give language to our emotions</b>	<b># TER20334</b>
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A card game to enable people to become more aware of their feelings. It is an adaptable resource, designed for use as a 5-minute ice breaker, in a one-hour discussion, or in a series of more detailed workshop sessions. It covers a range of feelings including angry, jealous, calm, disappointed, overwhelmed, proud, nervous, frustrated, uncomfortable, curious, left out, loving.

**Suitable for children to adults.**

<b>LGTBI rights in the world (map)</b>	<b># TER17440</b>
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A world map showing countries that recognise same sex unions, countries that persecute same sex acts and countries that have introduced laws to prohibit discrimination on the grounds of sexual orientation.

<b>Life before birth chart</b>	<b># CHA0419</b>
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Large laminated, coloured chart showing the development of the foetus from conception to birth. Actual size is depicted.

# Teaching Resource Catalogue

<b>Life happens</b>	# TER213671
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This activity is an interactive way of helping teenagers and young adults break down the barriers associated with sexuality. Uses life-size bodies and a series of challenges to guide its characters through a relationship or navigate a sexual health issue. The characters are not assigned a gender – it is up to the participants to decide which gender they want to be – and can deal with both positive and negative challenges when working through the story.

**Suitable for upper secondary students.**

<b>Living a positive life</b>	# CDR12632
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This double CD contains the stories of four people living with HIV/AIDS. The four stories cover a variety of issues from the perspectives of a gay man, a heterosexual man, and two women. Each language contains over ten minutes of stories to listen to in Arabic, Cantonese, Croatian, English, Indonesian, Khmer, Mandarin, Spanish, Thai and Vietnamese.

**For use with people living with HIV/AIDS, their partners and families.**

<b>Living safer sexual lives: a training and resource pack for people with an intellectual disability and those who support them</b>	# TER18198
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This training pack is designed for use by facilitators planning workshops for families, people with intellectual disabilities and service providers. It is divided into three parts: Part 1. Introduction - background to the research on which the workshops are based; Part 2. The Training - Information on preparing for and running workshops; Part 3. Resources - Background materials, resource materials, stories, slides and resources list. Also included in the pack is a DVD where three actors with intellectual disabilities tell life stories.

**Suitable for or families, people with intellectual disabilities and service providers.**

<b>Lost in normality ... recapture the extraordinary</b>	# TER13488
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A kit with 36 illustrated cards and a little book exploring the new tricks and torments of normality.

<b>Magnell kit</b>	# TER0449
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Large magnetic whiteboard and stand with easy to use colourful magnetic cut-outs of the human body which are represented at "near life size". Features include cut-outs with information on male & female reproduction, menstruation, conception & foetal development, contraception including male & female sterilisation, IUCD insertion, condoms and spermicide. Whiteboard can be written on with special crayon.

**Suitable for primary and secondary school students, youth, multicultural groups and people with a learning disability.**

<b>Magno-mate reproduction kit</b>	# TER18257
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Large magnetic whiteboard (similar to Magnell kit) and stand with easy to use colourful magnetic cut-outs of the human body which are represented at "near life size". Features include cut-outs with information on male & female reproduction, menstruation, conception & foetal development, contraception including male & female sterilisation, IUCD insertion, condoms and spermicide. Whiteboard can be written on with special crayon.

**Suitable for primary and secondary school students, youth, multicultural groups and people with a learning disability.**

# Teaching Resource Catalogue

<b>Male anatomy model</b>	<b># TER2160</b>
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Life size model showing the anatomy structure of the reproductive area of the male. Very comprehensive pelvic region with detachable parts. Includes a booklet.

<b>Male pelvis model</b>	<b># TER13532</b>
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A one-half scale mid-sagittal section showing the anatomy of the pelvis and testis, includes a normal size prostate. The education card shows three prostate stages including normal and benign hypertrophy.

<b>Male pelvis model showing testicular cancer</b>	<b># TER13533</b>
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One-half scale, mid-sagittal section male pelvis, shows anatomy of the pelvis and testis. A testicle with cancer is included. Testicle depicts a seminoma tumour, one of the two most common tumours. The 2-sided education card features the male pelvis on one side and 3 stages of testis tumours on the second side.

<b>Male reproductive system chart</b>	<b># CHA15434</b>
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A laminated chart showing the male reproductive system, spermiogenesis, anterior prostate view (sectioned) and vasectomy diagram.

**Suitable for upper primary school students and up.**

<b>Male reproductive system poster</b>	<b># CHA2132</b>
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Laminated poster size chart depicting various views of the male reproductive system.

<b>Male reproductive system poster (soft laminate)</b>	<b># CHA17377</b>
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Laminated poster size chart depicting various views of the male reproductive system.

<b>Man's world: a game for young men</b>	<b># TER12493</b>
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This board game is designed to help young men talk about their feelings, increase their knowledge, share their experiences and look at their attitudes to being a male. This game is designed to be played in small groups of 4-6 people (although by playing in pairs or teams, large numbers may be involved with a facilitator).

**Suitable for young men from the age of 13 years upwards.**

<b>Mates traits</b>	<b># TER07357</b>
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Mates traits is a set of 32 colourful, light-hearted cards that describe some of the characteristics of real friendships. Using delightful cartoon characters of Australian birds and animals, Mates traits attempts to unlock the complexities of friendship-making. What do you and your friends do together? How can you make new friends? Do things always go the way you planned? Mates traits is a novel tool for children (of all ages!) to reflect on and talk about relationship-building. It can be used to talk about social skills, communication, personalities and interests, and is a unique way of working towards preventing and overcoming bullying.

**Suitable for primary school students.**



## Teaching Resource Catalogue

### Menstrual hygiene use sequencing cards

# TER18346

Teaching how to use hygiene products for menstruation can be a confusing task. These 4 x 6 colour laminated cards demonstrate, picture by picture, the sequence of how to apply hygiene napkins, how to change them, and how to discard them. They are labelled by steps and include a reminder to wash hands after touching sanitary napkins.

**Suitable for use with women with a disability.**

### A message to Aboriginal women

# TER07699

This resource is designed for workers to teach Aboriginal women about smear testing in a culturally appropriate way. It includes a booklet and a set of 15 coloured transparencies.

**Suitable for use with Aboriginal women.**

### The mood cards

# TER213268

Each card offers an opportunity to identify with your moods and emotions, a chance to think through your feelings with guided questions for self-exploration followed by an affirmation of positive thinking. Being mindfully aware and then using cognition and logic to gain understandings is a powerful way to bring about positive change and healing.

### More feelings in a jar

# TER20299

Everyone needs to know how to name and express feelings. The jar holds 101 little cards printed with “feelings words”—gleeful, insecure, grateful, angry, cranky, courageous, hopeful, and many more. Pull a slip and act out the feeling, or invite someone else to act it out. Use as discussion starters, journaling prompts, or icebreakers for groups.

**Suitable for all ages.**

### My feelings

# TER14551

Feelings are important. Sometimes it’s hard to recognise them. But even very young children can learn to identify emotions and develop safe responses by noticing what is happening in their bodies. This resource is a tool for talking with children about feelings and body signals. Includes sheets with a simple drawing of a body outline - no gender no features. Children can add facial expressions, body signals, clothes and backgrounds of their choice Suitable for anyone working with children to build emotional resilience and protective behaviours.

**Suitable for use with children.**

### My visual for outsmarting explosive behavior

# TER17408

This revolutionary program is designed to help decrease - and in some cases eliminate - explosive behavior in children with autism spectrum disorders. Tantrums and meltdowns are among the greatest challenges presented by ASD, often leaving parents and educators searching for answers. Outsmarting Explosive Behavior is a visual program, laid out as a fold-out poster, that can be individualised for each user. Four train cars represent the four stages of explosive behavior - Starting Out, Picking up Steam, Point of No Return, and Explosion. By using visuals to appeal to children with ASD, this program makes it easy to help them identify their current state and take steps to decrease the chances of a meltdown. This comprehensive program includes poster-size visual, how-to handbook and student workbook.

# Teaching Resource Catalogue

<b>Name the frame</b>	<b># TER2832</b>
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Provides new windows of insight into the values that shape our decisions and ensures that respect and social justice are maintained in our day to day decision making.

**Suitable for professional education, meetings and workshops.**

<b>Ovulation charts</b>	<b># CHA2016</b>
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Consists of 6 laminated charts which clearly describe hormonal action during the menstrual cycle.

<b>Cervical screening test</b>	<b># TER2106</b>
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Teaching kit for demonstration purposes only. Contains Thin prep, a speculum, a cytobrush and a plastic spatula.

<b>Pelvic model profile</b>	<b># TER0525</b>
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Cut away female pelvic model suitable for showing tampon insertion.

**Suitable for all age groups.**

<b>Penile models (Jackson)</b>	<b># TER2146</b>
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Two life like rubber penile models, one flaccid and one erect.

**Suitable for professional education.**

<b>Penis (banana)</b>	<b># TER0529</b>
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A life-size plastic erect penis (looks like a banana) neatly tucks away into a "fruity" disguise. Ideal for demonstrating the correct use of condoms. Users are asked to please clean before return.

**Suitable for year 10 students and up.**

<b>People and emotions</b>	<b># TER18224</b>
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This resource provides different photographic images of children, adults, families and objects. The People and Emotions Learning cards can be of use in many different classroom situations. Perfect for visual learners, ESL learners, early childhood classrooms and many more. Set includes Emotions, Families, Children Learning Together, and People in My Neighborhood Photographic Learning Cards

**For primary school students and up.**

<b>People with learning disabilities enjoy sex. It's a fact of life</b>	<b># CHA3194</b>
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Consists of a set of six colour A3 posters of people with learning disabilities advocating their right for sexual relationships.

**Suitable for sexual health professionals and learning disability professionals.**

<b>Personal relationships: skills for daily living</b>	<b># TER3199</b>
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Designed to help students understand and discuss personal relationships, this illustrated set shows different kinds of relationships and also the progression of attachments from initial meeting to sexual activity. The set features the full range of relationships from parental and familial, through professional (boss and employee) and friendship, to same-sex and both-sex meeting, dating and having sex. The 48 illustrations feature people of all ages (from baby to older person) and from a range of ethnic backgrounds.

**Suitable for use with people with a disability.**

# Teaching Resource Catalogue

<b>Photo conversation cards for children with Autism and Asperger's</b>	<b># TER18263</b>
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This resource is designed to help children with Autism or Asperger's learn how to understand the nuances of social interactions and improve their oral language skills. After identifying a particular need, show a selected photo to focus on a significant social cue. Use its accompanying social/communication skills story, on the back of the card, to discuss the possible actions or reactions by those involved. Each photo card can become a handy reminder of what to do and say. Photo subjects include meeting and greeting people; making and keeping friends; manners; personal space; understanding emotions and school.

**Suitable for young people with Autism Spectrum Disorders.**

<b>Photo emotion cards</b>	<b># TER20310</b>
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This 80-Card set will help students identify and discuss different feelings and emotions. Half of the images are against a plain background, showing only the upper body and face, and clearly depicting a single emotion. The remaining cards show people in real situations and activities with natural settings and contexts, inviting discussion about a range of emotions, why the people may feel that way, and possible responses to these feelings.

**Suitable for all ages.**

<b>Photo language</b>	<b># TER2065</b>
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A series of black and white photographs designed to facilitate personal expression and interaction in small groups relating to human values. It is in two parts and includes a handbook.

**Suitable for use with all groups.**

<b>Picture this</b>	<b># TER14497</b>
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The 75 original, evocative photographs that make up Picture This offer opportunities for people of all ages to reflect on their experiences and communicate with others. Some of these full-colour images are poignant, some are heart-warming and others are tinged with humour. This highly interpretive tool can open up conversations, storytelling and creative writing about feelings, goals, and points of view.

**Suitable for use with groups of all ages.**

<b>Picture yourself</b>	<b># TER0567</b>
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This is a flexible teaching resource specifically designed to be used with people with learning difficulties. It consists of line drawings and photographs illustrating growing up, male and female bodies, public and private places, appropriate behaviour, becoming sexual, using a condom, using a public toilet and masturbation. It is a particularly useful resource for education in life skills, health, personal development, personal relationships and socio-sexual behaviour.

**Suitable for use with people with an intellectual disability.**

# Teaching Resource Catalogue

<b>Picture yourself: social and sex education for people with learning disabilities (1)</b>	<b># TER14493</b>
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This teaching resource is designed for use with people with learning disabilities. It consists of four sets of line drawings and photographs illustrating growing up, male and female bodies, public and private places, appropriate behaviour, making relationships, becoming sexual, using a condom, using a public toilet and masturbation. The CDROM of this resource is also available for use in the library.

**Suitable for disability workers to use with people with a learning disability.**

<b>Picture yourself: social and sex education for people with learning disabilities (2)</b>	<b># TER14494</b>
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This teaching resource is designed for use with people with learning disabilities. It consists of four sets of line drawings and photographs illustrating me as an individual, relationships with others, menstruation and wet dreams, sexual health, pregnancy, birth and parenting and same sex relationships. Includes educator notes. The CDROM of this resource is also available for use in the library.

**Suitable for disability workers to use with people with a learning disability.**

<b>Planet porn: a resource pack for working with teens around porn</b>	<b># TER18333</b>
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This resource aims to offer activities and ideas to help young people to understand what porn is and what it isn't. To understand that it is entertainment for adults, rather than sex education for young people. It's not anti-porn or pro-porn, it tries to enable young people, and those working with them, to have a conversation about porn and to be able to think about it critically. As well as talking about porn this resource enables conversations around self-esteem, body image, sexual decision making, boundaries, pleasure, orgasms, communication, safer sex, sexual safety, the law, feminism, equality, lust and love, emotions, relationships, masculine norms, hetero-normative scripts, sexuality and oppression.

**Suitable for sex educators, teachers, parents, youth workers or anyone wanting to talk with upper teens about porn.**

<b>Pocket uterus, baby and pelvis</b>	<b># TER213265</b>
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This 6-part miniature model set helps demonstrate what happens during labour and birth. The set includes a baby model (14cm long) with detachable placenta/cord with amniotic sac, pelvis model, knitted uterus, receiving blanket, and a tote bag.

<b>Porn world</b>	<b># TER213513</b>
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This activity is designed to provide discussion on the unrealistic portrayal of sexuality in pornography. Topics that could be discussed include gender and sexuality, body image as well as sexually transmitted infections.

**Suitable for young people.**

<b>Pregnancy &amp; birth chart</b>	<b># CHA0572</b>
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Poster sized wall chart illustrating pregnancy and birth.

**Suitable for all age groups.**

# Teaching Resource Catalogue

<b>Preparing for puberty charts</b>	# CHA213266
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These posters provide a focus for comfortable student discussion, making it easier to introduce and cover sensitive topics related to puberty. Illustrations and diagrams are presented in a fun cartoon style, allowing potentially embarrassing images and topics to be presented in a less confronting manner. Material presented on the posters and in discussion notes is generally focused on the physical changes of puberty.

**Suitable for upper primary and early secondary school students**

<b>Pride &amp; prejudice: a program for secondary schools</b>	# TER2875
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This six-week program is interactive and challenging, providing students an avenue to discuss sensitive issues and topics. This Australian package includes an outline of each session with aims, the key skills required to undertake the session and optional homework. The lessons plans are complemented by a DVD that gradually introduces six same sex attracted young people throughout the program.

**Suitable for use with secondary school students.**

<b>Promoting self protection posters</b>	# TER14156
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These posters can be used as a one-to-one activity or with a group. They are designed to be used with the FPQ booklet, "I have the right to be safe" (also available from the Resource Centre). It is designed to promote self protection skills in a fun and accessible way for young people. Posters topics include bodies; touches; warning signs; feeling safe; feelings and getting help.

**Suitable for young people between 5 and 10 and for people with a learning disability.**

<b>The prostate gland</b>	# CHA2148
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A laminated poster sized wall chart depicting the structure, function and disease symptoms of this organ.

<b>Puberty: healthy unhealthy activity cards</b>	# TER07736
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This activity examines the physical, emotional and social changes at puberty. The cards can be used in one-to-one education, small or large groups. It is useful for students from pre-teens to mid-teens, including those with limited or no literacy. It is best used in conjunction with information about puberty, eg a video or presentation.

**Suitable for use with students aged 11 to 14 years.**

<b>Puberty plus</b>	# CDR2262
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A CDrom for students in Years 5, 6, and 7 which addresses puberty, reproduction, relationships, bodies and health. It contains information, diagrams and games, as well as video footage of teenagers talking about their experiences of puberty, health and relationships.

**Suitable for young people aged 10 - 15 years.**

<b>Ready-or-not-tot: male (brown)</b>	# TER19111
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The new born baby manikin offers three different tending programs that are typical of most babies. They simulate normal baby-tending needs along with fussy periods in each program. They also provide programmed tending events that are unpredictable to the student, but easy for the teacher to monitor. The "baby" cries, coos, and burps in response to appropriate care. The programs are 48 hours in length and run continuously for that real world feel. YouTube video on operating can be accessed on <http://www.enasco.com/product/WA18308H>.

**This resource is only for use in a structured education program.**

# Teaching Resource Catalogue

<b>Reflexions: ways of seeing ourselves differently</b>	<b># TER2808</b>
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Reflexions is a conversation tool to help young people answer questions such as "Who do I want to be?", "Why to I make the decisions I do?", "What part of me do I want to change?" and "How do I stay in control of my feelings and thoughts".

**Suitable primarily for young people but also for other age groups.**

<b>Relationship and touch dice</b>	<b># TER213300</b>
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This activity is designed to support a flexible interactive, fun, semi-structured conversation about rights and responsibilities regarding touch in different kinds of relationships. Includes process notes.

**Suitable for young people with a disability.**

<b>Relationship card game</b>	<b># TER213596</b>
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This activity helps participants identify and explore the qualities and behaviours that are considered important in respectful relationships and discuss the qualities and behaviours that could be harmful.

**Suitable for use with Aboriginal and Torres Strait Islanders.**

<b>The relationship game</b>	<b># TER12482</b>
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This game is designed to stimulate thought, reflection and learning about relationships, especially in terms of negotiating, roles and responsibilities. The handbook in the game includes a number of exercises and other curriculum materials to use with young people. The game is designed to be played in pairs of young men and women.

**Suitable for upper secondary students and up.**

<b>Relationship skills - a photo resource</b>	<b># TER18342</b>
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This photo kit can be used in developing friendship and relationships skills and positive awareness of sexuality and personal safety.

**Suitable for supporting counsellors, carers and trainers in discussions with and education of people with disability.**

<b>Removing barriers</b>	<b># TER215139</b>
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The Removing Barriers Game is designed to raise awareness of the barriers faced by people with a disability, helping players understand what real life issues still exist, before focussing on what they can do to remove these barriers.

**Suitable for disability awareness training.**

<b>Respect for difference: suicide prevention for young same sex attracted people</b>	<b># TER2769</b>
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This is a resource for teachers and trainers from the "Don't Take Your Life - Celebrate It" project. Includes a report on the project and six lesson plans which cover topics such as harassment, stereotyping, power, social context and strategies. There are also plans for both a parent session and a staff session.

**Suitable for students year 8 and up.**

## Teaching Resource Catalogue

<b>Respect test: ask your local GP or Aboriginal Community Controlled Health Service for a STI/HIV respect test</b>	<b># CHA19193</b>
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A set of six A3 laminated posters encouraging Aboriginal people to have a test for sexually transmitted infections and HIV/AIDS.

**Suitable for Aboriginal and Torres Strait Islander people.**

<b>Responsibility and vulnerability</b>	<b># TER17591</b>
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This activity introduces students to the concept of responsibility and vulnerability regarding rape, sexual assault, coercion and consent to sexual activity in relationships. It enables students to challenge myths that excuse the perpetrator. Everyone has the right to safety and choice in sexual relationships.

**Suitable for students 14 years and up.**

<b>Safe sex card game</b>	<b># TER12457</b>
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Safe sex is a unique strategy game that uses a special deck of playing cards to educate players on safe sex practices. Up to six players can play.

**Suitable for people over 18 years.**

<b>Safe sexting</b>	<b># TER19178</b>
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This activity is designed to get students thinking about their values and beliefs relating to texting and sexting.

**Suitable for secondary school students.**

<b>Same difference: a panel speaker training program for same sex attracted young people</b>	<b># TER19122</b>
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This resource is for workers who plan to establish a panel speaker training program for young people to tell their story about being same sex attracted, experiencing homophobia and celebrating sexual diversity. This training package includes a manual with detailed session plans and preparation notes for the two day course. The accompanying DVD provides important background information and demonstration of selected training sessions to assist the facilitator prepare for delivering the training. The package includes session plans on developing life story lines, public speaking skills, managing personal boundaries and answering challenging questions from an audience.

**Suitable for workers planning a panel speaker training program for young people to tell their story about being same sex attracted.**

<b>Saucy sex scale</b>	<b># TER0611</b>
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This game uses images of sexual activity that young people have talked about at the Brisbane Youth Service. Therefore, some activities may not be the "norm" but are indicative of behaviour that young people may be engaging in or talking about. While this game does emphasise sex as being a positive activity, youth workers should be aware that some young people may have had negative experience with sex ie abuse. (Because of the nature of sexual abuse, it may be important to follow through with one-to-one counselling.)

**Not suitable for use in schools.**

# Teaching Resource Catalogue

<b>See for yourself: why Pap tests can save your life easel display</b>	<b># TER17475</b>
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This model promotes the importance of Pap tests with hand painted cervix models. Models depict a normal cervix, a cervix with a benign tumour, and cervixes with cancer. Includes handbook.

<b>Sex and the 3Rs - rights, risks and responsibilities: a sex education pack for working with people with learning difficulties</b>	<b># TER14526</b>
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This new edition is fully revised and updated with additional material covering recent policy and legislative changes. Like its predecessor, this training resource is aimed primarily at those working with adults with learning disabilities, however parts of it can be adapted for use with younger people. It contains ideas and materials covering a wide range of specific issues and problems for direct sex education work, both on an individual and group basis. Containing many suggestions for wider service responses, Sex and the 3 Rs aims to assist staff in providing realistic support to people with learning disabilities.

**Suitable for working with people with a learning disability.**

<b>Sex and the 3Rs - rights, risks and responsibilities: a sex education pack for working with people with learning difficulties (4th Edition)</b>	<b># TER215151</b>
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Sex and the 3 Rs: Rights, Risks and Responsibilities is a sex education resource that provides a framework for staff to undertake sex education work which acknowledges the realities of sexual relationships for many people with learning disabilities. An extensive range of issues relating to sexuality are discussed with suggestions for assessment, service responses to, and work around the issue. The pack directly tackles difficult subjects, including pornography, sexual abuse of children, consent in relationships and safer sex. This new fourth edition gives some ideas on how to support people with learning disabilities to safely access online pornography and engage in 'sexting'.

**Suitable for working with people with a learning disability.**

<b>Sex facts for young people</b>	<b># CHA18627</b>
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This A2 poster provides a quick snapshot of sexual health and safer sex issues that are relevant to young Australians. Accessible facts, statistics and information is provided across a range of topic areas, accompanied by bold and engaging imagery.

**Suitable for young people.**

<b>Sex safe and fun: reader's guide: a guide for supporting the learning of positive safer sex messages</b>	<b># TER08372</b>
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This manual aims to educate people with an intellectual disability with a factual and balanced view of the rights and responsibilities associated with a range of sexual activities. There are strong messages about consent, enjoyment, intimacy, privacy and safety.

**Suitable for people with an intellectual disability.**

<b>Sex uncovered cards</b>	<b># TER18574</b>
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Sex Uncovered is an activity designed to prompt conversations around sexual health and healthy sexuality. They've been designed for use by young people in classroom or workshop settings. Each card has a prompt question or statement around an aspect of sexual health or practice, and when used as a partnered activity one person picks a card at random and has to talk for one minute (without stopping) in response to the card. It's a great icebreaker for talking about potentially tricky topics, and have been designed to provoke stimulating discussions full of 'teachable moments'.

**Suitable for secondary students.**



# Teaching Resource Catalogue

<b>Sexplanation</b>	# TER14913
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A board game format which has been shown to open up honest, frank and informative discussions around sex and relationships.

**Suitable for use with those working with young people aged 11 years and up.**

<b>Sexual behaviour scenario cards</b>	# TER215129
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A set of four scenarios to encourage young people to explore options for sexual behaviour and practise protective strategies to negotiate safer sex.

**Suitable for use with upper secondary school students.**

<b>Sexual health kit for young people with a hearing impairment, for young people with English as a second language or low literacy skills</b>	# TER18295
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This UK resource consists of 3 CDROMs and a sign language flip chart. The Safer sex and STI CDROMs include everything you need to know to deliver deaf-friendly lessons on safe sex and STIs, including contraception & how to use it; what does/doesn't protect you; awareness of unsafe sex; pregnancy; what are STIs & how can you catch them; how to protect yourself from risk of infection; how to identify symptoms; treatments; HIV & AIDS. Each CDROM includes guidance notes; lesson plans; power point and fact sheets. Also CDROM containing signs for sexual health.

**Suitable for young people with a hearing impairment, for young people with English as a second language or low literacy skills.**

<b>Sexual health trivia: making babies</b>	# CDR17577
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This CDROM covers all the basics in female anatomy and reproductive health. You will learn about all the body parts, the menstrual cycle and fertility. Narrated by a teen girl character, this game offers trivia questions, true and false, fill in the blank and graphically designed diagrams. There are over 100 questions per CDROM which play randomly. Also includes a video clip showing how condoms are made.

**Suitable for secondary school students.**

<b>Sexual knowledge and behaviour: an assessment tool for use with young people with learning disabilities</b>	# TER19140
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This CDROM and manual is used for assessing levels of sexual knowledge and understanding of someone with a learning disability before and after a programme of sex and relationships education.

**Suitable for educators working with young people with a disability.**

<b>Sexualisation in the media</b>	# CDR14914
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The issue of the sexualisation of girls in popular media has generated increasing interest and concern within the community and particularly educators. The aim of this CDROM is to increase students' analytical and critical skills when exploring popular media. It explores the narrow views of masculinity and femininity that are presented in the most popular media and allows students to consider and question who is benefiting from such images.

**Suitable for use with secondary school students.**

## Teaching Resource Catalogue

<b>Sexuality diversity posters</b>	<b># CHA0367</b>
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Seven large laminated posters promoting safer sex. They show naked adult figures depicting male/female, male/male, and female/female sexuality.

**Suitable for professional education.**

<b>Sexuality education teaching dolls (Tak Tak and Kar Kar)</b>	<b># TER15831</b>
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Two soft dolls, 50 cms tall, made with fingers, anal openings, facial features, nipples and belly buttons. The adult male (Tak Tak) doll has pubic hair and a penis. The adult female doll has underarm hair, pubic hair, a vaginal opening and an in utero baby boy and girl with an attached umbilical cord and placenta. A range of clothing is also available. Includes manual in English and Chinese text.

**Suitable for working with people with an intellectual disability or with sexual abuse issues.**

<b>Sexuality education teaching dolls (Tak Tak and Kar Kar) - mini version</b>	<b># TER15822</b>
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Two soft dolls, 30 cms tall, made with fingers, anal openings, facial features, nipples and belly buttons. The adult male (Tak Tak) doll has pubic hair and a penis. The adult female doll has underarm hair, pubic hair, a vaginal opening and an in utero baby boy and girl with an attached umbilical cord and placenta. Includes manual in English and Chinese text.

**Suitable for working with people with an intellectual disability or with sexual abuse issues.**

<b>Sexuality relationship activity cards</b>	<b># TER07929</b>
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The ten drawings contained in this set depict a range of sexual practices. The drawings depict people whose gender is unclear. The aim of the drawings is to provide teaching resource about ways of interacting that can be pleasurable. Using the drawings and word cards the resource can also be used to explore the concept of safe and unsafe sex.

**Suitable for use with people with a disability.**

<b>Sexually transmitted diseases (STDs)</b>	<b># CHA07355</b>
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This chart defines sexually transmitted infections and labels their effects on the body. Contains definitions (including symptoms and outcomes if left untreated) of trichomoniasis, chlamydial infection, gonorrhoea, urethritis and mucopurulent cervicitis, syphilis, HIV/AIDS, herpes, genital warts, pelvic inflammatory disease (PID), Reiter's syndrome, mites and lice. Briefly discusses the affect of STIs on unborn children and infants. Lists tips on preventing STIs and seeking treatment.

<b>Sexually transmitted infections: a set of photographs</b>	<b># TER2200</b>
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A series of ten coloured photographs depicting various sexually transmitted infections, presented in a photograph album.

**Suitable for upper secondary school students.**

<b>Sexually transmitted infections (STIs) poster</b>	<b># TER18611</b>
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Large laminated poster which defines sexually transmitted infections and labels their effects on the body. Contains definitions (including symptoms and outcomes if left untreated) of trichomoniasis, chlamydial infection, gonorrhoea, genital warts, genital herpes, chancroid, syphilis, HIV/AIDS, herpes, genital warts, pelvic inflammatory disease (PID), mites and lice. Also gives prevention and treatment information.

## Teaching Resource Catalogue

### **Sexually transmitted infections: take action**

# **TER18613**

A soft laminated poster featuring information on gonorrhoea, chlamydia, herpes, syphilis, genital warts, crabs, hepatitis b and HIV/AIDS

### **SHINE SA resources (Staff only)**

# **TER19174**

A set of all the resources that SHine SA currently has in use.

### **Sistergirls say "keep yourself covered" posters**

# **CHA17574**

These posters were designed to empower Indigenous Sistergirls and transgender communities by raising HIV/AIDS awareness; address underlying issues such as isolation and discrimination; and promote positive self-esteem which in turn promotes individuals to engage in safer sexual practices, such as condom usage.

### **Smart and safe: respectful relationships**

# **TER17536**

This multimedia resource has been developed to teach content in the Health and Physical Education and the Personal Development, Health and Physical Education curriculums. The resource includes three short movies, editable and photocopiable work sheets, and PowerPoint slide materials that are suitable for use on Interactive White Boards or laptops. The resource focuses on sex and peer pressure, bullying at work and safer sex.

**Suitable for upper secondary school students.**

### **Snap clap card game**

# **TER17400**

This educational card game is an ideal way to introduce both sexually transmitted infections and other conditions acquired through close physical contact. The 144 cards in the pack relate to 16 infections and conditions including pregnancy that are acquired by close contact and / or sexual activity.

**Suitable for middle secondary school students and up.**

### **SNAP into life**

# **TER18596**

SNAP into Life is an interactive and culturally appropriate game. The game has been developed and trialled in Kimberley schools with Aboriginal children and their families, with the input from the Kimberley Aboriginal community and local health and education professionals. The game covers basic health education topics including our bodies, mental health, environmental health and road safety. There is also a set of sexual health cards to be used with the game. The game is based on the popular game Snakes and Ladders, and aims to develop awareness of lifestyle health risk factors such as: Smoking, Nutrition, Alcohol, and Physical activity (SNAP).

**Suitable for Aboriginal people from 7 years and up.**

# Teaching Resource Catalogue

<b>Social behaviour: skills for daily living</b>	<b># TER17421</b>
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This pack will help students to focus on the social behaviour area of personal development. Some of the cards illustrate effective use of social skills whilst others show a lack of understanding of these skills. The format of the pack allows the user to develop a flexible approach according to individual needs. Some cards show a good understanding of social behaviour so that the interaction shown is calm and stress free. Other people appear relaxed and at ease. Most of the cards show a lack of understanding of a particular aspect of social behaviour so that one or more people feel upset. The resulting feelings of unease are shown by the body language and facial expression of other group members. Social Behaviour can be used with individuals and with groups. Includes handbook with instructions in various languages.

**Suitable for people with a disability**

<b>Social skills and sex education</b>	<b># TER00840</b>
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This resource is designed to be used with the accompanying audio CD Rom and a picture book which shows male and females in various stages of dress and undress. The first section focuses on the body and its sexual functions. The second section focuses on appropriate and inappropriate touch and private and public places. Includes a book with a transcript from the CD Roms.

**Suitable for people with a disability.**

<b>The social skills game</b>	<b># TER12492</b>
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This lively board game has been developed for children and adolescents who experience difficulties with relationships, eg peers. It is non-threatening, and focuses on a positive and fun group experience. The recommended maximum number of players is six.

**Suitable young people between 6 and 14 years.**

<b>Social view of health in relation to pregnancy</b>	<b># TER15429</b>
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This activity is designed to raise awareness and discussion about unplanned pregnancy and the choices available. The choice can be influenced not only by a women's current life situation, but by her environment, culture, values, beliefs, family and friends.

**Suitable for counsellors.**

<b>Solomon Island HIV Project</b>	<b># TER15436</b>
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This resources was produced for health educators to use with people in the Solomon Island to educate on HIV/AIDS in their communities.

<b>Some of the best things in life aren't straight</b>	<b># CHA19195</b>
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A set of three posters encouraging people to take action to support gender and sexual diversity.

<b>Some secrets should never be kept: teacher's pack</b>	<b># TER18261</b>
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This teaching resource aims to help parents, carers and teachers broach the subject of sexual abuse with children in a non-threatening way. The kit consists of a hard covered picture book; 2 pages of comprehensive Teaching Notes; 9 Blackline Masters; 10 Safe and Unsafe laminated A5 cards; 1 large laminated Feelings Poster and sample letter to send home to parents.

**Suitable for lower primary school aged children.**

# Teaching Resource Catalogue

<b>Sometimes magic: celebrating the magic of everyday learning</b>	<b># TER19211</b>
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Sometimes Magic is a set of 33 colourful cards designed to sharpen our insights into how learning occurs through the eyes of the learner. We all have different learning styles. People learn and think in significantly different ways depending on the individual's social and physical contexts.

**Suitable for group work and with individuals in education and counselling settings.**

<b>Stages of pregnancy</b>	<b># CHA2049</b>
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Consists of 7 x A2 laminated posters depicting stages of pregnancy.

<b>Stepping out walk</b>	<b># TER16801</b>
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This activity can be used to explore ways in which oppression effects everyone's options in life regarding power, sexual health, sexuality and lifestyle.

**Suitable for upper secondary school students.**

<b>STI giant microbes (staff only)</b>	<b># TER18362</b>
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These giant plush microbes are fun for educators to use to introduce information about reproductive and sexual health and sexually transmissible infections (STIs) with groups of students. Made from plush material with soft polyester fill, they are shaped to represent individual microbes enlarged 1,000,000 times. Microbes include Chlamydia, herpes, HIV, HPV, louse, syphilis, gonorrhoea also includes egg cell and sperm cell.

**Suitable for educators to use with groups.**

<b>STI matching game</b>	<b># TER18576</b>
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These cards are designed to be used in groups, with participants working out which cards go with each STI. The cards are a great facilitation tool for broader discussions around STIs and safer sex.

**Suitable for secondary school students.**

<b>Straight talk: a self discovery game for young people</b>	<b># TER2230</b>
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A self discovery card game for young people in which everyone who plays, wins. The objective is to explore experiences, feelings and relationships while getting to know others. The game contains 50 cards and instructions.

**Suitable for primary school students.**

<b>Strength campaign posters</b>	<b># CHA2862</b>
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A set of five laminated posters encouraging men to take responsibility for their behaviour in relationships to ensure safety, pleasure and respect.

<b>Strength cards</b>	<b># TER2063</b>
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A set of 54 cards designed to remind the user of the strengths we use every day to make decisions and solve problems. Includes a booklet of suggested uses.

**Suitable for primary school students.**

# Teaching Resource Catalogue

## Strength cards for kids

# TER2064

A set of 40 laminated cards designed for building self-esteem, discovering hidden strengths and mobilising strengths to tackle problems. Includes a booklet of suggested uses.

**Suitable for primary school students.**

## Strength in teams: 28 qualities of successful teamwork

# TER2809

Strength in teams is designed to be a simple tool that can be used creatively to explore the chemistry of many different kinds of teams, from families to sporting teams, from school classes to work teams, from teams of two people to large complex organisations.

**Suitable for all age groups.**

## Strong spirit strong mind cards

# TER213618

This set of cards was designed for Indigenous Workers and other clinicians to help assist individuals, families and communities explore the harm associated with alcohol and other drug use, and identify healthy alternatives.

**Suitable for Aboriginal and Torres Strait Islander people.**

## Suzie & Fred: teach-a-bodies playpeople

# TER0786

Two soft dolls, 22" tall, made with fingers, tongues, mouth and anal openings, facial features, nipples and belly buttons. The adult male doll has a moustache, chest hair, pubic hair and a circumcised penis. An uncircumcised penis and a condom is provided. The adult female doll has underarm hair, pubic hair, a vaginal opening and an in utero baby boy with an attached umbilical cord and placenta. Female panties with a sanitary napkin attached and a tampon are also provided.

**Suitable for working with people with an intellectual disability or with sexual abuse issues.**

## Talkabout game: developing self-esteem, social skills and friendship skills

# TER213506

Designed to support work on social communication skills, self esteem and friendship skills. The board game is a journey through the week where a player will encounter a number of different social skills tasks that need to be completed in order to get to the end of the week. The purpose of the game is to work together. There is therefore no winner. Once a player has got to the middle of the board, their role is to help the others to get there too. Intended to work on different skills: self awareness and self esteem body language; conversational skills; friendship skills; assertiveness skills and any combination of the above. Suitable for 2-6 players

**Suitable for young people 7 to 16 years of age.**

## Talking up our strengths

# TER15392

A set of 22 stunning photomontage cards that celebrate the strengths and resilience of Aboriginal and Torres Strait Islander cultures. As well as being a visual feast, it is a catalyst for inspiring conversations and storytelling in schools, communities, groups, social work settings, board rooms, family gatherings and back yards.

**Suitable for all ages.**

# Teaching Resource Catalogue

## Teen issues

# TER15593

The versatile cards in this pack have been designed to provide an opportunity to consider the variety of subjects, experiences and situations that a young person could encounter, providing an opportunity and platform for informative and lively discussion. Includes booklet.

**Suitable for secondary school students.**

## Teen issues: relationships

# TER216021

This set of cards considers a wide range of different types of relationships that may be encountered and are grouped in the following way to identify associated issues for discussion: Family connections; Non-family relationships; Relationship events; Communication in relationships and Personal identity. The accompanying booklet details how the images could be used within this framework and also provides two sample questionnaires and discussion points. Subjects illustrated on the cards include: Parental relationships; Bullying; Jealousy; Lovesickness; Cyber-bullying and online dating.

**Suitable for secondary school students.**

## Telling it like it is: the realities of being an Indigenous teenage parent kit

# TER3202

This resource aims to improve the sexual and reproductive health of Indigenous young people through providing culturally appropriate sexual health peer education given by Aboriginal teenage parents. This toolkit was developed for health workers and peer educators to facilitate community ownership. The resource includes a DVD, CDRom, teaching manual, condom sequencing activity and intimacy scale activity.

**Suitable for use with Indigenous youth.**

## There's more to sexuality (poster)

# CHA0793

Provides a framework for thinking and talking about sexuality. It helps to clarify the meaning of the word "sexuality", which is well used in the area of health, often with little understanding. The model is adaptable and may be used as a short introduction to sexuality before going on to another issue, or as the basis for a full day's seminar exploring sexuality. Includes a handbook.

**Suitable for secondary students and adults.**

## Too close, too far, just right: a game about personal space

# TER18225

Many kids, especially those with ADHD, Autism, or Asperger's, are unaware of the socially accepted physical boundaries that most of us take for granted. This game helps them learn what's "too close," "too far," or "just right" in various social situations. Children take turns performing social scenarios described on Role Play Cards, and then the group decides whether their proximity to each other is appropriate for the particular situation. Players learn that standing too close or too far away can make people feel uncomfortable or confused in certain circumstances. Focused and fun, this game is a gentle way to help kids grasp the idea of personal space and thereby improve their relationships.

**Suitable for ages 5 to 12 years.**

## Too much, too little, just right: a social communication game

# TER18564

People communicate using not only words, but also tone of voice and body language. Many children, however, fail to notice these relatively subtle social cues. This game teaches children to pay attention to tone of voice, observe body language, and note how these cues affect the message. Ideal for 2 to 8 players, this game can be easily used with larger groups or classrooms as well.

**Suitable for ages 5 to 12 years.**

# Teaching Resource Catalogue

<b>Traffic life game</b>	<b># TER215138</b>
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A simple but engaging board game to help young people and adults with learning disabilities understand and manage relationships, risks and potentially unsafe situations.

**Suitable for young people and adults with a disability.**

<b>The transporters: discover the world of emotions (DVD and CDROM)</b>	<b># TER17594</b>
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This DVD features eight cartoon vehicles with real human faces. It is designed to help children understand and recognise emotions. It will be especially useful for children who find it hard to recognise facial expressions of emotion, such as those with autism spectrum conditions. The accompanying CDROM is designed to be used in conjunction with the DVD and consists of games and activities.

**Suitable for use with children with a disability.**

<b>TSE model (normal)</b>	<b># TER2124</b>
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Testicular model without lumps. Includes booklet "What every male should know about testicular cancer" and directions for use and care of the model.

<b>TSE model (with lumps)</b>	<b># TER2125</b>
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Testicular model with lumps. Includes booklet "What every male should know about testicular cancer" and directions for use card that contains location of lumps.

<b>Understanding menopause (poster)</b>	<b># CHA3099</b>
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Large laminated chart depicting various aspects of menopause.

<b>Understanding osteoporosis (poster)</b>	<b># CHA2012</b>
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Laminated poster depicting the risk factors and effects of osteoporosis.

<b>Underworld: funny, frank and funky sex education for teenagers</b>	<b># CDR07977</b>
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This Australian made CD-ROM is an interactive, animated, musical, detective investigation into the female reproductive system. It includes footage of teenagers and adults, covering a range of topics including sexual preference, body image, young mothers, safer sex, first times and language.

**Suitable for use with young people 14 years and over.**

<b>Ups and downs</b>	<b># TER3200</b>
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Life is full of Ups and Downs, but what we make of these is up to us. This set of 54 full-colour cards uses humour and poignancy to represent us as 'everyperson' sailing on life's billowing ocean in a bathtub.

**Suitable for all ages.**

<b>Vaginal model (Jackson)</b>	<b># TER14138</b>
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A life-like rubber vaginal model in which the uterus is able to be detached.

**Suitable for professional education.**



# Teaching Resource Catalogue

## What are they thinking?

# TER20335

An inspiring and creative resource for developing empathy, understanding feelings and recognizing emotions, it is designed to stimulate animated discussion. These imaginative photocards provide an innovative way of initiating conversation with individuals and groups and are also useful for creative writing with all ages. The user imagines what the people are thinking and how they may feel in a similar situation, then fills in the speech bubble either verbally or in writing. Some cards show just one person, others show a child or adult reacting to the speech or behaviour of other people. Includes CDROM of colour worksheets.

**Suitable for all ages.**

## What do we need to know about sexually transmitted infections?

# TER17587

An activity to increase students' knowledge about sexually transmitted infections. Provides information on the type organisms they are caused by, symptoms and treatment, as well as a person's responsibility to protect themselves and their partner.

**Suitable for students from year 9 and up.**

## What do you know? Test your knowledge about relationships and sexual health

# TER19086

This Australian educational board game is designed for players to answer questions on puberty, contraception, sexually transmitted infections (STIs) and relationships. The first player to get to the snake's tail wins the game. Suitable for 4-6 players.

**Suitable for young people 13 and over.**

## What do you reckon?

# TER0858

A game designed to encourage and stimulate discussion amongst young people on a wide range of issues. It introduces the concept of what is "safe" and "unsafe" around topical behaviours and practices. Cards may be removed for the younger age group.

**Suitable for groups from 13 years and upwards.**

## What do you stand for? Character building card game

# TER15163

This card game spotlights ten top character traits: Caring, Citizenship, Cooperation, Fairness, Forgiveness, Honesty, Relationships, Respect, Responsibility, and Safety. To win, players collect cards of each trait. Each card features a "What If" scenario or question about character that gets kids thinking about what they would do-and what they stand for. Meant to be played with adult supervision (a teacher, counsellor, or youth worker familiar with character education themes), the game includes an insert with rules and basic character education concepts.

**Suitable for primary school students with adult guidance for discussion.**

## What does a friend do card set

# TER20276

Set of cards to help children talk about friendship issues.

**Suitable for using with children in a group or one on one.**

# Teaching Resource Catalogue

<b>What every male should know about cancer of the testicle: TSE flip chart</b>	<b># CHA2128</b>
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Free standing linked set of A3 flip charts which depicts normal anatomy of the male pelvis, abnormalities of the scrotum, how to do testicular self-examination (TSE) and treatment for cancer of the testicles.

<b>What every man needs to know: men's health education kit</b>	<b># CDR17479</b>
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This kit is designed to assist organisations and individuals to hold seminars and raise community awareness on a range of men's health problems. The kit includes information on depression, family and relationships, sexual and reproductive health and associated conditions. The kit includes a manual on how to run an event; speakers' notes for younger and older males. Also includes CD-ROM with information on a range of men's health issues, interactive presentations and comprehensive speaker notes.

<b>Who are you? A toolkit for conducting primary prevention of sexual violence with young people</b>	<b># TER19206</b>
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This toolkit uses group exercises and a short film to educate young people about the prevention of sexual violence and ethical sexual decision making. The toolkit can be used by educators to facilitate group sessions that are fun and interactive, and build skills in children and young people.

**Suitable for middle secondary school and up.**

<b>Wonderous vulva puppet</b>	<b># TER213623</b>
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A handmade tool for teaching about the vulva in sexuality education discussions.

<b>World map</b>	<b># CHA2095</b>
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A very large laminated map of the world.

<b>Yarning about mental health and Making change - no worries</b>	<b># TER14602</b>
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This resource consists of a DVD and flip chart. The DVD features Indigenous people yarning about mental health. The flip chart focuses on tips for change for a healthy life style. It gives ideas reducing stress, drug and alcohol use, gambling and family issues.

**Suitable for working with Aboriginal and Torres Strait Islander people.**

<b>Yarning about our bodies</b>	<b># TER19197</b>
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Yarning about our bodies – flip chart is an A4 size, coil-bound flip chart with seven charts about reproductive and sexual health for use by teachers and health workers to educate Aboriginal and Torres Strait islander young people about the male and female reproductive system, the menstrual cycle and sterilisation. It has gentle drawings of the body in full-colour, clearly labelled, with images appropriate for Aboriginal and Torres Strait Islanders.

**Suitable for ATSI people, people from a CALD background and people with a disability.**

<b>You &amp; me &amp; BBV</b>	<b># TER19208</b>
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This Australian board game covers topics such as safer sex/sexually transmitted infections, hepatitis and HIV/AIDS.

**Suitable for people over 18 years.**

## Teaching Resource Catalogue

**Young Indigenous women's community health education**

**# CDR17496**

An interactive CDROM designed for young Indigenous women which contains animated skits on puberty, sex, well women's checks, STI'S HIV/AIDS, safe sex, contraception, pregnancy, relationships and body care.

**Suitable for young Aboriginal women.**

