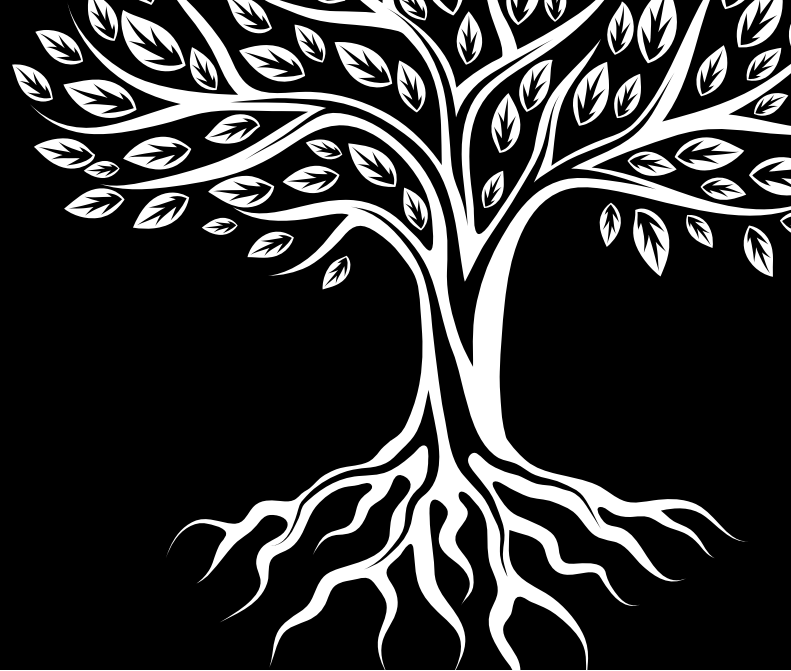


STRONG ROOTS

User Guide



Description

Strong Roots is a short film which shows a collection of small scenes to start discussions with Aboriginal and Torres Strait Islander young people around safe sex. All of the scenes are fictional but based on real life examples.

The film has been designed for health care professionals, youth workers, Aboriginal education officers and teachers to be used in facilitated group settings. The following conversation starters are provided as a guide only and can be adapted to the particular needs of the group.

The topics addressed are:

- > Sexting
- > Teen pregnancy
- > STIs
- > Safe sex

Supporting component

The short film is intended to be used together with an additional supporting module. Students will be able to gain a more detailed understanding on the topics covered in the short film, using shorter extension clips following on from the film along with a number of question and answer activities.

For example, through Abby's experience the module explains the process of an abortion and allows young people to join Abby in her journey. This in turn empowers the young person with factual information, eliminating assumptions and myths that may surround the topic of abortions.

Characters

JAMES

Has been fooling around with Abby on the quiet, thinks of himself as pretty savvy and wants to do the right thing by others.

ABBY

Has been fooling around with James. Finds herself pregnant and decides to have an abortion. She is close with Danii but didn't tell her that she's been sleeping with James.

DANII

Danii's mum is a sexual health worker. Danii is the most savvy of the group of friends – she's the person everyone comes to for advice. She's also an out and proud lesbian.

ELIJAH

Elijah is the quiet one. He's got a lot going on under the surface. He is struggling with his sexuality and Danii is the only one of his friends he is open with about being gay. He has a secret crush on Danii's brother (Danii knows).

JORDJA

Jordja has been seeing Josh but she used to be seeing Tyler. Tyler isn't happy about Josh and is about to get his revenge. Jordja is sexually confident but can be a bit naïve.

JOSH

Josh is Jordja's new fella. He's really keen on Jordja and wants things to work out.

STRONG ROOTS

<https://youtu.be/spzgP9Ez8dY>

STRONG ROOTS

User Guide



Starter Questions

(provided as a guide only and can be adapted to the particular needs of the group.)

- What contraceptives are people aware of? What slang words are used to describe them? How do people feel about contraceptives?
- What STIs have people heard of? Are they surprised by the statistics shared in the film?
- Where can young people get advice and support for pregnancy?
 - > Pregnancy Advisory Clinic
 - > SHINE SA clinics
 - > Local clinics
- How did Danni support Abby?
 - > Supported Abby to ring clinic to book appointment
 - > Comfort and care after surgery
 - > Informed Abby of client confidentiality
 - > Supplied Abby with condoms
- Does everyone in the group understand confidentiality? – facilitator can explain this to young person or group.
- What might Abby's next steps be?
 - > Research contraception options
 - > Book clinic appointment for STI check
 - > Might want to talk to a counsellor or someone she can trust
- What were some of the thoughts Elijah was having?
 - > Worried about telling anyone
 - > Worried he had caught an STI
 - > Worried he could get sick
 - > Regretted not wearing a condom
- Why did it take Elijah so long to chat with Danni?
 - > Feeling shame
 - > Worried about her reaction
 - > Feelings of denial
 - > Worried she might tell people
- How might Jordja be feeling when she realises Tyler has shared her naked photo?
 - > Embarrassed and shame
 - > Stressed
 - > Angry
 - > Afraid
 - > Worried about who else may know or see the photo
- How can young people protect themselves from the downsides of sexting (such as revenge porn)?
- What legal options would Jordja have in relation to the sexting incident?
 - > Reporting to police
 - > Legal options
- What types of sexual orientation is represented in the film?
 - > Elijah's character identifies as same sex attracted (gay)
 - > Danni's character also identifies as same sex attracted (lesbian)
 - > Remaining characters identify as heterosexual (opposite sex / straight)
- What types of protection from STIs can people use when engaging in sexual activity with people of the same sex?
 - > Dental dam
 - > Condoms
 - > Latex gloves
- Where can young people access contraceptives?
 - > SHINE SA clinics
 - > Local clinics
 - > Local chemists
- Where can young people access condoms and dental dams?
 - > SHINE SA clinics
 - > Local clinics
 - > Local chemists
- What other questions do people have after seeing the film?
- What things were confusing or unclear?
- What do they want to know more about?