

Workforce development Team

Sexual Health Nurses and Midwives Network Update

Issue 7

Newsletter Date
September 2009

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Coming Events....

Australian Sexual Health Conference

- 7– 9 September 2009

Sixth Annual Research Summit:
'Showcasing Research Partnerships'
The School of Nursing and Midwifery and Flinders University

- 25 September 2009

SA Cervix Screening Programme and SHine SA Sexual Health Update Day

- 6 November 2009

SHine Update

Hello and welcome everyone, particularly to our newest members. Our network has grown significantly over the past 6 months with around 30 new members from across the state.

The past quarter has been a busy one with lots of change going on at Shine SA.

One of my plans to continue supporting the network is to trial recording and pod casting our presentations on the SHNMN website you can look for it on www.shinesa.org.au

This week the next group of course participants begin their theoretical component of the certificate in sexual health. It is always interesting and exciting to meet new groups of people that share an interest in sexual health. I enjoy the networking, sharing of knowledge and camaraderie that occurs when new groups get together.

- Nursing and Midwifery course dates have been set for 2010 see website for more details.

2009 Network Meetings

Our next meeting is on Wednesday 23rd September 2009 Dr Anne Sved-Williams from Helen Mayo-House is presenting post-natal depression.

- 5:30 - 6:30 light supper
- 6:30 - 8.00 Presentation
- 8.00 - 8:30 networking

From the Workforce Development and Resources Team (WDAR)

Our nurse and midwife education has been reviewed and updated with the launch of a new clinical training manual and new assessment model for the theory component. I am confident the changes will make the training more steam lined and relevant for participants of the course.

Network meetings to be pod cast on SHNMN website



SHine SA has supported schools for many years to deliver comprehensive relationships and sexual health programs. The **Focus Schools Program** builds on the success of the **share** Project (2003 – 2005) and aims to improve the sexual health, safety and wellbeing of young South Australians by supporting schools to develop a whole school approach to relationships and sexual health education. This approach is reinforced and informed by national and international research around what is considered best practice in this area.

The program is a unique collaboration between Department of Education and Children's Services (DECS) and SA Health. **Focus schools** receive intensive support comprising of professional development, curriculum, resources and personnel support for three years. Since 2003, over 75 schools have been involved as either **share** or **focus** schools with this number continuing to increase this year.

An important component of this program is to strengthen links with community health workers, school staff and parents and to promote pathways of support for young people. This is extremely important in rural and remote areas. Whilst the Program aims to build the capacity of the schools to deliver the curriculum, there is definitely a role for community health nurses to support this delivery, particularly towards the end of the course to highlight where the students can go for help. Face to face contact can often break down the barriers and improve access to services. We would welcome the opportunity to provide more information concerning the **focus schools Program** and to invite you to participate in professional development with schools in your area.

Please contact me on 8300 5330 or email me helen.rawnsley@health.sa.gov.au.

Helen Rawnsley

Coordinator: Focus Schools Program

If you would like to use this newsletter to promote or share events, issues etc related to the network please send me any submissions and I will look at including it in the next newsletter. This is your network lets make it relevant and interesting.
Email any suggestions to sonia.harris@health.sa.gov.au



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**WORKFORCE
DEVELOPMENT TEAM**

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December 2nd meeting

Dr Kelton Tremellen has agreed to talk to us about fertility awareness with latest research findings including the egg timer test and DNA fragmentation of sperm.



The **SHine SA** Southern Primary Health Care Team office located at Woodcroft is moving to Christies Beach. Staff have relocated to new premises at:
**19-23 Beach Road, Christies Beach
(PO Box 330 Christies Beach 5165)**
Our clinics located at Noarlunga and Flinders Medical Centre are **NOT** being relocated - they will be operating as usual

Sonia's notes

On a personal note Annie Braendler (Southern Shine SA) and I have just celebrated the completion the Clinical Leadership Programme. I had the privilege of presenting my 'journey' at the graduation ceremony. This was a wonderful opportunity to promote leadership in nursing and midwifery with a focus on sexual health. Minister John Hill was present at the ceremony so it was great to give SHine a mention!



*See you at the next meeting,
Sonia*