

## SHine SA membership

You are invited to become a member of SHine SA. Membership benefits include:

- voting entitlement for Council members
- eligibility to stand for Council
- a copy of the Annual Report
- invitations to special events

**Name:** \_\_\_\_\_

**Organisation:** \_\_\_\_\_

**Title:** \_\_\_\_\_

**Address:** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Postcode:** \_\_\_\_\_

**Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

<b>Individual</b>	\$11 (including GST)	<input type="checkbox"/>
<b>Organisation</b>	\$27.50 (including GST)	<input type="checkbox"/>
<b>Concession</b>	\$5	<input type="checkbox"/>
<b>Donation</b>	\$	<input type="checkbox"/>

**Send completed form and cheque to:**

Chief Executive Officer

SHine SA

PO Box 76, Woodville SA 5011

## SHine SA contact details

### East/West Primary Health Care Team

GP Plus Health Care Centre  
64c Woodville Road, Woodville  
Postal address: PO Box 76 Woodville SA 5011  
Tel: 8300 5300  
Clinic appointments: 8300 5301

### Northern Primary Health Care Team

43 Peachey Road, Davoren Park  
Postal address: PO Box 719 Davoren Park SA 5113  
Tel: 8256 0700

### Southern Primary Health Care Team

19-23 Beach Road, Christies Beach  
Postal address: PO Box 330 Christies Beach SA 5165  
Tel: 8186 8600

### Workforce Development & Resources

64c Woodville Road, Woodville  
Postal address: PO Box 76 Woodville SA 5011  
Tel: 8300 5317  
Email: SHineSACourses@health.sa.gov.au

### Library & Resource Centre

64c Woodville Road, Woodville  
Postal address: PO Box 76 Woodville SA 5011  
Tel: 8300 5312  
Email: SHineSALibrary@health.sa.gov.au

### Sexual Healthline

Available 9 am – 1 pm, Monday – Friday  
Tel: 1300 883 793  
Country callers (toll free): 1800 188 171  
Email: sexualhealthhotline@health.sa.gov.au

### Website

[www.shinesa.org.au](http://www.shinesa.org.au)

**National Relay Service:** [www.relayservice.com.au](http://www.relayservice.com.au)  
133 677 (TTY/Voice) 1300 555 727 (Speak & Listen)

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SHine SA pamphlets are regularly reviewed and updated.  
To download the most recent version visit [www.shinesa.org.au](http://www.shinesa.org.au)

# Sexual health services at SHine SA



safety, pleasure, respect

SHine SA is the lead sexual health agency in South Australia. It provides individuals and communities with services and information to improve their sexual health so they can enjoy their relationships with safety, pleasure and respect.

## Clinics

The clinical teams at SHine SA include both medical officers and registered nurses who work collaboratively to provide high quality services to their community, including:

- contraception services
- pregnancy testing, counselling and referral
- information on safer sex and sexuality issues
- screening for breast changes and Pap smears
- STI testing, management and referral
- women's health issues

## Drop-in pregnancy testing

Pregnancy testing is available at each of SHine SA's Primary Health Care Teams, Monday to Friday from 9 am – 4.30 pm. Sometimes you may have to wait or return at a later time. You can also purchase a test to take home. You will need to bring an early morning urine sample for the test. The pregnancy test is \$12 (negotiable).

## Counselling

SHine SA offers a therapeutic counselling service provided by professional sexual health counsellors. The service is available to individuals, couples and families. Counsellors also conduct group sessions and provide advice and referral on sexual health related concerns. Telephone appointments can be requested, especially for rural clients. Counselling is provided for any concerns related to sexual health. This includes:

- sexual and relationship issues
- differences in levels of sexual desire with your partner
- concerns about sexual identity
- living with the effects of homophobia
- sexual issues arising from sexual assault or abuse
- living with sexually transmitted infections

- decision-making for parenthood
- pregnancy options
- sexual issues associated with disabilities

## Sexual Healthline

For the cost of a phone call, you can have your sexual health questions answered by an experienced sexual health nurse.

The Sexual Healthline is open from 9 am – 1 pm, Monday to Friday. It's a confidential service, so if you want to talk to someone about your sexual health, but feel more at ease with a telephone conversation than face-to-face contact then phone or email the healthline on:

Tel: 1300 883 793

Toll free: 1800 188 171 (country callers only)

Email: [sexualhealthhotline@health.sa.gov.au](mailto:sexualhealthhotline@health.sa.gov.au)

## Fees

At SHine SA there are no individual consultation fees. An annual, up-front service fee of \$20 (\$10 concession) is payable each year and that's it. This fee covers clinic and counselling services. Contraceptives and medicines are sold at recommended retail price, or the doctor can write a prescription. Costs can be negotiated if there are financial difficulties.

## Interpreters

Free interpreting can be arranged with a male or female interpreter. Please let us know what you require when booking your appointment.

## Library

It's free to join SHine SA's library. You will find a broad selection of items on sexual health and relationships. The collection consists of books, journals, reports and a video collection. Our librarians are friendly, helpful and can provide research assistance if required. You can also access the library database online at [www.shinesa.org.au](http://www.shinesa.org.au).

## Resource Centre

A large selection of audiovisual and teaching resources designed for teaching relationships and sexual health to individuals, groups or classes is available for organisations to hire. An annual subscription applies.

## Workforce development

SHine SA's Workforce Development & Resources team delivers a combination of nationally recognised and accredited courses in sexual health and relationships to doctors, nurses and midwives, teachers, youth workers, disability workers and Aboriginal and Torres Strait Islander workers. The focus is on increasing the capacity of the workforce to deliver positive sexual health and relationships outcomes for all South Australians. Contact the Course Administrator on 8300 5317 or go to the website at [www.shinesa.org.au](http://www.shinesa.org.au) for more information about our courses.

## Community education and promotion

SHine SA's Primary Health Care Teams offer a range of community education and health promotion activities. Some of this work includes:

- providing consultancy on sexual health
- running workshops and group education sessions
- youth participation and peer education
- health promotion

SHine SA's workers have developed strong links with other organisations and often work in partnership to increase sexual health awareness and promote open discussion. If you would like to know more about how we can help your community, contact your local Primary Health Care Team.

## Information and resources

SHine SA produces a range of publications, leaflets and other free resources. You can download the order form and fax, post or email it to us. There is a charge associated with some resources. However, most resources are available to download for free from the website at [www.shinesa.org.au](http://www.shinesa.org.au).